

## The Dancer's Workout® \*\*\*WEBINAR WORKBOOK\*\*\* HOW TO SUBSTANTIALY GROW YOUR STUDIO'S ADULT DANCE PROGRAM

Link to Webinar Registration Form: https://thedancersworkout.mykajabi.com/webinar\_registration

Our goal is to provide you with a turn-key solution		
establish your studio as the	in your area for	ballet, jazz,
and contemporary dancers.		
Anto.		
Sometimes we refer to The Dancer's Workout® bra	nd as	
The videos where there are seven of us in all black	are used to train	whoreas the
The videos where there are seven of us in all black colorful videos with high attendance are videos of a		, whereas the
colorial flacos than high attenuation are flacos of		
All TDW students need to have had some prior	training during their liv	es, no matter
how long ago.		
Our students have generally cancelled their	memberships and have directe	ed their
budgets to our classes.		
Our students have used our classes to start	again Our students reco	mmend The
Dancer's Workout® classes to anyone who has		
The Dancer's Workout® is specifically designed for	dancers and for	
dancers with ballet, jazz, and contemporary training		
and	safe path back to dance for former da	ncers.
Jules, TDW Founder, received her classical ballet tra	aining from the	
Jules, 1000 Touriuer, received her classical ballet tra		
Once former dancers find your TDW classes, they a	re as " as	gets." This
turns out to be a great stream of		
the same of the sa		
The students we have, the	our dance bus	siness is.
To become a TDW Authorized Studio, the	on your part involves	
To become a TDW Addionized Studio, the	on your part involves	
Our TDW Dance Instructor training is excellent for b	both and	teachers.
All he		
Our instructor training is completely online, and it p	provides leadership training, social med	lia advertising
guidance, a complete business plan and toolkit, det		
Workout®, all the choreography needed, and a ste		
get your ballerina certified to teach The Dancer's W	vorkout" in as little as weel	ks (self-paced).



In summary, The Dancer's Workout® Instructor Certification is for new and experienced dance teachers who have exceptional training in ballet and who want to use their dance training to teach intermediate and advanced-level adult dancers. In addition to ballet, our instructors also need to have versatility in intermediate to advanced-level jazz and contemporary dance.

Once your ballerina becomes certified, your studio immediately becomes a
Can a dancer you sponsor for certification teach The Dancer's Workout® at a competing studio?
Do I need to identify a ballerina to sponsor for certification before purchasing the online course?
One course purchase provides registration credentials for how many individuals?
Is choreography for The Dancer's Workout® classes provided? How?
How many songs and full masterclasses are provided with the course? What type of music is used? What genres of dance are used in each class?
What is the toning portion of the class called?
During class, does the instructor dance full out the entire time while calling out the movement cues or si on a stool?
The Anatomy of The Dancer's Workout® class: Each class starts with a 10-minute review of, then we start the music. After warmup, the dance cardio segment includes high-energy songs. Class concludes with Bikini Bootcamp and final stretch songs. There are a total of approximately songs in each one-hour class.
During each one-hour masterclass, the choreography builds across songs and then culminates in a high-energy dance cardio song which pulls it all together. It is incredibly and the students
Our large active library of TDW classes becomes available to you after your certified instructor has been teaching The Dancer's Workout® for months. During this period, monthly membership dues are waived, giving your studio the chance to really test-drive the program.
Using the leadership training and social media guidance provided by the course, we want you to build your vibrant community of adult dancers by at least month
Your studio can offer classes per week and retain revenue (aside from paying your instructor to teach).



Finances: There is a one-time fee	for the online cour	rse of	_ which gives you	and your THE DANG
dancer access to the course for	months. Y	our dancer can app	oly for her TDW Ins	
certification at any time during th	at six-month period	d.		
To get certified, your dancer will r demonstrate her proficiency.	need to submit seve	eral video samples '	"pretend-teaching	" to
Are there additional fees for her c	ertification applica	tion?	702	
Once your instructor becomes cer you will pay membersh			additional	months, and
If, after having been certified for 6 Workout® at your studio, you will status as a TDW-Authorized Studio % of your expected TDW in the status as a TDW in	need to begin payi o and for her to ma	ing monthly membe	ership dues to reta	ain your studio's
Once your studio starts paying me of active TD		u and your instruct	or will receive acc	ess to the full
At the end of your instructor's first membership dues, you instructor's certification, and you	your status a	as a TDW Authorize	d Studio, you	your
How many modules are in the cou	ırse? Ho	ow many lessons ar	e in each module?	<b>,</b>
What's your impression of the tou	ır navigation?			
Where will my instructor find the	actual instructor ce	ertification applicati	ion?	
Name of Module 1:	Content:			
Name of Module 2:	Content:			
Name of Module 3:	Content:			
Name of Module 4:	Content:	3333		
Name of Module 5:	Content:			
Name of Module 6:	Content:			
TDW Online Academy Module	Content:			



## **Student responses to these questions:**

What is the ideal type of TDW student?
What matters to you about the TDW community?
What about the class itself matters to you?
If you were speaking to a dance studio owner who was trying to decide whether to buy the course so that she could get one of her ballerinas certified to teach TDW at her studio, what would you tell her?
Social media tips:
What did you notice about the students in the video:

Email: jules@thedancersworkout.com

General thoughts/comments/concerns/questions: