

Ho'oponopono

Manifest Wealth With
Ho'oponopono's Healing Power



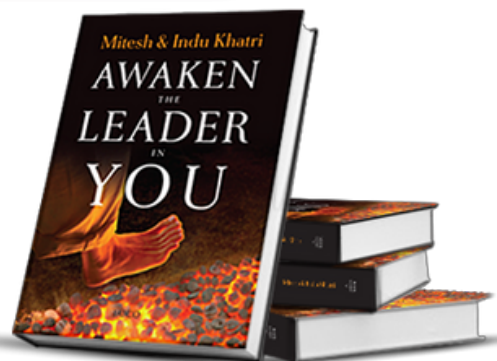
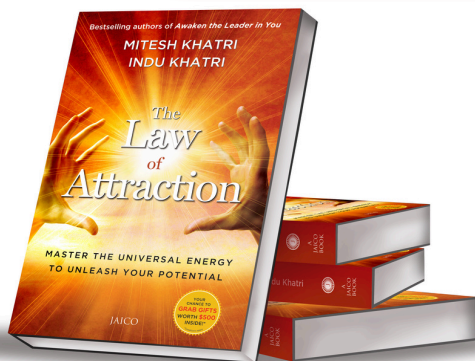
INDU & MITESH KHATRI

Indu & Mitesh Khatri - Your Law of Attraction Coaches



Indu & Mitesh Khatri, a premium world-renowned Law of Attraction Coaches, stands as a beacon of transformation. With a remarkable track record of impacting over 300 Fortune 1000 companies and guiding the professional journeys of 350,000 executives worldwide, Mitesh is a visionary architect of positive change.

Mitesh is committed to delivering real results. Together with Indu, he co-founded Mitesh Khatri Training LLP and authored best-selling books like 'Awaken The Leader In You' and 'The Law Of Attraction.'



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Introduction: Your Journey to Unlimited Abundance Starts Here

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How many of you want to attract more money in your life? You want to, right? Then let me tell you something - you've come to the right place at exactly the right time. Trust me, what you're about to discover in this book will completely transform your relationship with money, success, and abundance.

My name is Mitesh Khatri, and I want you to know that I'm not just going to teach you about Ho'oponopono for abundance - I'm going to personally guide you through this incredible journey. When you're reading this book, I want you to feel like I'm sitting right next to you, coaching you every step of the way.

Let me share something with you that might shock you. Many people face financial blocks and don't even know why their money manifestations keep failing. They try affirmations, they try visualization, they try everything - but nothing works. And you know what the biggest reason is? They haven't cleared the negative emotions and money blocks that are sitting deep in their subconscious mind.

That's where Ho'oponopono comes in. This ancient Hawaiian healing technique is not just some spiritual practice - it's the most powerful tool I've ever discovered for clearing money blocks and manifesting abundance. And trust me, I've seen the results with my own eyes.

Let me tell you about some of the transformations I've witnessed. One gentleman who came to me had lent money to many people, and they weren't returning it. He was frustrated, angry, and had given up hope. After practicing the Ho'oponopono techniques I'm going to teach you in this book, he recovered more than three and a half crores! Can you believe that?

Another person was unemployed for six months. Within 30 days of starting Ho'oponopono practice, his previous organization called and said that vacancy is now open, and not only did he get the job back, but he got a raise too!

And here's something even more amazing - I was conducting a webinar once, and during the session, I started silently doing Ho'oponopono for the participants. Believe it or not, I had a 5% conversion rate in that webinar! That's almost unheard of in the industry.

I want you to promise me something right now. Promise me that you won't just read this book - you'll actually practice what I'm teaching you. The techniques I'm sharing with you are simple, but they're incredibly powerful when you do them consistently.

I want you to promise me something right now. Promise me that you won't just read this book - you'll actually practice what I'm teaching you. The techniques I'm sharing with you are simple, but they're incredibly powerful when you do them consistently.

Your First Commitment

Pause right here and say out loud: "I promise to practice the Ho'oponopono techniques Mitesh is teaching me. I will not just read this book, but I will take action every single day until I manifest the abundance I deserve."

Did you say it? Good! Now let's continue.

In this book, you're going to learn the four sacred Ho'oponopono phrases that will change your life forever. You'll discover how to use the 3-party healing model that clears blocks not just within you, but in your entire manifestation process. I'll teach you the 108 times method that raises your money frequency to attract wealth like a magnet.

But most importantly, you're going to feel supported every step of the way. Whenever you feel stuck or doubtful, I want you to come back to these pages and remember - I believe in you. Thousands of people have transformed their financial lives using these exact techniques, and you're going to be next.

Now, how many of you are ready to start attracting magic money in your life? I can feel your excitement, and that's exactly the energy we need to begin this incredible journey together.

Chapter 1

Welcome to Your Abundance Journey

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Trust me, you've made the best decision of your life by picking up this book. How many of you have been struggling with money for years, trying everything but nothing seems to work? I understand that frustration, and I'm here to tell you that your struggle ends today.

Let me tell you something important - abundance is your birthright. You were born to live a life of prosperity, wealth, and unlimited success. But somewhere along the way, you picked up beliefs, emotions, and energy blocks that are preventing money from flowing into your life.

Many people ask me, "Mitesh, I've tried affirmations, I've tried visualization, I've tried the law of attraction - why am I still struggling financially?" And you know what I tell them? The problem is not with the techniques. The problem is that they haven't cleared the underlying emotional blocks first.

It's like trying to plant a beautiful garden in soil that's full of weeds and rocks. Until you clear that soil, your seeds won't grow properly. Ho'oponopono is the tool that clears your inner soil so that abundance can grow effortlessly in your life.

I want you to understand something very clearly - Ho'oponopono is not just another manifestation technique. It's a complete system of emotional healing that addresses the root cause of why your abundance isn't showing up. When you heal those deep emotions of guilt, fear, resentment, and unworthiness around money, magic starts happening in your life.

