

HOME CARE INSTRUCTIONS AFTER A WART REMOVAL

- 1. Leave your wound dressings in place for the rest of the day and keep them dry.
- 2. Do daily bandage changes/soaking starting the day following the procedure.
- 3. Leave the bandage(s) in place while you shower and change them once you dry off. (Do not soak in the bath or go swimming during the timeframe that you are doing daily bandage changes.)
- 4. If you purchased the Amerigel Kit, please follow the instructions that came with the kit. If you did not purchase the Amerigel kit, follow the steps below.
- 5. Soak 3-5 minutes in luke warm water with epsom salts. Pat the foot dry.
- 6. Apply antibiotic ointment, gauze, and a Band-Aid 1 to 2 times a day.
- 7. The average timeframe for doing the daily bandage changes is 3 weeks. Bandage changes may be discontinued once the wound closes.
- 8. The wound(s) may or may not form a scab as they heal either way is fine. If a black scab forms over the biopsy site, leave it in place!
- 9. Continue to change the bandages daily until you don't have an open wound.
- 10. Anesthetic will typically last 1 to 2 hours after the procedure. After the anesthetic wears off, you may have some mild, localized soreness and tenderness at the biopsy site(s) over the next day or two. If you experience localized discomfort and you are not on a pain medication, over-the-counter Tylenol may be helpful.
- 11. Refrain from doing extremely strenuous activities for the rest of the day of your biopsy (extremely heavy lifting, running, etc.).
- 12. It is very rare that people have any problems during the healing period. If you experience significant bleeding, redness, or infection, please call the office at 508-757-4003 or report to the nearest emergency room.

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