

# Quick Reference Guide to Facilitating

Planning the Meeting	Opening the Meeting	Conducting the Meeting	Closing the Meeting	Post Meeting Actions
<ul style="list-style-type: none"> <li><input type="checkbox"/> Define the meeting scope, assess the needs of the group, and identify the meeting objectives.<sup>1</sup></li> <li><input type="checkbox"/> Develop an agenda with detailed process notes identifying the scheduled activities that will occur during the meeting.<sup>2</sup></li> <li><input type="checkbox"/> Identify participants to invite.<sup>3</sup></li> <li><input type="checkbox"/> Research the topic as thoroughly as possible.</li> <li><input type="checkbox"/> Write the introduction, choose structured discussion tools, &amp; identify how decisions will be made.<sup>3</sup></li> <li><input type="checkbox"/> Finalize meeting logistics and the final agenda to be distributed, ensuring that participants have access to any relevant information before or during the workshop.<sup>4</sup></li> <li><input type="checkbox"/> Identify all needed materials and supplies; Print all materials and handouts; Prepare important flip-chart sheets and other meeting tools.</li> <li><input type="checkbox"/> Be the first to arrive at the location; Post the agenda; Test the equipment; and set up the room based on the number of participants.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Once all of the members are in attendance, say "Hello and welcome" and introduce yourself.</li> <li><input type="checkbox"/> Explain why you are there.</li> <li><input type="checkbox"/> Explain the reason why everyone is there.</li> <li><input type="checkbox"/> Explain and clarify the group's objective and goal.</li> <li><input type="checkbox"/> Explain why and how each member was chosen.</li> <li><input type="checkbox"/> Go over and clarify the ground rules for the meeting.</li> <li><input type="checkbox"/> Open the floor to the members to have them introduce themselves.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Maintain neutrality.</li> <li><input type="checkbox"/> Apply the appropriate group processes.</li> <li><input type="checkbox"/> Ensure balanced participation.</li> <li><input type="checkbox"/> Use appropriate verbal and non-verbal skills.</li> <li><input type="checkbox"/> Manage conflicts/disagreement.</li> <li><input type="checkbox"/> Help the group transition from one agenda item to the next.</li> <li><input type="checkbox"/> Reference or guide participants to written documentation when used.</li> <li><input type="checkbox"/> Periodically check-in to:               <ul style="list-style-type: none"> <li>o Ensure objectives are being met.</li> <li>o Determine what participants are thinking or feeling.</li> <li>o Determine if individual and/or collective needs are being met.</li> </ul> </li> <li><input type="checkbox"/> Challenge the group when necessary</li> <li><input type="checkbox"/> Call audible/make adjustments as needed.</li> <li><input type="checkbox"/> Continuously check your own biases and baggage.</li> <li><input type="checkbox"/> Respect the group's knowledge, experiences, expertise, and challenges.</li> <li><input type="checkbox"/> Help the group acknowledge their strengths and successes.</li> <li><input type="checkbox"/> Assist the group in owning their challenges/barriers to success.</li> <li><input type="checkbox"/> Record/document agreements, disagreements, action items, parking lot items.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Review the agenda.</li> <li><input type="checkbox"/> Confirm the objectives of the meeting have been met.</li> <li><input type="checkbox"/> Ask if there are any outstanding items that need to be discussed.</li> <li><input type="checkbox"/> Confirm action items, roles, responsibilities and due dates.</li> <li><input type="checkbox"/> Confirm who will send meeting notes and when they will be sent to the participants.</li> <li><input type="checkbox"/> Conduct a formal or informal evaluation of the session.</li> <li><input type="checkbox"/> Schedule the next meeting.</li> <li><input type="checkbox"/> Thank participants for attending the meeting.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Ensure all minutes are completed and published for participants, including action items within 3 - 4 days.</li> <li><input type="checkbox"/> Follow up with participants to ensure that action items are being completed.</li> <li><input type="checkbox"/> Debrief the meeting with participants to determine how the process and management of the project/meeting can improve.</li> <li><input type="checkbox"/> Publish the results of the debrief before the next meeting.</li> <li><input type="checkbox"/> Discuss any problems that came up with colleagues and determine ways improvements can be made.</li> <li><input type="checkbox"/> Give recognition to timely progress.</li> </ul>

