



WORKLIFEWELL

HEALTHIER,  
HAPPIER MORE  
PRODUCTIVE  
EMPLOYEES



# THE LEVELS OF STRESS AND ANXIETY ARE INCREASING YEAR ON YEAR.

The pandemic has brought new challenges and heightened the levels of job insecurity and economic uncertainty.

With more people working from home, it's becoming harder to keep teams connected, motivated and healthy.

# “WE HAVE A GOLDEN OPPORTUNITY TO START WITH A CLEAN SLATE AND REDEFINE OUR COMPANY CULTURE”

We are on a mission to combat the ever-increasing levels of stress and the negative impact on people and business.

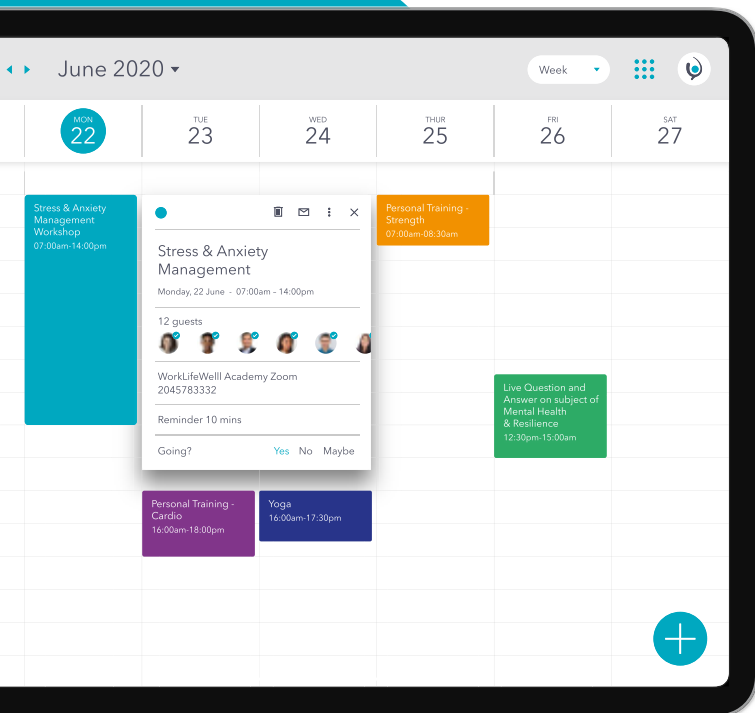
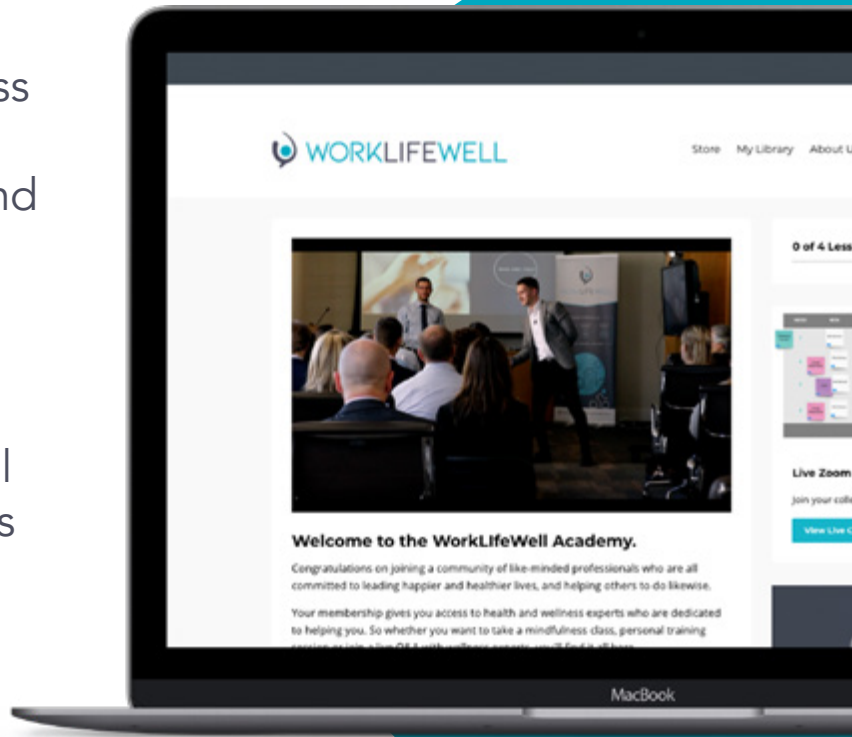
We make it easier for businesses to look after the diverse needs of their employees in order to reduce stress, sick days and attract talent.

We cater for all your wellness needs under one roof, to help colleagues to stay healthy, well and productive.



The WorkLifeWell Academy brings together leading wellness professionals, who deliver live, online classes, that will spark and inspire positive change.

Colleagues can take part in wellness classes, from mindfulness, yoga and personal training to wellbeing workshops on stress management, mental health and more.



All sessions are recorded and can be watched on-demand, anywhere, anytime.

The WorkLifeWell programme has something for everyone, to make it easier to meet the diverse needs of your teams.

# RESULTS FOCUSSED

We are committed to helping you achieve measurable results and develop a wellness culture.



## Discover

We start by surveying your employees to identify their current levels of health and wellness.



## Design

The Academy programme is then refined to ensure that it addresses these specific needs.



## Deliver

We track performance as we go and report progress back to you every quarter.

# WHAT OUR CUSTOMERS SAY ABOUT US

"Our staff love WorkLifeWell. We have seen an increase in happiness, engagement and reduced sick days. Can't recommend them enough."

Dipexa Patel - Head of Human Resources Aristocrat Technologies

"WorkLifeWell have been amazing in creating a positive change in our company."

Phil Stanton - Managing Director, EQ Systems

"We've worked with WorkLifeWell on a number of wellness initiatives. They're a pleasure to deal with and the results speak for themselves."

Erika Ely - Head of Human Resources



INSPIRE  
COLLEAGUES  
AND SPARK  
POSITIVE  
CHANGE

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