

# VALLEY FAMILY CHURCH

## weekly sermon guide



january 10, 2021  
"run to win in 2021"



# MESSAGE & SCRIPTURES

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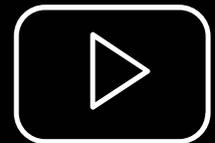
> **run in 2021**  
1 corinthians 9:24-27, NIV

> **effort**  
1 corinthians 9:25, NIV

> **evaluate**  
hebrews 12:1, NKJV  
1 corinthians 10:13, NKJV  
philippians 4:13, NKJV

> **endure**  
romans 15:5, NIV  
matthew 11:28-30, MSG  
hebrews 12:2-3, NKJV

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# QUOTABLES

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from this week's service  
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"There will be challenges in 2021 -- which is why it's important that we go into the new year with a spirit of faith."

-- Pastor Richard Pilger

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"Those who want to succeed, exert effort and discipline themselves to do whatever is necessary to be successful."

-- Pastor Richard Pilger

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"Sometimes we're carrying weights of things we might enjoy -- but if they are keeping us from fulfilling our God given purpose, we have to throw them off."

-- Pastor Richard Pilger

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"Endurance is something we can have. And as believers in Christ, it's already ours because God has given it to us."

-- Pastor Richard Pilger

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"When we quit focusing on the rewards that will last for eternity, we surrender the price and we settle for second place."

-- Pastor Richard Pilger

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# LET'S TALK

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**In order to succeed we need to run our race with the end in mind by focusing on these three E's -- effort, evaluation and endurance.**

Which of these areas do you want to focus on first as you begin this new year?

**Whether it be business, athletics, school or relationships -- effort is required in order to be successful.**

Where do you feel God is leading you to apply discipline and effort in your spiritual life?

**Through prayerful evaluation of our lives, Hebrews 12:1 reminds us to throw off any weight or sin that could distract us.**

What weights have you identified that can trip you up, slow you down, or distract you? How do you see God helping you to get rid of these?

**Life is not a solo race -- we are to tap into the endurance the Lord promises to give us by following his unforced rhythms of grace.**

In what areas of your life are you desiring to manifest more courage and endurance?



# LET'S DO THIS



## put the message into practice:

- identify where spiritual discipline and effort is required in your spiritual development this year and what your plan will be to make the necessary changes.
- spend time in prayer determining what weights or sins have caused you to be tripped up, distracted, or to lose your focus, and cast them off once and for all.
- make a decisive decision to partner with the Lord and tap into the endurance He gives to run your race to win!

## stay involved:

- we're back to weekly in-person services starting this Sunday, January 17 at 9 & 11am!
- spiritually grow this year by taking one of 12+ online bible courses -- sign-up here!
- stay in the know of all things happening at VFC -- sign up for our weekly emails here!

## pray it out:

Father, I want to run to win in 2021. I want to run the race You've marked out for my life. Help me to run with effort, evaluation and endurance. I run for the eternal prize that will never fade away. I choose to lay aside any weight that is hindering me and I choose to operate in Your unforced rhythms of grace. I look to Jesus, the Author and Finisher of my faith. Thank you for helping me finish my race. In Jesus' Name, Amen!

