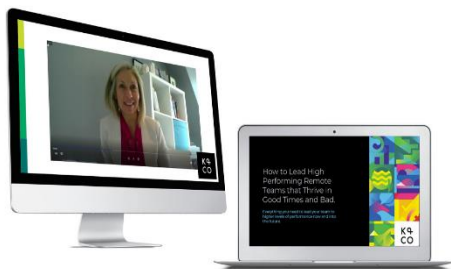


## Lead High Performing Remote Teams That Thrive Through COVID and Beyond



[This self-paced e-course](#) provides you with everything you need to lead your teams to high performance in both good times and bad.

Created for busy leaders who want practical solutions for their team challenges, this course provides you with 'bite-sized' content and proven tools and strategies to ensure your team members demonstrate the practices most essential to their effectiveness.

### 25 Modules of Bite-Sized Content

Based on our [over 30 years of research](#) in leadership and team performance, this e-course is full of practical and powerful content allowing you to choose where you want to focus your attention based on the needs of your team right now. With modules ranging from 10 to 50 minutes in length, you can invest as much or as little time as you can based on your needs.

You will gain the ability to:

- Ensure your team demonstrates the behaviors and practices most essential to its performance right now and beyond COVID-19.
- Build the cohesion and community your team needs to thrive in a remote setting.
- Improve and sustain productivity and performance.
- Lead highly effective virtual team meetings (and spend less time in meetings and accomplish more).
- Build team resilience, reduce overwhelm, and support team member well-being during a time of anxiety, complexity and flux.
- Strengthen communication, collaboration and trust.
- Build individual accountability and increase engagement.
- And more.

### The Remote Team Tool Kit, Workbook and More

Your instructor, [Nicole Bendaly](#), will guide you every step of the way through this course. Through her videos, content, and one-to-one coaching, Nicole will teach, motivate, support and challenge you to tap the best of yourself and your team. She will help you to create new awareness regarding your team and leadership effectiveness and will guide you in the use of the following tools.

[GET INSTANT ACCESS TO THE COURSE HERE](#)

- The 7 Elements Exercise: Strengthening the practices most essential to team performance
- Three team assessments
- The Four Guiding Principles of Leading A Remote Team
- The Get Fanatically Focused on Success: Leadership Guide
- The Team Reset Meeting Guide
- The Team Agreements Guide
- The Team Member Recognition Tool
- Meaningful Conversations – Essential Questions that Build Trust
- The Invincibility and Vulnerability Balance Check
- The 5 Responsibilities of a Virtual Meeting Facilitator
- The Vital Agenda Meeting Template
- The Meeting Facilitation Map
- The Meeting Agreements Guide
- Team Activities: Icebreakers, Brainteasers and More

### **2-Hours of Coaching with Nicole Bendaly**

To provide you with additional support and guidance, Nicole is including 2 hours of one-to-one coaching to help you address your specific team and leadership challenges and goals. Book your coaching sessions in 30 minute or 1-hour time slots, depending on your needs.

### **About Nicole Bendaly**

For over 20 years, Nicole Bendaly has been researching and training corporate and healthcare teams to weed out apathy and amplify the best in themselves. As a published author, dynamic speaker, Forbes Contributor, co-creator of the Team Fitness Tool and President of K&Co., she has established herself as a respected thought leader in team performance and organizational behavior.

### **Price:**

- Early Bird: \$375 USD (Until May 1<sup>st</sup>)
- Standard Price: \$595 USD (after May 1<sup>st</sup>)
- Volume discounts are available for 15 or more people

[Get Instant Access to the Course and Learn More Here](#)

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## A Sample of the Learning Modules

### The Four Guiding Principles of Leading a Remote Team



#### Overview of the Guiding Principles

⌚ 12 minutes

Keep the Four Guiding Principles of Leading a remote team in mind as you work through this course and lead your team to even higher levels of performance.



### Strengthening Your Team's Cohesiveness



#### Feed the Right Wolf

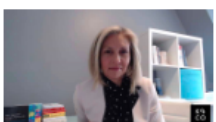
⌚ 6 minutes

Feed the Right Wolf The Feed the Right Wolf story is a great way to spark a conversation with your team around what excellence looks like, and the behaviors and practices essential to your team's ability to achieve it. I encourage you to share the Fe...



#### Introduction to Cohesiveness

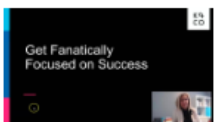
⌚ 19 minutes



#### Assess your Team's Cohesiveness

⌚ 4 minutes

Assess Your Team's Cohesiveness Use the attached Cohesiveness Assessment to identify your team strengths and opportunities for improvement. This will help you to determine where you and your team need to focus your attention for improved results and e...



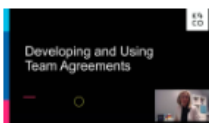
#### Get Fanatically Focused

⌚ 29 minutes

High performing teams and leaders are fanatically focused on where they are going and how they will get there. This session walks you through the importance of knowing exactly what success looks like for your team, as well as the priorities, beha...



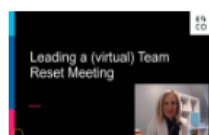
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## Developing and Using Team Agreements

⌚ 31 minutes

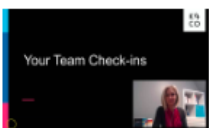
Team Agreements This is such a powerful tool to add to your tool kit! I'm very excited for you to develop them with your team and for you to use them. And remember, developing them once and never using them will not affect the behavior change ne...



## Leading a Team Reset Meeting

⌚ 50 minutes

A Team Reset meeting is a powerful way to reconnect your team to what matters most right now: Appreciation and acknowledgement The team's goals and purpose The team's priorities The behaviors and practices that are most essential to the team's ef...



## Leading Regular Team Check-ins

⌚ 29 minutes



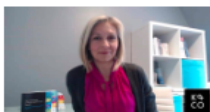
### Strengthening Your Team's Climate



## Introduction to a Healthy Team Climate

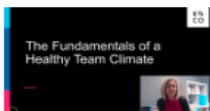
⌚ 8 minutes

Healthy Team Climate Healthy Climate is one of the 7 Elements of a High Performing Team and is the foundation of a team's ability to perform at its best. Without a healthy team climate a team cannot begin to strengthen its cohesiveness or any of...



## Assess your Team's Climate

⌚ 2 minutes



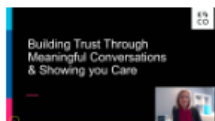
## The Fundamentals of a Healthy Team Climate

⌚ 20 minutes



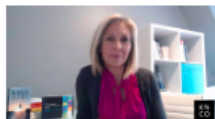
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## How to Build Trust



### Meaningful Conversations that Build Trust

⌚ 19 minutes



### Recognition

⌚ 14 minutes



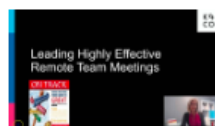
### Invincibility and Vulnerability - Finding the Right Balance

⌚ 20 minutes

Lean into Vulnerability To discover more about vulnerability, I encourage you to learn more

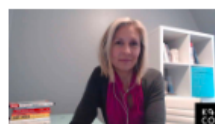


## Leading Highly Effective Remote Meetings



### Introduction to Leading Effective Virtual Meetings

⌚ 9 minutes



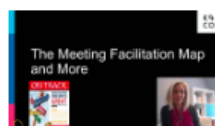
### Assess your Team's Group Work Skills

⌚ 1 minute



### The 5 Responsibilities of a Meeting Facilitator and the Vital Agenda

⌚ 41 minutes



### The Meeting Facilitation Map and More

⌚ 36 minutes



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info@kand.co