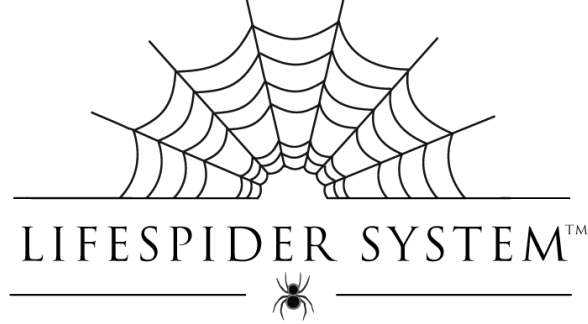

W E L C O M E !

LIFESPIDER DISCOVERY WORKSHOP



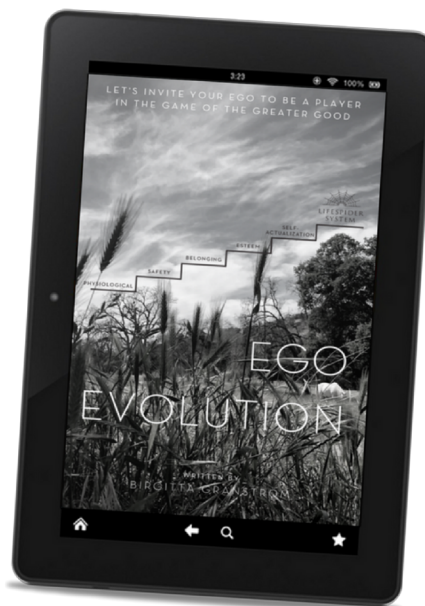
LET'S INVITE YOUR EGO TO BE
A PLAYER IN THE GAME OF
THE GREATER GOOD



A STRONG EGO IS THE CONDITION NEEDED TO CREATE A WORLD OF PASSION, PEACE AND PERFORMANCE

As long as we are in the Human Being Industry and keep on building on the assumption that our ego is something to discard, the world will never progress. As long as our ego has to fight for its survival, we are stuck in a struggle.

Once we acknowledge our ego as a beautiful source, we will have a fair chance to make this planet a peaceful place. The only way to win is to invite our ego to be a player in the game of the greater good.



QUESTIONS TO PONDER ABOUT

1. List three things about yourself that you are proud of?

2. What annoys you about others behavior?

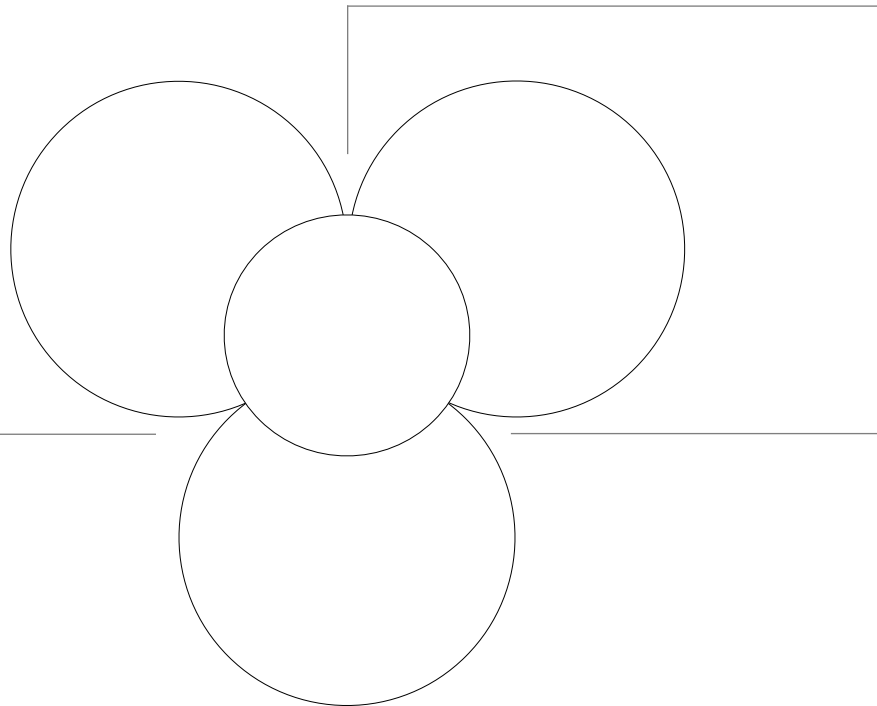
3. What is your favorite number and what color do you dislike (like less)?

4. What are your three strongest characteristics?

5. What comments/criticisms about yourself do you get from others?

6. Which of the following abilities is your best? (I know you have several, but try choose one:-)

Observe – Speak – Feel – Grounded – Be – Dream – Follow – Letting go
– Action



WHO IS X?

1. _____ ?

2. _____ ?

3. _____ ?

4. _____ ?

5. _____ ?

6. _____ ?


REFLECTION



WHO ARE YOU?


- What behavior do you think is unacceptable?
- What annoys you about others?
- What characteristics do you dislike in people?
- What human traits do you dislike?

REFLECTION




What is _____ about that?

REFLECTION



What if _____?

REFLECTION



How & what will _____?

REFLECTION



VERIFICATION

When do you experience _____?

When do you behave _____?

When do you become _____?

When do you feel _____?

MANIFESTATION

WHAT ABOUT X?

