

Dr. Kristen A Tolbert, EdD, LMHC | Founder, Career CoLabs, LLC

I am a Corporate Psychotherapist in private practice and an Executive Career and Performance Coach with Career CoLabs. I help people become stronger, smarter, and better versions of themselves at work through career satisfaction, performance, and agility coaching and training programs.

I am the founder of Career CoLabs; a Human Resources Company that provides workforce training, education, and consulting. Career CoLabs hosts The Career CoLabs School; an online career management classroom.

I offer analytic psychotherapy to corporate and executive clients through my separate private practices in Florida and Pennsylvania.

I specialize in Career and Performance Coaching where I work with people and organizations to become high performing through performance, satisfaction, and career agility training and coaching programs. My programs serve a global clientele in 1:1 sessions and in a collaborative online classroom.

My career includes work in profit and non-profits in private, state, and federal government sectors.

I am the In-House Executive Career and Performance Coach for the U.S. Securities and Exchange Commission providing coaching to Accountants, Analysts, Attorneys, Economists, Examiners, IT Specialists, Engineers, and other Industry Specialists via talent development, executive and leadership coaching, and intern career coaching.

I provide psycho-behavioral analysis, psychotherapy, performance coaching and consulting services in high technical professions such as human resources, law enforcement, aviation, higher education, telemedicine, and healthcare technology companies and start-ups, and various private sector businesses.

I have worked with organizations such as the U.S. Department of Veteran's Affairs, the Medical University of South Carolina, the Department of Juvenile Justice, The Nuclear Regulatory Commission, and The U.S. Securities and Exchange Commission.

I have a Doctorate in Education with a specialization in Organizational Leadership and a Masters in Counseling Psychology. I am Nationally Board Certified as a Licensed Counselor, Master Career Counselor, and a Qualified Supervisor for counselors seeking clinical licensure.