

December 2020 Energy Update Transcript

Hi, I'm Lee Harris. I'm an Energy Intuitive and every month, I take the pulse on some of the energy themes that might be showing up in the month to come. For the month of December 2020, we have Creative Triggers and Activations, we have a Bright and Sharp Clarity moving in, Topsy-Turvy Energy meaning nothing is quite as it seems, and predictions are harder to make than they used to be for that reason. Stay tuned for the full Update.

Hey everybody! Welcome to the Energy Update for (I can't believe I'm saying) December, 2020. This year has gone fast, and this year has been a landmark year in so many different ways. I mentioned in November that the healing energy would be very strong and that November was going to bring a lot of emotional healing. And it's interesting that the first message that I got for December as one of the themes coming in, is there is a Bright and Sharp Energy of Clarity and Support that will be moving in in December. And in general, December is set to be a lighter, brighter month if you look at the picture overall. But to zero-in a little on the detail, what can often happen when we've gone through healing, releasing, letting go of stuff from our past that no longer needs to define us or get in the way of what we want to do next, we tend to have a clarity and a vision energy move in next. We've let go of some of the sandbags, so now we can really take off.

So December is going to be a month of clarity and a very bright and sharp energy. This can go one of two ways across the energy scale. It can either mean that if you've been struggling a lot with your sense of identity, your sense of place, your sense of purpose, then this month is going to start to bring in more answers for those of you in that group. If that's not you, but you perhaps have been doing some deep healing and you're ready to go to the next level with your work or your being in the world - just the way you show up and the way you experience life here - December is also going to be very supportive to you. So this bright, clarifying energy is very supportive.

However, it can also be quite sharp. So it can mean that suddenly you see something very clearly (almost overnight), that you're shocked you didn't see before. It might be something, a relationship you've been in for years, or a friendship, or something that you're working on that you suddenly realize, "Oh, this is just not for me anymore." So this bright, clarifying energy can be very supportive, but in certain cases it can also be very sharp and can suddenly turn things on a dime. So look out for that as we move through the month of December.

The next theme I got, which will come as no surprise to many of you (it didn't come as a big surprise to me) - the Topsy-Turvy nature of energetics right now. So there was a time when you as an intuitive (perhaps you even work as an intuitive or a psychic for people, or perhaps it's just something that you've lived with) would have been able to somewhat predict the nature of things. You've been able to tune-in and go, "Okay, I feel like in a week or two, this is all going to land." And generally you'd fine-tuned your intuition or your psychic ability to be able to read the energy highways and be pretty accurate. Some of you may have noticed that that's gone off its axis in the last year or so, partly because time has sped up, but also because dimensionally, things are compressing.

So, we often refer to the world that we see and the world that we exist in as humans as the 3D reality, and that tends to mean the 3D reality that we've lived in until now. So the way we see things, what we believe about things, the way we interact - people will say that's 3D. And when you start to

move into fourth and fifth dimensional living and ways of being, we start to come into the realms of fast manifestation, creativity, very intuitive way of living, very heartfelt way of living, living more from energy than from form. So 3D tends to be very form-based. It's like, "What can I get to make me happy?" 4D and 5D tends to be, "I want to feel happy and I'm curious to see what form can land." So it's just a slightly different way of thinking, and more and more people (not just way of thinking, sorry, I have to pause there - thinking and feeling and being), more and more of us have started to (even if we still have one foot in 3D), adopt fourth and fifth dimensional ways of living.

And by the way, I get questions all the time about people trying to understand 3D, 4D, 5D. Unless you want to study it, having a simple knowledge of it is enough, but it's basically living in a more sensory, heightened and aware way where energy is concerned. So more and more people are coming into that now.

Not only has it sped up - everything has sped up on the planet - and so it's harder to predict what's actually going to happen because the multiple possibilities that multidimensional living opens up starts to mean there is less certainty about what's going to happen next. But equally, a lot of people are between these dimensions, three, four, and five. So sometimes your fifth dimensional senses will go, "Oh yeah, this is definitely going to happen." And then you drop back down into fourth or third, which is what we all do. We all move through those stages and states of being, and then you're confused in that state of being that something didn't happen the way you thought it was going to.