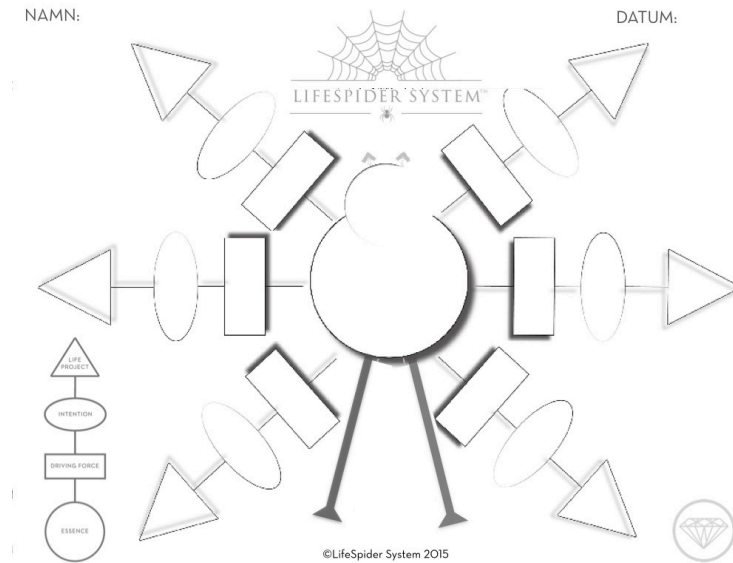
1. What does X want to _____?
2. What's the X really purpose behind that?
3. What would be the perfect _____ for X?

WHAT ABOUT YOU?

1. What _____ are you already doing?
2. What else can you do to _____?
3. What will be the difference after you have succeeded?
4. What prevents you from doing _____?
5. What will be the first step?
6. When do you start?
7. How do you know you have succeeded?



LIFESPIDER ACADEMY



The Experiential Trainee Program is designed for
your Free Spirit & Brilliant Brain

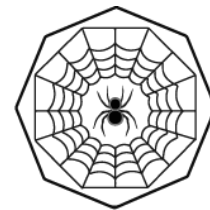
STEP 0: Self Awareness

STEP 1: Self-Leadership

STEP 2: Your LifeSpider

STEP 3: Self-Leadership Coach

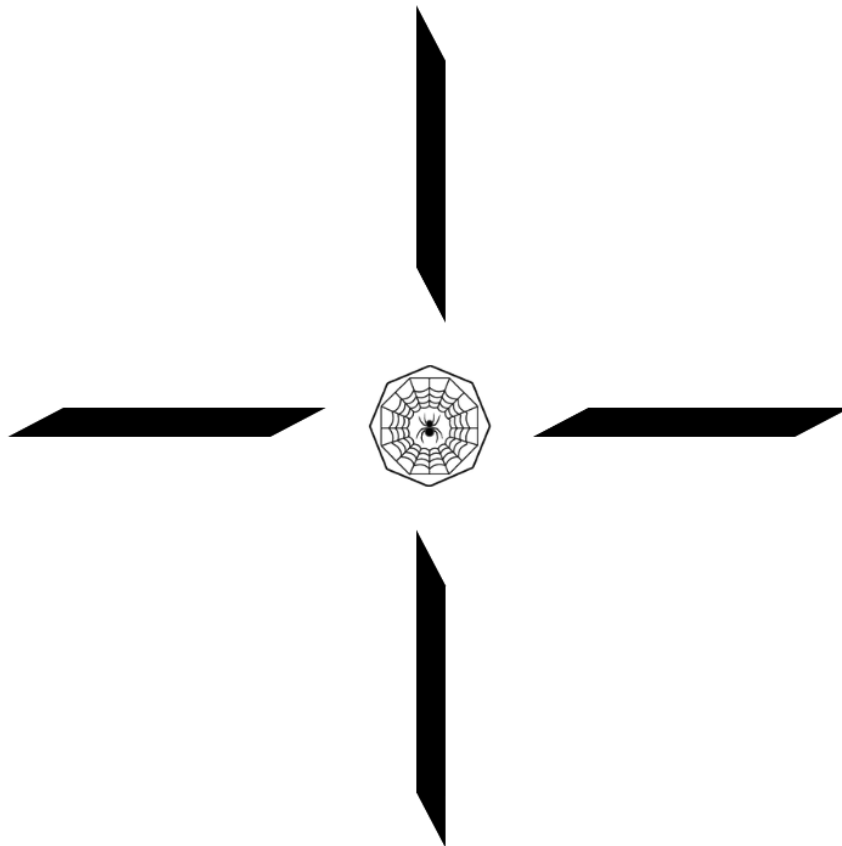
STEP 4: LifeSpider Coach



LIFESPIDER GALAXY™

lifespideracademy.com

LIFECOMPETENCE



BIRGITTA GRANSTROM
Founder of LifeSpider System™



Birgitta Granström, has devoted her life to finding the answers to the questions; "*Why is people behaving like they do?*" and "*What is the purpose of your life?*" She has not just found the answers but also the solutions that enables a new paradigm for individuals. LifeSpider System™ is an epic method for professionals in the human being industry. LifeSpider System™ is built upon 25+ years of experience of teaching personal development, coaching thousands of clients, training hundreds of coaches and more than 30.000 hours of research in philosophy, religion, quantum physics, metaphysics phenomena and more.

Birgitta is born, raised and educated in Sweden and now lives and works in California. In Sweden Birgitta is a pioneer in the coaching industry and was the founder of the first ICF Accredited Coach training. She was the president of the ICF Nordic in Stockholm 2002-2004. Ten years ago she decided to be a digital nomad to free the time to develop LifeSpider System™.

Birgitta has been Vice President for Memberships in SDPCA (San Diego Professional Coaching Alliance). She was also a Mentor at SACC San Diego (Swedish American Chamber of Commerce) and on the board for SWEA International in San Diego. Moreover, Birgitta was the international country contact for IONS (Institute of Noetic Science) in Scandinavia and Iceland.

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