



MSK AUSTRALIA

MSK Ultrasound Noosa 2022 - Lower Limb

Friday 25th- Sunday 27th March 2022

PROGRAM

The lecture series will detail anatomy and sonographic pathology of the lower limb complemented by case studies of pathology and common presentations. This will be run in conjunction with didactic live scanning workshops where the presenters will demonstrate scanning techniques and insider tips on how to easily make the correct diagnosis.

During the Friday night welcome drinks live scanning stations will be set up with presenters in attendance to answer any questions and provide tips on scanning technique.

Friday 25th March	
Lecture Series	Topic
15:00-15:30	Inversion Injuries and Midfoot Assessment
15:30-16:00	Acquired Pes Planus
Live Scanning Workshops	
16:00-16:30	Lateral Ankle Anterior Inferior Tibiofibular Ligament, Lateral Ligamentous Complex, Peronei and their Retinacula, Extensor Tendons and their Retinacula, Sinus Tarsi, Anatomy of base 5 th Metatarsal, Bony Anatomy. Q&A
16:30-17:00	Medial Ankle Tarsal Tunnel and its Contents, Deltoid Ligament, Tibial Nerve and its Branches, Tibialis Posterior Tendon, Tibialis Anterior Tendon, Bony Anatomy. Q&A
Welcome drinks and canapes 17:00-19:00	
17:00-19:00	Independent Live Scanning with Q&A

Saturday 26th March	
Lecture Series	Topic
8:30-9:00	Plantar Metatarsalgia Assessment
9:00-9:30	Lower Limb Nerve Compressions
9:30-10:00	Tennis Leg
10:00-10:30	Hamstring Complex
10:30-11:00	
Morning Tea	
Live Scanning Workshops	
11:00-12:00	<p>Forefoot Plantar Plates and MTP joints, Digital Nerves, Stress Fracture Assessment, Flexor and Extensor Tendons of the Toes.</p> <p>Lower Limb Nerves Entrapment sites of the Common Peroneal, Deep Peroneal, Superficial Peroneal, Tibial and Sural Nerves</p> <p>Q&A</p>
12:00-13:00	<p>Lower Leg Achilles, Plantaris Tendon, Medial and Lateral Gastrocnemius, Soleus.</p> <p>Hamstring Complex Biceps Femoris Long and Short Heads and their MTJ, Semimembranous and Semitendinous Tendon and Muscle Assessment.</p> <p>Q&A</p>

Sunday 27th March	
Lecture Series	Topic
8:30-9:00	Groin Pain in Athletes
9:00-9:30	Hip Joint and Periarticular Structures
9:30-10:00	Hernia Assessment
10:00-10:30	Greater Trochanteric Pain Syndrome
10:30-11:00	
Morning Tea	
Live Scanning Workshops	
11:00-12:00	<p>Groin and Anterior Hip Pubic Aponeurosis, Adductors, Conjoint Tendon, Rectus Abdominus, Pyramidalis, Inguinal and Lacunar Ligaments, Iliopsoas Ligament and Bursa, Hip Joint Assessment, Rectus Femoris Direct and Indirect Heads, Lateral Femoral Cutaneous Nerve.</p> <p>Q&A</p>
12:00-13:00	<p>Hernia and Lateral Hip Assessment Inguinal Hernia, Femoral Hernia and Spigelian Hernia Assessment. Greater Trochanter Facet Anatomy, Gluteus Minimus, Medius and Maximus Tendon Assessment, ITB.</p> <p>Q&A</p>