It's quite hard for me to explain it in layman's terms. But what I would say is, there is a major identity shift going on and it's going on at the collective level and equally in each of us. We're also healing faster, changing faster - even those of us who've been around the block with this kind of stuff. I'm 25 years into this and I'm sure some of you watching might be 50 or more years into this. Things have changed very rapidly, and so predicting is starting to get harder. It doesn't mean you can't try; doesn't mean you can't give it a go. But for those of you who are confused about that, that's why. It's why even the events of the last few months have not necessarily gone the way that certain people expected. We're being asked to come more into the now and to live from the now, and more importantly, to recognize that we are co-creating destiny.

A lot of the 3D matrix (as people would call it), or 3D beliefs, would have us believe that there is a very set destiny and we don't have much free will to change it. That's not the way it works. We actually have an enormous creator power in us. And that is coming online in a very big way - not just now, it's been growing for a while, but you're going to see over the next few years, creator energy, creative energy is about to really start to ramp up. Which is why the energy feels so topsy-turvy and why you might feel a little off with your sense of intuition or prediction. It's okay, it's not that it's gone away. It's that you're upgrading, upleveling and reforming the way that you experience your intuitive senses. And you're remembering that you can change anything...don't know if you can hear those. Those are the donkeys! We've just moved house. My heart smiles every time I hear them. So anyway, maybe this mic picked it up. I've lost my train of thought thanks to the beautiful donkeys. Where were we? Where were we? Catch the thread, catch the thread, catch the thread. Okay. So predictions, and letting go of predictions and remembering that things are changing all the time.

So we're going through this Global Cleanse of Identity. That's the next theme - a Global Cleanse of Identity. What has happened this year has shaken a lot loose - the good, the bad and the ugly. And so we as a world going through a global cleanse around our personal identities, but also our collective identity (because we had a collective identity), we kind of thought we knew who we were

and where we were going and how life worked and how it played out on a 3D level...that term again. But what has happened this year has upended a lot. And I know there have been enormous challenges that have come with that, but there have also been the gifts that have led you to see, "Oh, I'm not sure that works the way I want it to," or, "Globally, I'm a little concerned about what we're doing over here, and I'm going to start thinking about that, talking about that and acting toward that more than I perhaps would have had I not been woken out of the patterns that we were all amnesiacly walking through, in a way." Sorry, my words are a little all over the place today.

So the next piece, and this is something I referred to a moment ago is, Creative Triggers and Activations. Now for some of you who are very used to being a visionary or a creative, this will have been going on for you probably much of your life, but you might have noticed in recent months you're a little more heightened, you're a little more activated, and you're getting triggered into visions and creative actions. But this is beginning to happen for more and more people. When you let go of one identity, when you start to make room for something else to come in, then you get a download, a vision or clarity about what you want to do next and where you want to go next.

And of course, when we embark on anything that's new, there's conflict in ourselves, this hesitation, there's fear, there's discomfort. That's normal. So don't shy away from creating something new in your world just because it's making you uncomfortable or it's asking you to overcome something in yourself. That really is the gift of creativity. It goes hand in hand with healing. Creativity asks us to surrender ourselves and collaborate, and co-create with something that wants to come through us and birth. And as we birth that thing, we also become new.

So it's a beautiful opportunity and it's beginning more and more on the planet for more and more people. That is because we have to build bridges, from the old world to the new. You might think of us as a transition generation, or series of generations. We're transitioning a very old way of doing things on the planet into a very new way of doing it. Sometimes I know it's frustrating for some of you, you wish it was happening faster, you wish you were seeing evidence more closely. But one of the things I've started to do over the last three or four years is really ask, intuitively, to be shown, "Show me where the new things are happening. Show me evidence of these births that we're seeing on the planet."

And you do start to see them more and more. And you can see it not just in the younger generation, but in our middle and older generations too. Change is happening within the personality and within the person that are allowing us to birth the new on the planet. So this creative triggering, activating energy is going to be very strong in December because it's bringing in a whole new wave. And it's a wave that's going to last many years, but some of you might be waking up all through the night or having early morning visions and creative downloads. The new is about to be birthed at a faster rate than it has been allowed to be birthed in the last decade or so. And you're going to see that play out more in the next few years.

Power Lessons in the external world - they are continuing. And of course that's nothing new. We've seen it a lot. You might find yourself less affected by that than you have perhaps previously been. It might be easy for you to watch power lessons playing out for others or on the global stage that you don't really feel resonant with. And that's okay.

