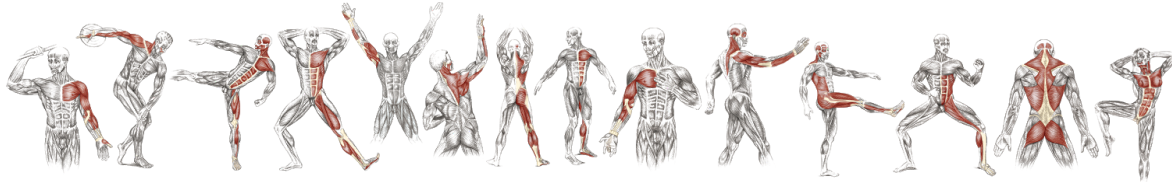


# Advanced Needling Techniques for Musculoskeletal Problems

Neurofunctional University



The intended educational objectives and outcome learning objectives of this Program are:

## Educational objectives

1. to provide course participants with the **structural neuro-anatomical knowledge necessary to perform the safe, painless, and precise needling of a broad selection of joints, muscles, and peripheral nerve trunks and neurovascular bundles**, useful in the treatment of common musculoskeletal problems.
2. to provide course participants with a **practical methodology for the palpation of the above mentioned structures** in order to facilitate the safe, painless, and precise insertion of acupuncture needles on any of those structures.
3. to provide participants with **pictorial and life examples of the above mentioned needling techniques**
4. **to provide in depth discussions on how to take into consideration** all important technical aspects related to the above mentioned insertions.

## Outcome learning objectives

At the end of the Program a student will be able to:

1. perform safe and precise needling of the capsule and ligaments of a broad selection of joints of the lower and upper extremities, and a few on the trunk.
2. perform safe and precise needling into the articular space of a small selection of joints of the lower and upper extremities.
3. perform safe and precise needling of the motor points of a broad selection of muscles of the upper and lower extremities, and a few on the neck and trunk.
4. perform safe and precise needling of the origin, insertion, and belly of a small selection of muscles of the lower and upper extremities, and the trunk.
5. perform safe and precise needling of the perineural space of a selection of peripheral nerve trunks and neurovascular bundles.



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