

The Mom Toolkit

Kid's Daily Goal Sheet

Reminder: Our days can be full. Our kids often have a different idea of how a schedule should go.

It will probably take time to get your kid used to a checklist, especially if you haven't used structure before. Print these out, cut them separately if you want and just remember to do what works best for your family (not someone else's)

READY FOR DAY:

- Eat Breakfast
 - ✓ Rinse Dish/dishwasher
 - ✓ Wash hands
- Brush Teeth
 - ✓ Put away tooth brush
 - ✓ Rinse Toothpaste
- Get Dressed
 - ✓ Pick up PJs
 - ✓ Close drawers
- Make Bed

DAILY TASKS:

- Pick up clothes
- Feed Pets
- Toys Put Away
- Books Put Away
- Clothes Put Away
- Pick up (5) Yard Items

SCHOOL DAY:

- Math
- Writing
- Science/Geography
- Reading
- Art/Music

GROUP TASKS:

- Dishwasher _____
- Bathroom _____
- Vacuum _____
- Laundry _____
- Garbage _____

Reminder:

Our days can be full. Our kids often have a different idea of how a schedule should go. It will probably take time for your kid to get used to a checklist, especially if you haven't used structure before.

Print these out, cut them separately if you want and just remember to do what works best for your family (not someone else's)

Additional thoughts:

The daily checklist for us mainly focuses on their bedrooms and items I've picked up from the house.

For us, each child gets a group chore a day. It rotates through and sometimes they even do them together. Whatever works. With only two kids they mostly rotate through Dishes and Bathroom but it changes with each week if we need the change.

Remember to have fun, cleaning can be a bummer but if you throw on some tunes, set a ten minute timer and promise everyone can stop when the timer is up - a lot of kids are willing to put in good effort.

You've got this! Hugs, Tiffany