If it's not your place to be involved, to comment, to be an activist in that area, then stay in your lane and maintain and balance your energy so that you can do what you're here to do. We're one hive of

people, and we all have slightly different jobs working toward the same goal, which is to unravel more of your consciousness on Earth, unravel more of yourself on Earth and to try and leave this place a little better than we found it. We're this bridge generation between the old and the new. So it's uncomfortable. There's a lot to heal in ourselves, forgive ourselves for, forgive others for as we move into this new level of consciousness as a world. So the power lessons in the external will keep playing out and you might notice they come to you as well. You might see imbalances of power showing up in personal relationships. Or you might be helping someone through that in your life.

So power lessons will be a theme in December again, but even though I say it's going to peak a little bit in December, this is something that we've been seeing for many, many months this year. Finally - Love, Softness and Calm. Energies that I am sure many of you are craving, and perhaps you have been cultivating those in recent months. December is going to allow a bit more space for the energies of love, softness and calm. If you're really desperate, if you hear that and you're like, "Oh, thank God." You definitely need to become a bit more participant in creating that for yourself. If you're *that* starved for love, softness and calm right now. And who knows, if your circumstances are really tough, you're going to have to try and self-care a little more.

Remember, self-care doesn't need a week. It just needs short moments each day for you to fill up, to reset yourself, to calm yourself down, to expose yourself to things that make you feel good and things that help you reset your sense of self and your sense of peace. Very important pieces, not this thing that just kind of comes along and gives us a soft touch on the face every now and then.

If we can know how to bring ourselves to peace - even if just for a minute or two every now and then - and we keep filling ourselves with the feeling of peace as often as we can, it actually changes you on a cellular level. And it starts to change your whole nervous system, and it starts to change the way that you bring yourself to life. So you've heard me say, "Love is a superpower" in the past. Peace is a super power. And self-love, and self-care is one of the biggest superpowers that we are now learning that we were not really taught, so many of us, when we were younger. So this is a good time for you to really deepen into that, given we have this energy of love, softness and calm coming in December.

So that's all for December folks, but if you wanted to bring a little more (let me think) calm, softness, and soothing to you with some music, this past month, on November 20th, Davor Bozic and I released an album called, Awaken. It's transformational songs, and it's all tuned to the frequency of 528 Hertz, which is considered the miracle note and the healing frequency. We're so delighted with how well you've all received the album and how many of you are telling us you're enjoying it. So if you want to learn where you can download it or get a CD or a vinyl or where to stream it, go to awakenalbum.com. Secondly, The Portal is my monthly community, where we offer tools, resources, and deep-dives into energetics every single month.

There's a whole host of offerings in The Portal. And every month, one of the offerings is an MP3 recording, which is channeled messages, sometimes channeled energy meditations - always backed by sound healing. And this month we actually have two for you. One is called, Connect to Your Soul, and one is called, Connect to Calm and Disconnect From Chaos. So these always come to me intuitively and they're about 25 minutes long each. They're fully produced. We're actually going to play you a clip from one of those MP3s at the end in just the moment. And finally, we will be bringing our very popular course back, which we do every winter. It's called Rebirth. Rebirth 2021 is

happening in the second half of January, but we're going to release it now in advance for any of you who do want to sign up already. There will be a recording in there as soon as you sign up. And that recording is called Creating Through Chaos and Being Here for Love. Exactly, exactly! So you can visit Rebirth2021.com for all of the details, and that will start on January 18th. And we're mixing it up a little this year. I recently did a course called, Transmissions, in August where I basically did a lot of channeling and the sessions were all live. So Rebirth is going to be all delivered live across a two-week period, and everything is always archived so if you can't make it live, you get all the replays. But I'm going to hand the mic over to the Z's, who I channel, to bring us in some of the energy blueprints for the year to come. So, thanks everyone - enjoy the clip of this month's MP3. Lots of love to you and yours. I hope you have a good close-out for the rest of this year.

Oh, and one last thing. I'm doing a free broadcast on December 21st. And right now, I can't remember what it's called, but basically we'll put the links underneath - we'll probably say, Free Broadcast December 21st. I wanted to do something on Solstice Day, given what a massive year this has been. I wanted to do a ceremony across a 75-minute broadcast where I will channel, I will lead you through a letting go of everything that we've been through this year, and also an infusion as to what you would like to take with you for next year. I felt like it was very important that we do that after the year we've had. So, big love everyone, take good care of yourselves, and see you soon.