Created by: Khalid Asad, Shaunda Evans, Erik Kast, Terri Kern, Kristi Newburg

1. Adams, T., Means, J. A., & Spivey, M. (2007). *The project meeting facilitator: Facilitation skills to make the most of project meetings*. Hoboken, US: Jossey-Bass.
2. Bens, I. (2012). *Facilitating with ease! Core skills for facilitators, team leaders and members, managers, consultants, and trainers*. Hoboken, US: Jossey-Bass.
3. Cameron, E. (2005). *Facilitation made easy: Practical tips to improve meetings and workshops* London, GB: Kogan Page.
4. Flanagan, S. (2013, July 25). 8 Tips to Effectively Close a Facilitation Session [Web post]. Retrieved from <http://blog.langevin.com/blog/2013/07/25/8-tips-to-effectively-close-a-facilitated-session/>
5. Tetenbaum, T. J., & Carucci, R. (2004). *The Advice Business: Essential tools and Models for Management Consulting*. Upper Saddle River, NJ: Pearson Education, Inc.
6. University of Wisconsin-Madison, Office of Human Resource Development. (2014). Responsibilities of the chair: What to do after a meeting. Retrieved from <https://www.ohrd.wisc.edu/academicleadershipsupport/LeadMeetings/ResponsibilitiesoftheChair/Whattodoafterameeting/tabid/117/Default.aspx>
7. University of Wisconsin-Madison: Office of Quality Improvement. (2007). Facilitator tool kit. In *Helping groups get results* (2.0pp. 1-81). Madison, WI: University of Wisconsin - Madison.
8. Rees, F. (2005). *The facilitator excellence handbook*. San Francisco, CA: John Wiley & Sons, Inc.
9. Schwarz, R. (2002). *The skilled facilitator. A comprehensive resource for consultants, facilitators, managers, trainers, and coaches*. San Francisco, CA: Jossey-Bass.
10. Thompson, L. L. (2014). *Making the team: A guide for managers* (5th ed.). Upper Saddle, NJ: Pearson Education, Inc.

# Facilitating Tips & Tricks

## Planning the Meeting

- The industry standard for facilitators is one day of preparation for each day of facilitation.
- When setting the agenda, put the most important items near the start of the meeting. This ensures those topics are discussed while energy is still high.
- When choosing a venue for the meeting, make sure that it is accessible and comfortable for the participants and that it has adequate facilities.
- For a large number of attendees, a large room with modular furniture works best.
- Last but not least, don't forget to prepare yourself both mentally and physically for your upcoming meeting!

## Opening the Meeting

- It's a good idea to have the group members start off by stating who they are, where they work, and one thing that they love to do.
- To give each member a sense of ownership have them vote to approve or disapprove the ground rules.

## Conducting the Meeting

- Apply appropriate group processes (e.g., individual activities, small groups, brainstorming, etc.).
- Make adjustments as necessary (i.e., be comfortable with deviating from the agenda when things aren't working or the group goes in another direction that is productive or necessary).
- Assign roles to group members to encourage process ownership (e.g., time-keeper, monitoring ground rules, scribing, etc.).
- Take breaks appropriate to the scheduled meeting time.
- Acknowledge individual input- it encourages participation and lets members feel they are contributing.

## Closing the Meeting

- Before thanking the participants for attending, ask them to give you one thing they will take away from the meeting. This will leave them with a feeling that you have a genuine interest in them and how they were impacted by the meeting.

## Post Meeting Actions

- Ensure that minutes are produced and promptly distributed to all attendees including guests.
- Meeting minutes don't need to include everything everyone said!
- All meeting documents including the agenda, minutes and supporting documents should be kept together and archived.
- Often people need a gentle nudge to remind them about completing action items. Don't be afraid to do so.
- Don't forget to reflect on the meeting and the team's accomplishments and hopes, such as "What are some hopes you have about the next phase of implementation?" or "What part of today's "check" was most helpful to you?"

Created by: Khalid Asad, Shaunda Evans, Erik Kast, Terri Kern, Kristi Newburg