



Reality Awareness

"Awakening the Consciousness of Humanity"

Mindset Affirmations

for

Empaths & Sensitive Souls

Mindset Affirmations

My energy is clear and centred

My intuition is getting clearer and stronger
everyday

I have lots of energy

I easily decipher what energy is coming from
where and why

I take responsibility for my energy and emotions

I am getting better and taking care of my
energy, needs and reality every single day

I am awakening to higher consciousness levels

I am awakening to love

I am choosing love every single day

My compassionate Heart and energy heals people
without even saying a word

My presence changes people positively

My words hold incredible power and I choose
them wisely

Mindset Affirmations

I am choosing to create consciously with love

Every action I take, comes from my Heart

My Heart awareness and consciousness is

becoming stronger every single day

I easily decipher my dreams and intuition

I am becoming increasingly aware at
understanding the messages my intuition is giving
me clearly

My home, energy and mental energy is clear,
concise and positive

I am constantly aligning to my Life's Purpose by
following my Heart in all my choices, even when
they don't make logical sense

I am highly in tune with the Earth Cycles and the
messages I receive from Her

I am acutely switched onto and into the truth

I am conscious of the words I speak to myself
and others

I am speaking more positively every single day