

The *Creativity* Firestarter



FAQ's

When does the course begin?

This course is permanently open, and you can start at any time - working your way through the course at your own pace.

How long does the course last?

It's designed as a FIVE DAY course, with each day packed full of activities. Course content is published each day over the five day period. *You can take as long as you need to complete each step.*

When will the live Q&A's take place?

The optional live Q&A's are held once a month at 4pm **London Time**. You'll receive an email in advance with the exact time and date, and a Zoom invitation to join. These meetings won't be recorded. Everyone on the course is welcome to join whatever stage you're at in the course.

What will I need to access the course?

You'll need a device such as a laptop or tablet and a good internet connection. You'll also need a printer if you want to print copies of the PDF's.

How will the course be delivered?

The course content is published daily and consists of short 'bite sized' activities taught through pre-recorded video tutorials, audio files, and downloadable PDF's.

How can I connect with other people on the course?

There is an optional **Members Forum** you can join where you can share images of your work and discuss your progress with other people on the course. The monthly Zooms will also provide an opportunity to mix and engage with others on the course.

What is the course fee?

The course fee is £120.

What materials and equipment do I need?

Please refer to the downloadable MATERIALS AND EQUIPMENT DOCUMENT for a full list of suggested materials.

I don't have any experience of art and design- will I be able to do the course?

Yes! This course is perfect for complete beginners.

I already have some design experience – is this course suitable for me?

Yes! Whatever your experience this course has been designed to generate multiple starting points for all kinds of creative projects. The exercises and activities are prompts to help you tune into the creative side of your brain and encourage you to flex your creative muscles.

I can't commit to five full days. Can I still do the course?

Yes! The course is taught through video tutorials and downloadable PDF's so you can work at your own pace, and in your own time.

There's no hurry, ***you'll have access to the course for 24 months*** so you can dip in and out as many times as you like, repeat the exercises, and explore them in any order.

Do I have to do the guided meditations?

No! It's entirely up to you what you choose to engage in – but I'd definitely recommend trying everything – you never know where inspiration might be lurking