

Hot Spiked Apple Cider

6 to 8 cups unfiltered apple juice, preferably organic 4 star anise pods 4 cinnamon sticks Freshly grated nutmeg 1 teaspoon vanilla or vanilla paste 2 apples, cored and sliced thin Optional: Whiskey, rum, calvados or apple brandy

In a large pot, warm the apple juice with the spices. To serve, ladle into mugs. Serve topped with a slice of cooked apple from the pot and a cinnamon stick stir if you'd like.

To make a hot toddy, add an ounce of whiskey to each mug.

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