

## **COURAGE IS YOUR MOST VALUABLE ASSET**

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**It takes courage to face your issues.  
It takes courage to voice your pain.  
It takes courage to say, “I’m sorry”,  
And “I forgive”, so you can walk tall again.**

**It takes courage to see and speak the truth.  
It takes courage to stop hiding in vain.  
It takes courage to stop blaming others and  
Own up to your part of the pain.**

**It takes courage to walk away at times  
When you know it’s not all your fault  
But the strength you’ll gain in taking that step  
Will help to heal the flaws**

**It takes courage to make positive choices  
To change attitudes and thoughts that prevail  
It takes courage to know you can heal and grow  
Despite grudges and griefs that assail.**

**It takes courage to climb your mountains  
That loom tall in your path ahead  
But mustering courage for the journey  
Brings joy and confidence rather than fear and dread.**