

# *Lesson Plan Toolbox Teacher's Weekly Planner-Week of:*

My main goal for this week will be:

|                      | <i>Monday</i> | <i>Tuesday</i> | <i>Wednesday</i> | <i>Thursday</i> | <i>Friday</i> |
|----------------------|---------------|----------------|------------------|-----------------|---------------|
| <i>Before School</i> |               |                |                  |                 |               |
| <i>During School</i> |               |                |                  |                 |               |
| <i>After School</i>  |               |                |                  |                 |               |

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# *Lesson Plan Toolbox Teacher's Weekly Wellness Check - Week of:*

*Monday: How do you want to feel this week? How are you going to get there?*

*Tuesday: What is one thing you would like to see improve? How can you move in that direction?*

*Wednesday: How are you feeling? How is your week going?*

*Thursday: What can you do today to prepare for next week? (We want to save time on the weekend!)*

*Friday: You did it! You made a difference in the lives of so many students this week! Take time to reflect and journal about your highlight moment (s).*

*Weekend Vibes: Just write what comes to mind!*

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