

LARA MCELDERRY

married to doctors podcast host | life coach for physician families

ABOUT

The Married to Doctors podcast pushes away the stereotypical "doctor-wife" image and is a space where people from all backgrounds can find a community. We explore solutions and share stories about the unique challenges that come from being in a relationship with medicine. Topics include loneliness, debt and finances, communication, romance, moving, parenting, and more.

Life Coaching grew out of requests for advice from Lara. She coaches using her family science background (MAT) and knowledge of positive psychology. Lara also draws on practical life experience from 17 years of marriage, a variety of life events, and as a mother of five sons.



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“Lara is simply incredible. She is relatable, personable, has a gentle heart, and true humility. It is obvious how much she truly puts into this podcast.”

Apple Reviews May 2019

FEATURED

medpagetoday's
KevinMD.com
Social media's leading physician voice



The New York Times

PHYSICIAN
family
MEDIA.ORG

Practice**Link**
The Career Advancement Resource for Physicians™

Medscape

The **White Coat
Investor**

DataBird
Top 100 Outstanding
Podcasts in 2019

ROMPER

STATS

SOCIAL MEDIA

Instagram Followers	»»	3.1k & growing
Instagram Reach	↪	976 ± 294 per post
Pinterest	»»	150k monthly views

OTHER

Podcast Downloads	»»	185k
Website views every 30 days	↪	±15k
Average Listens per weekly episode	»»	1.8k+