

MESA PATH ~ SPIRAL ONE

REMEMBERING, ACTIVATING, AND EMPOWERING YOUR SACRED HEART

ANDEAN COSMO VISION

RECORDED TEACHINGS
August 2, 9, 16

Videos or Audios will be released in your member's portal each week for you to listen to at your own pace.

LIVE SESSIONS
August 23
7pm - 9pm

Join Jhaimy for a LIVE Integration and Q&A session on Zoom.

INTEGRATION
Aug 29 - Sept 12

Time for homework, personal practice, rest and recalibration.

HARMONIZING THE THREE BODIES

RECORDED TEACHINGS
September 13, 20, 27

Videos or Audios will be released in your member's portal each week for you to listen to in your own time and pace.

LIVE SESSIONS
October 5 & 6
7pm - 9pm

Join Jhaimy for two LIVE Integration and Q&A sessions on Zoom. Each session will be unique.

INTEGRATION
Oct 10 - 17

Time for homework, personal practice, rest and recalibration.

THE ESSENCE OF THE CHAKANA & RUNA

RECORDED TEACHINGS
October 18, 25

Videos or Audios will be released in your member's portal each week for you to listen to in your own time and pace.

LIVE SESSIONS
November 2
7pm - 9pm

Join Jhaimy for one LIVE Integration and Q&A session on Zoom.

HISTORY OF THE MESA & ALTARS

RECORDED TEACHINGS
November 8, 15, 22, 29

Videos or Audios will be released in your member's portal each week for you to listen to in your own time and pace.

LIVE SESSIONS
December 7 & 8
7pm - 9pm

Join Jhaimy for two LIVE Integration and Q&A sessions on Zoom. Each session will be unique.

INTEGRATION
Dec 12 - Jan 9, 2022

Time for homework, personal practice, rest and recalibration.

RETREAT ONE YOUR SACRED HEART

LIVE ONLINE RETREAT

The Power of Your Sacred Heart

January 14-16, 2022

Friday 7pm - 9pm,
Saturday 10am - 6pm,
Sunday 10am - 6pm

Attendance is required in real-time. Please make sure to book off this time.

Please note that portions of the retreats may not be recorded as they are highly participatory, including Mesa rituals and energetic transmissions.