



Leadership Coach | Speaker | Facilitator

Diversity Equity & Inclusion Consultant

Developing Conscious Leaders & Mindful Workplaces

Carolina is a Certified Leadership Coach, a Diversity, Equity and Inclusion Consultant, a Professional Speaker and Facilitator. She specializes in helping leaders heighten their awareness by uncovering their blind spots so that they can consciously develop behaviors that cultivate their leadership potential.

She trained with IPEC (Institute for Professional Excellence in Coaching) and is a member of the ICF (International Coaching Federation), where she maintains her credentials as a Professional Certified Coach (PCC). She is also an established speaker who recently earned the prestigious Certified Speaking Professional (CSP) designation with the National Speakers Association (NSA) which is held by less 10% of professional speakers.

Carolina is a passionate advocate for diversity, which has shaped every aspect of her life. She is a Montreal native with both Hispanic and Indian roots, fluent in English, Spanish and French. Her educational background is just as rich and diverse, with an undergraduate degree in Cell and Molecular Biology, a Masters degree in Science (Experimental Medicine), a Masters degree in Business Administration and a professional certificate in acting from the Neighborhood Playhouse School of Theatre in New York. Her career has taken her from medical research laboratories studying HIV/AIDS and advances in radiation oncology, to sales and brand management positions for top Fortune 100 companies to an array of artistic accomplishments as a member of the Screen Actors Guild American Federation of Television and Radio Artists (SAGAFTRA). Her multidisciplinary background in science, business and the arts lends a unique lens to her practice.

Carolina is a resident of Pasadena and is honored to play an active role in her community. She is the Leadership Coach and trainer for the non-profit organization Leadership Pasadena. In addition she is involved with the NAACP supporting social justice issues in Pasadena and she is long time member of the Healthcare Business Women's association where she collaborates to advance gender parity.