

# Themy Tactics



THAT ROB YOUR ENERGY STEAL YOUR JOY+ PULL YOU AWAY FROM YOUR DESTINY!

TAKE YOUR READINESS FACTOR ASSESSMENT HERE https://www.christineline.com/ReadinessFactorOPTIN

# ENEMY TACTICS that STEAL from you

Below are 7 Tactics the Enemy Infuses into your day to throw you off course. If you have a MISSION or DESIRE in your HEART to love more, serve more, show up more in life - you know that this is a Battle that must be WON Inside 1st and foremost. This handout is designed to help you bring awareness to these areas and UPGRADE your strategies for engagement! Use the following questions as JOURNAL or REFLECTION PROMPTS



## **DISTRACTION**

What are the things that DISTRACT me the MOST during the Day? What are the OBVIOUS ones and SUBTLE ONES? What is ONE simple + powerful SHIFT I can make in this area to PROTECT my FOCUS?



## **DISORIENTATION**

Where do I find myself most CONFUSED or DISORIENTED?
What tends to pull me off course?
What information, practices or habits create more confusion than clarity?
What is ONE simple +Powerful way that I can stay GROUNDED to the
TRUTH and ON the ROAD Before me?



#### **DIS-CONNECTION**

How CONNECTED am I to MY INNER MAN/WOMAN? How CONNECTED am I to GOD? How CONNECTED am I IN my closest relationships?

\*\* What MUST happen on a daily basis for me to CULTIVATE DEEPER CONNECTION with God, myself and others?



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#### DISTORTION

What "Truths" jus are not sitting well with me these days? How do I KNOW when something is a distortion of truth or deceit? What criteria or do I currently have in place as guidelines to MEASURE truth?

How am I CHECKING in with that on a regular basis?



#### **DISHEARTEN: DOUBT+FEAR**

Where do I ALLOW DOUBT + FEAR to ENTER my MIND? How does it usually show up in my life? What does GOD have to say about this?



## DIVIDE

Where is DIVISION showing up in my world?

NOTE: Division shows up as JUDGEMENT, SUPERIORITY + PRIDE.

How am I Contributing to that?

How can I disagree while also holding space for others who hold different beliefs than me?



#### **DIS EMBODIMENT**

Where do I find myself going Mindlessly through the motions? Where do I find myself SEDATING with alcohol, drugs, TV, social media mindless activities?

How can I get MORE IN my BODY + SPIRIT these days?



# Go DEEPER & FARTHER, FASTER

## If you are READY to ditch the *constant* battles and....

- Restore Trust
- Build a<u>thriving relationships</u>
- Embody new levels of HEALTH, <u>Vitality, Energy & Strength</u> in your Body
- Unlock the Power of your HEART + Transform Past Pain into Powerful Fuel
- Break free of this survival game + Access the Voice of the Spirit
- Cultivate a Deeper Relationship with GOD & FAITH in the great Unknown
- Step Boldly into your **God Given Mission**
- Increase your CONFIDENCE & CAPACITY to LEAD and SERVE

#### The RoundTable Coaching & Mentorship is for you.



# **BOOK a CALL**

## Go to https://www.christineline.com/ReadinessFactorOPTIN

- 1. Fill out the Short Assessment tool to determine your "Readiness Factor"
- 2. BOOK YOUR 30 Min Discovery Call on the Thank you Screen

Last but not least >

JOIN the <u>WARRIORS of the HEART FB Group</u> for free live trainings, like minded-community and special member-only invitations