

# WELCOME

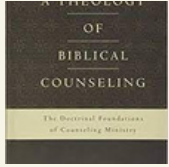
## DIRECTED STUDY PROGRAM CURRICULUM



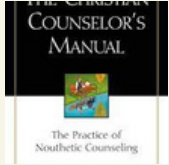
So whether you eat or drink  
or whatever you do, do it all  
for the glory of God.

**1 CORINTHIANS 10:31**

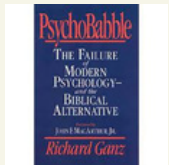




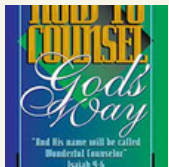
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- 1** A Theology of Biblical Counseling: The Doctrinal Foundations of Counseling Ministry  
**HEATH LAMBERT**
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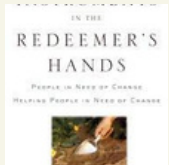
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- 2** The Christian Counselor's Manual  
**JAY E. ADAMS**
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- 3** PsychoBabble: The Failure of Modern Psychology--and the Biblical Alternative  
**RICHARD GANZ**
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- 4** How to Counsel God's Way  
**BOB HOEKSTRA**
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- 5** Instruments in the Redeemer's Hands: People in Need of Change Helping People in Need of Change  
**PAUL DAVID TRIPP**
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- 6** Curing the Heart: A Model for Biblical Counseling  
**HOWARD A. EYRICH & WILLIAM L. HINES**
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REQUIRED

**TEXTBOOKS**

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**1** Foundations of the Faith  
**JAMES MONTGOMERY BOICE**

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**2** Christian Theology (3rd Edition)  
**MILLARD ERICKSON**

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**3** Systematic Theology: An Introduction to  
Christian Belief  
**JOHN M. FRAME**

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**4** Systematic Theology  
**NORMAN L. GEISLER**

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**5** Christian Beliefs: Twenty Basics Every Christian  
Should Know  
**WAYNE GRUDEM; EDITED BY ELLIOTT  
GRUDEM**

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**6** Basic Theology: A Popular Systematic Guide  
to Understanding Biblical Truth  
**CHARLES C. RYRIE**

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**7** Lectures in Systematic Theology  
**HENRY C. THIESSEN**

*The Systematic Theology Reading Log  
Form can be downloaded here*  
[https://form.jotform.com/IABC/iabc-DSP-  
reading-log\\_](https://form.jotform.com/IABC/iabc-DSP-reading-log_)

SUBMIT ONE OF THE FOLLOWING



**READING LOG**

# FOR ALL SUBMISSIONS FORMATTING REQUIREMENTS



- A. Assignments are to be submitted digitally.**
- B. All submissions must be submitted as Word documents, Google Docs, etc., as determined by the Certification Mentor.**
- C. Use 12 pt. Times New Roman or Arial font, 1-inch margins, 1.5 spacing.**
- D. Include the title of the reading material/audio/video, your name, and the page number in the header of each page.**
- E. If your Certification Mentor requires any paper submissions, make copies of them to insure against loss.**
- F. Send each set of submissions to your Certification Mentor for appraisal as follows:**
  - *All reading submissions will be submitted in one document.*
  - *All lecture submissions will be in a second document.*
  - *All video submissions will be in a third document.*
  - *All counseling submissions will be in a fourth document.*
  - *All theology submissions will be in a fifth document.*
- G. Support each answer with Scripture.**
- H. If you choose to quote a person or text,**
  - *Do so sparingly—no more than one short quote per page.*
  - *Give the title of the book/article/link, name of author/speaker, page number if possible. For example, A Theology of Biblical Counseling: The Doctrinal Foundations of Counseling Ministry, Heath Lambert, p. 12*



# READING AND LECTURE REQUIREMENTS



## **A. Submission Requirements**

All assignments will use the following process for evaluating the assigned text, audio, or video.

1. Summary of content – What is the author saying?
  - Write a summary of each chapter of the book, clearly stating the essence of what the author wants us to understand.
  - What is the author saying about Biblical Counseling?
2. Application – How can the content of the text be applied?
  - How will you use the information to ask God to bring about change in your heart? List specific ways you can apply the concepts to yourself.
  - List specific ways you can use the concepts in the text to help others.

## **B. Length requirements**

Length should be no shorter than two (2) pages and no longer than five (5) pages.

All candidates for certification with IABC are required to complete and pass the “Biblical Counseling Theology Examination” and the “Biblical Counseling Examination.”

# EXAM

## REQUIREMENTS



**A. Complete the “Biblical Counseling Theology Examination” and submit it to your Certification Mentor for evaluation and assessment.**

**B. Complete the “Biblical Counseling Examination” and submit it to your Certification Mentor for appraisal.**

**C. Upon his/her approval of your exam, he/she will forward it to an approved 2nd-Reviewer for concurrence.**

# SUPERVISED

## COUNSELING



**A. When you have completed training and passed the exams, you will work with a Certification Mentor to complete the process. Most candidates will be supervised locally by their TCD or DSP Certification Mentor. However, the candidate needs to consult with the TCD or DSP Certification Mentor if he/she desires to seek another Certification Mentor for the Supervised Counseling portion.**

**B. Complete a minimum of 50 sessions of counseling (at the discretion of the Certification Mentor, additional sessions may be required).**

**C. The donation amount for mentoring through the certification process is \$550.00 (This includes \$100.00 for the 2nd Reviewer for the Exams), payable to the person serving as your Certification Mentor, or to the Training Center, depending upon the agreement. The Certification Mentor has the liberty to determine the preferred payment schedule.**

**The purpose of mentoring is to assist the applicant through fifty hours of supervision of their Biblical Counseling, providing feedback to the applicant on active cases. Only active cases will be considered towards the fifty hours unless otherwise worked out with the mentor.**

**The applicant's Certification Mentor will become an invaluable resource, and we hope for a trusted colleague in the ministry. New Certified Biblical Counselors will check in with a Mentor at least once each quarter for the first two (2) years of certification.**



# CHECKLIST

AFTER COMPLETING THE ABOVE REQUIREMENTS, CHECK TO BE SURE YOU HAVE COMPLETED AND/OR SUBMITTED ALL THE FOLLOWING:

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- ✓ COMPLETED THE BIBLICAL COUNSELOR'S COURSE AND SENT IT TO THE CERTIFICATION MENTOR.
- ✓ READ THE IABC MANUAL AND ALL REQUIRED IABC MATERIALS.
- ✓ HAD YOUR CHURCH'S PASTOR OR AN ELDER, SEND A LETTER OF RECOMMENDATION VERIFYING YOUR INVOLVEMENT IN A MINISTRY IN WHICH COUNSELING SKILLS ARE AND WILL BE UTILIZED.
- ✓ COMPLETED THE "THEOLOGICAL & BIBLICAL COUNSELING EXAMS" AND SENT THEM TO THE CERTIFICATION MENTOR FOR REVIEW AND ASSESSMENT.
- ✓ JOINED IABC AS AN ACTIVE NON-CERTIFIED MEMBER, BEFORE APPLYING FOR CERTIFICATION. (THE NON-CERTIFIED MEMBER DUES ARE \$60.00)
- ✓ SENT YOUR CERTIFICATION MENTOR OR TRAINING CENTER THE \$550.00 FOR MENTORING FOR THE CERTIFICATION PROCESS.

- ✓ SENT THE APPLICATION WITH THE \$148.00 INITIAL CERTIFIED MEMBERSHIP PROCESSING FEES AND DUES TO IABC. (THE INITIAL PAYMENT INCLUDES A FEE FOR THE MANDATORY CRIMINAL BACKGROUND CHECK).
- ✓ ASKED THREE INDIVIDUALS (ONE FRIEND, ONE PASTOR, ONE COLLEAGUE) TO COMPLETE THE CONFIDENTIAL CHARACTER REFERENCE FORM AND SENT THEM TO IABC.
- ✓ COMPLETED A MINIMUM OF FIFTY (50) APPROVED SESSIONS OF COUNSELING AS OUTLINED BY YOUR CERTIFICATION MENTOR.
- ✓ FULFILLED ALL REQUIREMENTS WITH YOUR CERTIFICATION MENTOR AND HAVE BEEN TOLD THAT HE/SHE WOULD SEND A LETTER OF EITHER RECOMMENDATION OR DENIAL OF CERTIFICATION WITH IABC.
- ✓ HAVE MADE PLANS TO ATTEND AN IABC CONFERENCE (ANNUAL OR REGIONAL) TO BE OFFICIALLY RECEIVED AND WELCOMED INTO THE IABC AS A CERTIFIED BIBLICAL COUNSELOR.