



MSK AUSTRALIA

Falls Creek 2021 - Lower Limb MSK Ultrasound

Wednesday 18th – Friday 20th August 2021

PROGRAM

The lecture series will detail anatomy and sonographic pathology of the selected body region complemented by case studies of pathology and common presentations. This will be run in conjunction with didactic live scanning workshops where the presenters will demonstrate scanning techniques and insider tips on how to easily make the correct diagnosis.

Wednesday's welcome drinks will be run in conjunction with case presentations from attendees who wish to participate. During the welcome drinks, live scanning stations will be set up with presenters in attendance to answer any questions and provide tips on scanning technique.

Wednesday 18 th August – Forefoot and Lower Limb Nerves	
Lecture Series	Topic
15:00-15:30	Plantar Metatarsalgia – Plates, Neuroma, 1%ers
15:30-16:00	Lower Limb Nerve Entrapments
Live Scanning Workshops	
16:00-16:30	Forefoot – Plate Integrity, Interdigital Nerve Assessment and Associated Causes of Forefoot Pain
16:30-17:00	Lower Limb Nerve Identification and Sites of Entrapment
Welcome drinks 17:00-19:00	
17:00-17:30	Delegate Case Presentations
17:30-19:00	Independent Live Scanning With Q&A

Thursday 19 th August (am session) – Anterior Hip	
Lecture Series	Topic
7:30-8:00	Groin Pain in Athletes
8:00-8:30	Intra and Peri-articular Hip
Live Scanning Workshops	
8:30-9:30	Anterior Hip – Intra and Peri-articular, Hernia, Surrounding Musculature Assessment.

Thursday 19th August (pm session) – Lateral and Posterior Hip	
Lecture Series	Topic
16:00-16:30	Greater Trochanteric Pain Syndrome
16:30-17:00	Buttock and Posterior Thigh – Hamstrings and Beyond
Live Scanning Workshops	
17:00-18:00	Lateral and Posterior Hip Assessment- Gluteals, Deep External Rotators of the Hip, Sciatic Nerve & Hamstring Muscle Complex.

Friday 20th August (am session) – Ankle	
Lecture Series	Topic
7:30-8:00	Lateral Ankle
8:00-8:30	Medial Ankle
Live Scanning Workshops	
8:30-9:30	Ankle – Ligamentous and Tendon Assessment, Joint Biomechanics and Injury Mechanisms, Nerve Assessment.

Friday 20th August (pm session) – Knee and Calf	
Lecture Series	Topic
16:00-16:30	Knee
16:30-17:00	Tennis Leg
Live Scanning Workshops	
17:00-18:00	Knee and Calf – Ligament and Tendon Assessment, Fat Pads Around the Knee, Triceps Surae Assessment.