

Dr. Kristen A Tolbert, EdD, LMHC | Founder, Career CoLabs, LLC

I am an Organizational Performance Consultant with Career CoLabs and a Corporate Psychotherapist in private practice.

I work with people to become stronger, smarter, and better versions of themselves through career satisfaction, performance, and agility coaching and training programs. I help companies and professionals improve wellness and productivity at work as a Performance Consultant in my HR Management Consulting firm via performance coaching, workforce management, and professional development and as a psychotherapist to corporate and executive clients in my private practice.

I am the founder of Career CoLabs; a Human Resources Management Consulting Company that provides workforce training, education, and consulting specializing in Talent and Upward Career Mobility, Workforce Performance, and Career Transitions. Career CoLabs hosts a collaborative online training and career management classroom.

I own and manage Associates in Corporate Psychotherapy, a group practice where I provide analytic psychotherapy to corporate and executive clients in Florida, Pennsylvania, and Internationally.

My career includes work in profit and non-profits in private, state, and federal government sectors.

I am the In-House Executive Career and Performance Coach for the U.S. Securities and Exchange Commission providing coaching to Accountants, Analysts, Attorneys, Economists, Examiners, IT Specialists, Engineers, and other Industry Specialists via talent development, executive and leadership coaching, and intern career coaching.

I provide psycho-behavioral analysis, psychotherapy, performance coaching and consulting services in high technical professions such as human resources, law enforcement, aviation, higher education, telemedicine, healthcare companies, and various private sector businesses.

I have worked with organizations such as the U.S. Department of Veteran's Affairs, the Medical University of South Carolina, the Department of Juvenile Justice, The Nuclear Regulatory Commission, and The U.S. Securities and Exchange Commission.

I have a Doctorate in Education with a specialization in Organizational Leadership and a Masters in Counseling Psychology. I am Nationally Board Certified as a Licensed Counselor, Master Career Counselor, and a Qualified Supervisor for psychotherapists seeking clinical licensure.