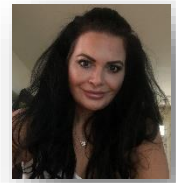




# Phelps Strategies, LLC

## Anna Grantner, Life Coach



### Introduction Summary (Downloadable PDF)

Is a Limited Licensed Master Social Worker (LLMSW), author, entrepreneur, and has 20+ years of social work and counseling experience. She has over 13+ years of executive experience as a CEO of a non-profit agency & as president of her own consulting business.

### Introduction

Anna specializes in helping clients build self-esteem and learn to live the life you want with empowerment goals and positive thinking. She features a motivational/change coaching that will get you excited to put your life into high gear.

### Private Coaching Sessions

As a strategic life coach, Shell focuses on solution-based strategies to help her clients get through life's greatest challenges and live a happier and more fulfilled life. As a self-proclaimed recovering pessimist, Shell teaches clients how to make a one-degree shift to a better you.

### Coaching Offers:

- LIFE PURPOSE COACHING
- NON-PROFIT EXECUTIVE COACHING
- PERSONAL LIFE COACHING
- PROFESSIONAL MENTORING