Real Transformation: One lady wrote to me saying, "Mitesh, I was always afraid of asking for a salary raise because I felt I didn't deserve it. After practicing Ho'oponopono for just two weeks, I not only asked for a raise but got promoted to a higher position. My salary doubled!"

You see, when you start vibrating at the right frequency for money, you'll suddenly see magically the right people will come into your life, the right opportunities will arrive, you will suddenly have the right ideas about what to do to make more money. But all of that will happen when you start vibrating the right frequency for money.

Now, I want you to promise me something else. Promise me that you'll trust this process completely. Don't worry about how it works or when the results will come. The golden rule of the Law of Attraction is: don't ask how, don't ask when. Just use it.

In this journey we're taking together, you're going to discover that Ho'oponopono works on three levels. First, it clears your conscious mind of limiting beliefs. Second, it heals your subconscious emotional blocks. And third, it aligns your energy with the universal flow of abundance.

Your Abundance Declaration

Right now, I want you to place your hand on your heart and say:

"I am ready to receive unlimited abundance in my life. I release all fears and blocks around money. I trust Mitesh to guide me through this transformation. I am open to receive all the wealth and prosperity that is meant for me."

How did that feel? Write it down in the space below:

Throughout this book, I'm going to be very interactive with you. When I say "pause and practice," I want you to actually pause and do the exercise. When I ask you to repeat something, say it out loud. This is not just a book you read - it's a complete transformation program that we're doing together.

Are you excited? I can feel your energy already shifting, and we've just begun! In the next chapter, I'm going to reveal the ancient Hawaiian secret that's going to change everything for you.



Chapter 2

What is Ho'oponopono? The Ancient Hawaiian Secret

Now let me tell you about this incredible gift from Hawaii that's going to transform your entire relationship with money and abundance. Ho'oponopono is an ancient Hawaiian practice of reconciliation and forgiveness, but what most people don't understand is how incredibly powerful it is for manifesting wealth.

The word Ho'oponopono literally means "to make right" or "to correct." But I want you to think of it as "to make right with money" and "to correct your financial energy." Trust me, when you start using this technique consistently, you'll attract magic money in your life.

How many of you have heard of Ho'oponopono before? Some of you might know it as a general healing technique, but let me tell you something - when you apply it specifically to money and abundance, the results are absolutely mind-blowing.

The traditional Ho'oponopono mainly consists of four statements:

- **I am Sorry**
- **Please Forgive Me**
- **Thank You**
- **I Love You**

But here's the secret that most people miss - these four simple statements work like magic when you direct them toward money, opportunities, and abundance. Instead of just saying them generally, we're going to say: "I'm sorry money, Please forgive me money, Thank you money, I love you money."

Now, you might be thinking, "Mitesh, how can talking to money like this actually work?" Let me explain it to you in the simplest way possible. Everything in this universe is energy, including money. When you have negative emotions toward money - like guilt, fear, resentment, or unworthiness - you create a negative vibration that pushes money away from you.

Amazing Results: A business owner told me, "Mitesh, I used to feel guilty every time I charged my clients. After doing Ho'oponopono for money for just one month, I tripled my rates and my clients happily paid! My relationship with money completely transformed."

When you practice Ho'oponopono for money, something beautiful happens. You start healing your relationship with money at the deepest level. You apologize to money for not treating it well, you ask for forgiveness for your past mistakes, you thank money for supporting you, and you express love and appreciation for it. This is not just positive thinking - this is energy healing. When you heal those negative emotions, you remove the blocks that were preventing money from flowing to you. It's like removing a dam that was blocking a river. Once the dam is removed, the water flows naturally.

The ancient Hawaiians understood something that modern psychology is just beginning to discover - that forgiveness and taking responsibility are the most powerful forces for creating positive change in our lives. When you take 100% responsibility for your financial situation and use Ho'oponopono to clear the blocks, abundance becomes inevitable.

Your First Ho'oponopono Practice

Let's do this together right now. Place your hand on your heart and repeat after me:

"I am sorry, money, for not appreciating you properly."

"Please forgive me, money, for being afraid of you."

"Thank you, money, for all the ways you support my life."

"I love you, money, and I welcome you into my life."

How did that feel? Can you sense a shift in your energy around money?

Write your feelings here:

I want you to understand that Ho'oponopono is not about begging or pleading for money. It's about healing and aligning your energy so that you become a magnet for abundance. When you heal your relationship with money, money heals its relationship with you.

Let me share something personal with you. Before I discovered Ho'oponopono, I had so many limiting beliefs about money. I thought rich people were greedy, I felt guilty about wanting more money, and I was always worried about not having enough. These emotions were creating a negative money frequency that was blocking abundance from my life.

But when I started practicing Ho'oponopono for money every single day, everything changed. My mindset shifted, my energy shifted, and most importantly, my results shifted. Opportunities started appearing everywhere, clients started coming to me effortlessly, and my income multiplied beyond my wildest dreams.

Trust me, this is going to work for you too. But I need you to commit to practicing it consistently. Are you ready to make that commitment with me?

Chapter 3

Why Your Money Manifestations Fail (Money Blocks Explained)

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Let me ask you something honestly - how many of you have tried to manifest money using various techniques, but the results just weren't what you expected? Don't worry, you're not alone. I've worked with thousands of people who faced the same challenge, and let me tell you the real reason why money manifestations fail.

The biggest reason why wealth manifestations fail is because of the presence of money blocks in our lives. These money blockages stop you from making money in life. It's like having invisible walls around you that prevent abundance from reaching you.

Trust me, until you clear these blocks, no amount of positive affirmations, vision boards, or manifestation techniques will work effectively. It's like trying to fill a bucket that has holes in it - no matter how much water you pour in, it keeps leaking out.

Now, let me explain to you what these money blocks actually are. Money blocks are negative emotions, limiting beliefs, and subconscious programs that create resistance to receiving money. They can come from childhood experiences, past financial trauma, family beliefs about money, or even past-life experiences.

Some of the most common money blocks I've seen include: **Fear-Based Blocks:** - Fear of losing money (especially if you've lost money in trading, investments, or business) - Fear of not having enough money - Fear of asking for money or charging what you're worth - Fear of success and the responsibilities that come with wealth

Guilt-Based Blocks: - Guilt about having more money than others - Guilt about past financial mistakes - Guilt about wanting money (thinking it makes you greedy or spiritual) - Guilt about not being able to pay back loans or debts

Unworthiness Blocks: - Feeling like you don't deserve to be wealthy - Believing you're not smart enough or talented enough to make money - Thinking you have to work extremely hard to earn money - Believing that good people shouldn't be rich

Real Example: A student told me, "Mitesh, my father always said 'money doesn't grow on trees' and 'rich people are greedy.' I unconsciously believed these things and kept sabotaging my success. After clearing these blocks with Ho'oponopono, my business revenue increased by 300% in just six months!"

Many people lost money in trade wars, stock market crashes, or bad business decisions, and they start having this guilt and fear. And now they live with this guilt and fear, which creates a negative vibration that repels money instead of attracting it.

If you don't heal these emotions, there's a chance that opportunities which are coming towards you can be blocked, and you may not be able to make money because of this fear. The cost of feeling fear is much more than the cost of that wrong decision itself.

Let me give you a simple example. Imagine you lent money to someone and they didn't return it. Now, every time you think about money, you remember that experience and feel angry, betrayed, or fearful. This negative emotion creates a resistance in your energy field that pushes money away from you.

Or maybe in your childhood, you heard your parents fighting about money, or you saw them struggling financially. Your subconscious mind created the belief that "money causes problems" or "we don't have enough money." These beliefs are still running in your subconscious and blocking your abundance.

Identify Your Money Blocks

Let's discover what money blocks you might have. Answer these questions honestly:

1. What negative experiences have you had with money?

2. What did your family teach you about money growing up?

3. What fears do you have around money?

4. What guilt do you carry about money or wanting money?

Don't judge yourself for these blocks - we're going to clear them all!

Now, here's the good news - Ho'oponopono is the most powerful technique I've discovered for clearing these blocks. When you say "I'm sorry" to money, you're acknowledging that you've held negative energy toward it. When you say "Please forgive me," you're asking to release that negative energy. When you say "Thank you," you're expressing gratitude for money's support. And when you say "I love you," you're creating a loving vibration that attracts abundance.

This technique works not only for fear but also for guilt, unworthiness, and any other negative emotion around money. The moment you do this, that negative feeling toward money will go away, and as a result of that healing, positive attractions happen.

I want you to understand something very important - having money blocks doesn't make you a bad person or a failure. Almost everyone has some level of money blocks because we live in a society that has a lot of confusion and negative programming around money.

The difference between people who manifest abundance easily and those who struggle is simply this - successful people have either naturally clear energy around money, or they've learned how to clear their blocks effectively. And that's exactly what you're learning to do right now.

Chapter 4

The 4 Sacred Phrases That Change Everything

Now we're getting to the heart of this incredible transformation. The four sacred phrases of Ho'oponopono are like master keys that unlock the door to unlimited abundance. Trust me, these four simple statements have more power than any complicated manifestation technique you've ever tried.

Let me break down each phrase for you so you understand exactly what's happening when you use them, and why they're so incredibly effective for attracting money and abundance.

Phrase 1: "I Am Sorry"

When you say "I am sorry, money," you're taking responsibility for all the negative energy you've directed toward money. You're acknowledging that maybe you haven't treated money with respect, maybe you've been afraid of it, angry at it, or felt guilty about wanting it.

This is not about feeling bad or beating yourself up. It's about taking responsibility and clearing the slate clean. When you say "I'm sorry money for not appreciating you properly" or "I'm sorry money for being afraid of you," you're starting the healing process.

Many people ask me, "Mitesh, why should I apologize to money?" And I tell them - because everything is energy, including money. When you've held negative thoughts and emotions about money, you've created energetic discord. The apology helps restore harmony.

Phrase 2: "Please Forgive Me"

This phrase is about asking for release from the negative patterns and energy blocks. When you say "Please forgive me, money, for not handling you properly" or "Please forgive me for being so careless with you," you're asking the universe to dissolve those blocks.

Forgiveness is one of the most powerful forces in the universe. It literally transmutes negative energy into positive energy. When you ask money to forgive you, you're creating space for a new, positive relationship to emerge.

Incredible Transformation: One participant shared, "Mitesh, I had been carrying guilt about a business failure for years. After doing the forgiveness part of Ho'oponopono for just two weeks, I felt this huge weight lift off my shoulders. Within a month, I got three new business opportunities!"

Phrase 3: "Thank You"

Gratitude is like a magnet for abundance. When you say "Thank you, money" with genuine feeling, you're acknowledging all the ways money has supported you in your life. Even if you feel like you don't have enough money right now, you can still be grateful for the money that has come to you.

"Thank you, money, for paying for my food, my shelter, my transportation. Thank you for making it possible for me to take care of my family. Thank you for all the experiences you've given me." Feel that gratitude when you're saying it - don't just repeat the words mechanically.

When you're genuinely grateful for money, you're telling the universe that you appreciate abundance, and the universe responds by sending you more of what you appreciate.

Phrase 4: "I Love You"

This is the most powerful phrase of all. When you say "I love you, money" with real feeling, you're creating a vibration of love that attracts abundance like a powerful magnet. Love is the highest vibration in the universe, and when you love money, money loves you back.

I want you to smile when you say "I love you" to money. Feel that warmth in your heart. Imagine money as a dear friend who has always been there to support you. This loving energy creates miracles in your financial life.

Practice the 4 Sacred Phrases

Let's practice together right now. Sit comfortably, place your hand on your heart, and repeat each phrase with genuine feeling:

Repeat 3 times each:

"I am sorry, money, for all the negative energy I've directed toward you."

"Please forgive me, money, for not treating you with respect and appreciation."

"Thank you, money, for all the ways you support my life every day."

"I love you, money, and I welcome you into my life with open arms."

How do you feel after saying these phrases? Write down your experience:

Now, let me tell you how to make these phrases even more powerful. The secret is in the feeling behind the words. Don't just recite them like a robot. Feel those words when you're saying "sorry, please forgive me," feel those words. When you're saying "thank you," feel that gratitude. Smile when you say "I love you." You can also customize these phrases based on your specific situation. For example:- "I am sorry, money, for being afraid to ask for a raise." - "Please forgive me, money, for believing I don't deserve to be wealthy." - "Thank you, money, for making me a millionaire." (Yes, say this even before it happens!) - "I love you, money, and I trust you to flow abundantly into my life."

The beauty of Ho'oponopono is its simplicity. You don't have to struggle with complicated visualizations or remember long affirmations. It's as simple as these four phrases, but when you use them consistently with genuine feeling, they create profound transformation in your life.

Trust me, just these four statements alone will help you remove those money blocks and help you vibrate at the positive level of money frequency. And when you start vibrating the right frequency for money, magic starts happening in your life.

Chapter 5

Taking 100% Responsibility For Your Financial Life

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Now, let me share with you one of the most important concepts in Ho'oponopono and manifestation - taking 100% responsibility for your financial life. This might be challenging for some of you to hear, but trust me, when you truly understand and embrace this principle, it becomes the key that unlocks unlimited abundance.

What does it mean to take 100% responsibility for your financial situation? It means accepting that everything happening in your financial life - both positive and negative - is a result of your own energy, beliefs, thoughts, and emotions. It means saying, "I take 100% responsibility for anything that's happening in my financial life. It is my attraction."

Now, I know what some of you are thinking. "But Mitesh, what about the economy? What about my boss who won't give me a raise? What about the people who cheated me or didn't pay me back?" I understand these concerns, but let me explain something that will completely shift your perspective.

When you take 100% responsibility, you're not saying that you consciously created every negative situation. What you're saying is that somehow, your subconscious beliefs, emotions, and energy patterns attracted or allowed these experiences into your life. And here's the empowering part - if you created it, you can change it.

The moment you stop being a victim of circumstances and take full responsibility, you reclaim your power to create different results. You move from being someone who things happen TO, to someone who creates what happens.

Powerful Transformation: A woman told me, "Mitesh, I was blaming my ex- husband for my financial problems for years. When I finally took responsibility and cleared my own money blocks, I started my own business and became financially independent. Taking responsibility set me free!"

Now, let me share with you one of the most important concepts in Ho'oponopono and manifestation - taking 100% responsibility for your financial life. This might be challenging for some of you to hear, but trust me, when you truly understand and embrace this principle, it becomes the key that unlocks unlimited abundance.

Let me give you some examples of what taking 100% responsibility looks like in Ho'oponopono practice:

Instead of saying: "My clients don't pay me on time"

Take responsibility: "I'm sorry, money, for creating a vibration that attracts clients who delay payments. Please forgive me for this pattern in my subconscious."

Instead of saying: "The economy is bad, that's why I'm not making money"

Take responsibility: "I take responsibility for aligning with fear-based economic energy. I choose to align with abundance regardless of external circumstances."

Instead of saying: "That person cheated me out of my money"

Take responsibility: "I'm sorry for having trust issues or patterns that attracted this experience. Please forgive me, and help me clear this energy so I attract honest, reliable people."

Now, I want to be very clear about something. Taking responsibility doesn't mean blaming yourself or feeling guilty. It means empowering yourself. When you blame external circumstances, you give away your power. When you take responsibility, you reclaim your power to create change.

Your 100% Responsibility Declaration

Let's do this powerful exercise together. Say these statements out loud with conviction:

"I take 100% responsibility for my current financial situation."

"I take 100% responsibility for all the money blocks in my subconscious."

"I take 100% responsibility for my past financial mistakes and failures."

"I take 100% responsibility for creating my abundant future."

"It is my attraction, and I have the power to change it."

Now, apply Ho'oponopono to this responsibility:

"I'm sorry for creating these financial challenges through my subconscious patterns."

"Please forgive me for carrying these blocks and limiting beliefs."

"Thank you for this opportunity to take responsibility and transform my life."

"I love myself enough to take full responsibility and create positive change."

How does it feel to take this level of responsibility? Write your feelings:

Taking 100% responsibility also means forgiving everyone from your past who hurt you financially. All the people in your past who have hurt you directly or indirectly and hurt you financially - today, you choose to forgive all those people in your past who cheated you or did not support you in making money.

This doesn't mean what they did was okay. It means you're freeing yourself from the negative energy that's been blocking your abundance. When you hold onto anger, resentment, or blame, you're like a person trying to drive a car with the brakes on. Forgiveness releases those brakes so you can move forward freely.

Let me tell you something important about responsibility and Ho'oponopono. In traditional Ho'oponopono, there's a belief that we're 100% responsible for everything we experience because it's all coming from memories and programs running in our subconscious mind. When we clear these memories and programs, our outer experience changes automatically.

This might sound mystical, but I've seen it work countless times. When people take full responsibility and clear their inner blocks, their outer circumstances transform like magic. Suddenly, the right opportunities appear, the right people show up, and money starts flowing in ways they never expected.

The most successful people I know have one thing in common - they never see themselves as victims. No matter what happens to them, they ask, "What can I learn from this? How can I grow from this experience? How can I take responsibility and create better results?"

Trust me, when you fully embrace this level of personal responsibility combined with Ho'oponopono practice, you become unstoppable. You become someone who creates their reality rather than someone who reacts to circumstances.



Chapter 6

Ho'Oponopono For Money Blocks & Financial Fear

Let's get very specific now about clearing the most common money blocks and financial fears that keep people stuck in lack and limitation. Trust me, when you clear these specific blocks using Ho'oponopono, you'll feel like a huge weight has been lifted off your shoulders, and money will start flowing to you much more easily.

Anybody who has gone through fear of losing money needs to heal that emotion. If you don't heal this emotion, there's a chance that opportunities which are coming towards you can be blocked and you may not be able to make money because of this fear.

Let me share with you the most common financial fears I've encountered and the specific Ho'oponopono healing for each one:

Fear of Losing Money:

This is probably the most paralyzing financial fear. Maybe you lost money in the stock market, a business investment went wrong, or someone didn't pay back a loan. Now, every time you think about investing or taking a financial risk, this fear stops you.

Ho'oponopono for Fear of Losing Money:

"I'm sorry, dear money, for being afraid of losing you."

"Please forgive me for holding onto this fear instead of trusting in abundance."

"Thank you, money, for all the times you've come back to me even after losses."

"I love you, money, and I trust in the natural flow of giving and receiving."

Do this healing specifically for any past money losses. If you lost money in trading, do Ho'oponopono for that experience. If someone didn't pay you back, do Ho'oponopono for that person and situation.

Fear of Not Having Enough:

This scarcity fear makes you hold onto money too tightly, prevents you from investing in yourself or your business, and keeps you stuck in survival mode instead of abundance mode.

Ho'oponopono for Scarcity Fear:

"I'm sorry for believing in lack and limitation."

"Please forgive me for not trusting in the universe's abundant supply."

"Thank you for showing me that abundance is my natural state."

"I love this abundant universe that always provides for my needs."

Fear of Asking for Money:

How many of you struggle to ask for a raise, increase your prices, or request payment for your services? This fear comes from deep unworthiness issues and can severely limit your income.

Ho'oponopono for Fear of Asking:

"I'm sorry for believing I don't deserve to be well compensated."

"Please forgive me for undervaluing my worth and contribution."

"Thank you for helping me recognize my true value."

"I love myself enough to ask for what I deserve."

Breakthrough Story: A freelance consultant shared, "Mitesh, I was charging ₹10,000 for projects that should have been ₹50,000 because I was afraid to ask for more. After clearing this fear with Ho'oponopono for three weeks, I confidently raised my rates and clients happily paid the new prices!"

Guilt About Having Money:

Many people feel guilty about wanting money or having more than others. This guilt creates a vibration that pushes abundance away. You might think, "Good people shouldn't care about money" or "It's selfish to want wealth when others are suffering."

Ho'oponopono for Money Guilt:

"I'm sorry for judging money and wealth as spiritual."

"Please forgive me for believing that having money makes me greedy or bad."

"Thank you for showing me that money is a tool for good when used with love."

"I love money and the positive impact I can make when I'm financially abundant."

Fear of Financial Responsibility:

Some people unconsciously fear having money because it comes with responsibility - managing it, investing it, making decisions about it. This fear of responsibility can sabotage financial success.

Ho'oponopono for Fear of Responsibility:

"I'm sorry for fearing the responsibility that comes with wealth."

"Please forgive me for believing I'm not capable of managing money wisely."

"Thank you for giving me the wisdom and guidance I need to handle abundance."

"I love learning and growing into the person who can manage great wealth."

Clear Your Specific Money Fears

Identify your biggest money fear from the list above (or write your own): My biggest money fear is:

_____ **Now do intensive**

Ho'oponopono for this fear. Repeat each phrase 11 times:

"I'm sorry for holding onto this fear about money."

"Please forgive me for letting this fear limit my abundance."

"Thank you for helping me release this fear completely."

"I love myself enough to let go of this fear and embrace abundance."

After completing this exercise, how do you feel about that fear?

Rate it from 1-10 (10 being very intense):

Before Ho'oponopono: _____

After Ho'oponopono: _____

Now let me share with you a powerful technique for clearing money blocks related to specific people or situations. If someone owes you money, if you had a bad business partnership, or if you lost money through someone else's actions, you need to clear that specific energy.

Here's how to do it:

Step 1: Visualize the person or situation

Step 2: Feel any negative emotions that come up

Step 3: Direct Ho'oponopono to that specific person or situation

Step 4: Continue until you feel neutral or positive about it

For example, if someone didn't pay back ₹50,000 they owe you:

"I'm sorry, [person's name], for any negative energy between us around this money."

"Please forgive me for holding onto anger and resentment about this debt."

"Thank you for the lessons this experience has taught me."

"I love and release you, and I trust that money will return to me in perfect timing."

Trust me, when you clear these specific blocks, something magical happens. Either that person actually pays you back, or equivalent money comes to you from another source. I've seen this happen countless times.

Remember, the cost of feeling fear is much more than the cost of that wrong decision itself. When you heal these fears and blocks, you open yourself to opportunities and abundance that are far greater than any money you might have lost in the past.

Chapter 7

Healing Your Relationship with Money

INDU and MITESH
KHATRI

Now let's talk about something that's going to completely transform how you experience money in your life. Most people have a very dysfunctional relationship with money - they fear it, they resent it, they feel guilty about it, or they see it as the root of all evil. But what if I told you that you could have a loving, joyful, supportive relationship with money?

Think about it this way - if money were a person, what kind of relationship would you have with them based on how you think and feel about money? Would they want to spend time with you? Would they feel appreciated and valued? Or would they feel judged, feared, and unwanted?

When you heal your relationship with money using Ho'oponopono, something beautiful happens. Money becomes your friend, your ally, your supportive partner in creating the life you desire. And when money feels loved and appreciated, it naturally wants to come to you more often and in greater amounts.

Let me share with you how to completely transform your relationship with money, step by step.

Step 1: Acknowledge Your Current Relationship:

First, let's be honest about how you currently relate to money. Do you stress about it? Do you avoid looking at your bank account? Do you feel guilty when you spend it? Do you resent wealthy people? All of these attitudes create negative energy that pushes money away.

Take a moment right now to think about your relationship with money. If money were sitting across from you at a coffee shop, what would you say to each other? Would the conversation be comfortable and friendly, or tense and awkward?

Assess Your Money Relationship

Answer these questions honestly:

1. How do you feel when you think about money?

2. What do you usually say or think when you spend money?

3. How do you feel about wealthy people? _____

4. What emotions come up when you check your bank balance?

5. Do you feel guilty about wanting more money? Why?

These answers show you where healing is needed.

Step 2: Apologize for Past Mistreatment:

Now we're going to use Ho'oponopono to heal your relationship with money. Start by apologizing to money for all the ways you might have mistreated it energetically.

Comprehensive Money Apology:

"I'm sorry, dear money, for being afraid of you."

"I'm sorry for resenting you and thinking you're evil or corrupting."

"I'm sorry for not appreciating all the ways you've supported my life."

"I'm sorry for spending you carelessly without gratitude."

"I'm sorry for hoarding you out of fear instead of trusting in flow."

"I'm sorry for judging wealthy people and creating resistance to abundance."

"I'm sorry for believing I don't deserve you or that wanting you makes me greedy."

Feel each apology genuinely. You're clearing years or even decades of negative programming about money.

Step 3: Ask for Forgiveness:

Now ask money to forgive you for these past attitudes and behaviors: Forgiveness Request:

"Please forgive me, dear money, for all the negative energy I've directed toward you."

"Please forgive me for not recognizing your true nature as a force for good."

"Please forgive me for pushing you away when you tried to come to me."

"Please forgive me for not being a good steward of the money you've entrusted to me."

"Please forgive me for believing lies about you instead of experiencing your true essence."

Beautiful Transformation: A woman shared, "Mitesh, I used to feel guilty every time I bought something nice for myself. After healing my relationship with money, shopping became a joyful experience. I felt like money was happy to support me in enjoying life, and somehow I started attracting more money for both needs and wants!"

"Please forgive me for believing lies about you instead of experiencing your true essence."

Step 4: Express Gratitude:

Now let's flood money with appreciation and gratitude:

Money Gratitude:

"Thank you, dear money, for paying for my food, shelter, and clothing."

"Thank you for making it possible for me to care for my family."

"Thank you for funding my education and personal growth."

"Thank you for supporting my dreams and goals."

"Thank you for the freedom and choices you provide in my life."

"Thank you for being a tool that allows me to help others."

"Thank you for making experiences and adventures possible."

"Thank you for always being there when I truly needed you."

Really feel the gratitude as you say these words. Think of specific ways money has supported you.

Step 5: Express Love and Appreciation:

Finally, express genuine love for money:

Love Declaration:

"I love you, dear money, and I appreciate your energy."

"I love how you make positive impact possible in the world."

"I love your ability to create security and peace of mind."

"I love how you connect people and facilitate exchange of value."

"I love your potential to fund solutions to world problems."

"I love you, and I welcome you to flow abundantly in my life."

"I love being a responsible, joyful steward of abundance."

Creating a Daily Money Relationship Practice

To maintain this healed relationship with money, create a daily practice:

Morning Money Greeting:

When you wake up, mentally greet money like a dear friend: "Good morning, money! Thank you for another day of abundance. I'm excited to see how you'll support me today."

Spending Gratitude: Every time you spend money, say: "Thank you, money, for making this possible. I appreciate you flowing through me to create value."

Evening Money Appreciation: Before bed, appreciate money for the day: "Thank you, money, for all the ways you supported me today. I love and appreciate you."

Create Your Personal Money Relationship Healing

Write a personal letter to money, including all four Ho'oponopono elements:

Dear Money,

I'm sorry for: _____

Please forgive me for: _____

Thank you for: _____

I love you because: _____

Now read this letter out loud with genuine emotion. How does it feel to relate to money this way?

Trust me, when you truly heal your relationship with money, everything changes. You'll find that financial stress decreases, money-making opportunities appear more easily, and you feel more confident and empowered in all your financial decisions.

Money will no longer be your enemy or your master - it will be your partner in creating a beautiful, abundant life. And that partnership will attract more abundance than you ever thought possible.

Chapter 8

The 108 Times Method: Raising Your Money Frequency

Now I'm going to teach you the most powerful Ho'oponopono technique for rapidly transforming your money frequency. This is the 108 Times Method, and let me tell you, when you practice this consistently, you'll start attracting magic money in your life.

But first, let me explain what I mean by "money frequency." Everything in the universe vibrates at different frequencies, and money is no exception. When you have negative emotions, limiting beliefs, or blocks around money, you vibrate at a low money frequency that repels abundance. When you clear these blocks and align with gratitude, love, and appreciation, you vibrate at a high money frequency that attracts wealth like a powerful magnet.

The 108 Times Method is designed to completely shift your vibrational frequency around money. The number 108 is considered sacred in many spiritual traditions because it represents wholeness and completion. When you chant Ho'oponopono 108 times, you're creating a complete energetic shift in your relationship with money.

Why 108 Times?

You might be wondering, "Mitesh, why exactly 108 times? Why not 50 or 100?" Let me explain the significance of this number:

In spiritual practices, 108 is considered the number of completion. There are 108 energy lines converging to form the heart chakra, and 108 marma points (vital points) in the body. When you repeat something 108 times, you're working with the natural energy system of your body and the universe.

More practically, 108 repetitions take you beyond the level of mental resistance. The first 20-30 repetitions might feel mechanical, but as you continue, you drop into a deeper level of consciousness where real transformation happens.

The Complete 108 Times Method

Here's exactly how to practice this powerful technique: **The Four Ho'oponopono Phrases for Money (repeat 108 times):**

1. "I'm sorry, money, for not taking care of you properly."
2. "Please forgive me, money, for being afraid of you and not appreciating you."
3. "Thank you, money, for being there for me and taking care of me."

4. "I love you, money, and I welcome you into my life abundantly."

How to Count: Use a mala (prayer beads with 108 beads) if you have one, or simply count on your fingers. You can also use a counter app on your phone. The important thing is to complete all 108 rounds.

When to Practice: The most powerful times are early morning (before 7 AM) and evening (after sunset). Your mind is most receptive during these times.

Incredible Results: A businessman told me, "Mitesh, I was skeptical about chanting 108 times, but I committed to doing it for 21 days. By day 10, I received an unexpected check for ₹2 lakhs from an old client I had forgotten about. By day 21, three new business opportunities had appeared!"

4. "I love you, money, and I welcome you into my life abundantly."

How to Count: Use a mala (prayer beads with 108 beads) if you have one, or simply count on your fingers. You can also use a counter app on your phone. The important thing is to complete all 108 rounds.

When to Practice: The most powerful times are early morning (before 7 AM) and evening (after sunset). Your mind is most receptive during these times.

The 11 Times Daily Challenge

For even faster results, I recommend the 11 Times Daily Challenge. This means you do the 108 repetitions 11 times throughout the day. Yes, that's 1,188 repetitions total, but trust me, the results are absolutely magical.

Here's how to structure it:

- Morning: 3 sessions (324 repetitions)
- Afternoon: 4 sessions (432 repetitions)
- Evening: 4 sessions (432 repetitions)

You don't have to do them all at once. You can spread them throughout the day. The key is consistency and completing all 11 sessions.

Your 108 Times Practice Session

Let's do one complete session right now: Find a quiet place, sit comfortably, and get your counting method ready. Set your intention:

"I am raising my money frequency to attract abundant wealth."

Now repeat these four phrases as one complete round, 108 times:

"I'm sorry, money, for not taking care of you properly."

"Please forgive me, money, for being afraid of you and not appreciating you."

"Thank you, money, for being there for me and taking care of me."

"I love you, money, for always supporting me and flowing into my life with abundance."

Chapter 9

Career Growth & Promotions Through Healing

How many of you feel stuck in your current position? You work hard, you deliver results, but somehow that promotion keeps going to someone else. You start to wonder, "What's wrong with me? Why can't I seem to advance in my career?"

Let me tell you something that might surprise you: your career growth has less to do with your work performance and more to do with your inner energy and how others perceive and respond to you. When you clear the blocks that prevent others from seeing your leadership potential, career advancement becomes natural and effortless.

Clearing Workplace Energy Blocks

The workplace is a complex energy field. Every person brings their own blocks, fears, and limiting beliefs. When you're trying to advance your career while carrying your own blocks about success, leadership, or worthiness, you create invisible barriers that prevent recognition and promotion.

The Most Common Career Blocks:

- Imposter Syndrome: "I don't really deserve this promotion"
- Fear of Responsibility: "What if I fail in a leadership role?"
- Conflict Avoidance: "I don't want people to think I'm too ambitious"
- Comparison Trap: "My colleague is more qualified than me"
- Past Rejection Programming: "I was passed over before, it'll happen again"

Healing Difficult Boss and Colleague Relationships

Here's a truth that might be hard to hear: difficult people in your workplace are often mirrors reflecting your own unhealed energy. When you heal your relationship with authority, competition, and workplace dynamics, these difficult relationships either transform or these people naturally move out of your professional life.

The Difficult Boss Healing Practice:

Think of your most challenging workplace relationship. Now practice Ho'oponopono specifically for this person:

"I'm sorry for any energy within me that created this difficult dynamic with [person's name].

Please forgive me for any judgments, resentments, or expectations I hold toward them.

Thank you for being my teacher and showing me where I need to heal and grow.

I love you and send you peace, understanding, and professional success."

Repeat this daily for 21 days and watch how the relationship transforms. Either they'll become more supportive, or circumstances will naturally create positive changes in your work environment.

Building Leadership Energy Through Ho'oponopono

True leadership isn't about power over others - it's about power with others. It's about clearing your own blocks so completely that people naturally want to follow your vision and energy. When you practice Ho'oponopono consistently, you develop what I call "authentic leadership presence."

The Leadership Energy Practice:

1. Morning Leadership Clearing: "I'm sorry for any fears about leading others. Please forgive my doubts about my leadership abilities. Thank you for trusting me with greater responsibility. I love serving others through my leadership."
2. Team Meeting Energy: Before any meeting, silently practice Ho'oponopono for yourself, the meeting purpose, and each team member present.
3. Decision-Making Clarity: When facing difficult decisions, use Ho'oponopono to clear emotional charge and access your inner wisdom.

The Promotion Manifestation Method

I want to share with you the exact method that has helped hundreds of my students receive promotions, often beyond what they thought was possible.

The 3-Party Promotion Practice:

Party 1 (You): Clear all blocks about deserving advancement, fear of increased responsibility, and imposter syndrome.

Party 2 (The Position): Connect with the energy of your desired role, seeing yourself already serving successfully in that capacity.

Party 3 (Decision Makers): Send love and appreciation to your boss, HR department, and anyone involved in promotion decisions.

Practice this 3-party healing twice daily for 30 days, and prepare to be amazed by the opportunities that emerge.

Overcoming Imposter Syndrome

Imposter syndrome is one of the biggest blocks to career advancement. It's that voice that says, "Who am I to be in this position?" or "They're going to find out I don't really know what I'm doing." This internal dialogue creates energy that others can sense, even if they can't articulate it.

Ho'oponopono is particularly powerful for healing imposter syndrome because it helps you take responsibility for your success rather than seeing it as luck or accident.

"I'm sorry for doubting my qualifications and worthiness. Please forgive me for minimizing my achievements and contributions. Thank you for all the knowledge, skills, and experience I've gained. I love and appreciate my unique value and perspective."

Recognition and Appreciation Techniques

Sometimes the block isn't about promotion - it's about basic recognition for your contributions. When your good work goes unnoticed, it usually indicates an energy block around visibility and appreciation.

The Visibility Practice: Every morning, practice Ho'oponopono for being seen and appreciated. "I'm sorry for any energy that makes me invisible at work. Please forgive my fear of being too visible or successful. Thank you for recognizing and appreciating my contributions. I love sharing my gifts openly and confidently."

Performance Review Confidence Building

Performance reviews can trigger deep blocks about judgment, criticism, and self-worth. Transform these challenging conversations into opportunities for growth and recognition.

Before your next performance review, spend a week doing Ho'oponopono for yourself, the review process, and your supervisor. Walk into that meeting with clear, confident energy about your value and contributions.

I want you to try something right now. Think about your current career goals - whether it's a promotion, recognition, or better relationships at work. Choose one specific goal and commit to practicing the 3-Party Ho'oponopono method for it every day for the next 30 days.

Trust me when I tell you that consistent practice will create shifts not just in your energy, but in how others perceive and respond to you. Your career breakthrough is waiting for you to clear the blocks that have been holding it back.

Chapter 10

Business Success & Client Attraction

INDU and MITESH
KHATRI

How many business owners are listening to this? You've got a great product or service, you know you can help people, but somehow clients aren't flowing to you the way you expected. You find yourself struggling with marketing, feeling uncomfortable about selling, or constantly worried about money coming in.

Let me share something that will completely shift your perspective: your business success has very little to do with your marketing strategy and everything to do with your inner energy around serving others and receiving money in exchange for your value.

The 5% Webinar Conversion Miracle

I'll never forget this experience because it proved to me the incredible power of Ho'oponopono in business. I was conducting a live webinar with over 1,000 participants about the Law of Attraction. Usually, my conversion rate for webinars was around 1-2%, which is actually normal for this type of presentation.

But something was different about this particular webinar. Instead of just focusing on my content, I decided to practice Ho'oponopono silently with every person watching. While I was presenting, I was internally saying the four sacred phrases to each participant.

"I'm sorry for any energy that prevents me from serving you fully. Please forgive me for any blocks to providing value. Thank you for your time and attention. I love you and want the best for your life."

I could feel a shift in the energy of the entire call. People were more engaged, asking better questions, and there was this beautiful sense of connection. When the webinar ended and I made my offer, something magical happened.

The conversion rate was 5% - more than double my usual rate! But more importantly, the people who joined were so appreciative and engaged. Many said they felt "called" to work with me, that something about the webinar touched them deeply.

That's when I truly understood that business success isn't about convincing or persuading anyone. It's about clearing your energy so completely that the right people are naturally drawn to work with you.

Understanding Business Blocks

Most business struggles come from these common blocks that entrepreneurs carry:

The Top 7 Business Blocks:

1. Worthiness Around Charging: "I don't deserve to charge this much for my service"
2. Fear of Sales: "I hate selling - it feels pushy and manipulative"
3. Imposter Syndrome: "Who am I to be teaching or coaching others?"
4. Fear of Success: "What if I become too successful and it changes me?"
5. Scarcity Thinking: "There's too much competition in my field"
6. People-Pleasing: "I must help everyone, even if they can't pay"
7. Fear of Failure: "What if my business doesn't work and I lose everything?"

Now, be honest with yourself - which of these resonates with you? Remember, there's no judgment here. These blocks are actually very common, and the fact that you're recognizing them means you're ready to heal them.

The Client Attraction 3-Party Model

Here's the revolutionary approach that has transformed thousands of businesses: instead of trying to attract clients through marketing techniques, you attract them through energy alignment.

The Complete Client Attraction Practice:

Party 1 (You/Your Business):

"I'm sorry for any blocks within me that prevent ideal clients from finding me.

Please forgive me for any unworthiness, fear, or desperation around my business.

Thank you for my gifts, talents, and the value I provide to others.

I love my business and trust in its success and positive impact."

Party 2 (Your Service/Product):

"I'm sorry if I haven't fully appreciated the value you provide to people.

Please forgive me for any doubts about your worth or effectiveness.

Thank you for being the solution that my ideal clients are seeking.

I love you and trust in your power to transform lives."

Party 3 (Your Ideal Clients):

"I'm sorry for any energy that's preventing us from connecting.
Please forgive me for any desperation or attachment to outcomes.
Thank you for seeking the solution I provide and for trusting me to help.
I love you and am here to serve your highest good."

Marketing Breakthrough Techniques

When you approach marketing from a place of service rather than desperation, everything changes. Your content becomes more authentic, your messaging resonates deeper, and people feel drawn to work with you.

Before Creating Any Marketing Content:

- Do Ho'oponopono for yourself, your message, and your audience
- Ask: "How can I serve my audience's highest good through this content?"
- Release attachment to how many people respond or buy
- Focus on providing genuine value and connection

Healing Fear of Business Failure

Fear of failure is one of the biggest blocks to business success because it creates tentative, scared energy that clients can sense. When you heal this fear, you show up with confidence and clarity that attracts success.

"I'm sorry for any fear of failure within my business ventures. Please forgive me for doubting my ability to succeed and serve others. Thank you for all the learning and growth that comes from any experience. I love my journey and trust in my ultimate success."

Attracting Ideal Clients and Customers

The secret to attracting ideal clients isn't about finding them - it's about becoming the person they're looking for. When your energy is clear and aligned, ideal clients find you through what seems like miraculous circumstances.

The Ideal Client Manifestation Process:

- Write a detailed description of your ideal client
- Practice Ho'oponopono for this person daily

- Visualize serving them with joy and receiving fair compensation
- Release attachment and trust the universe to orchestrate the connection

Partnership and Collaboration Healing

Many business breakthroughs come through partnerships and collaborations. But fear, competition blocks, and trust issues can prevent these opportunities from manifesting.

For Attracting Business Partners: "I'm sorry for any blocks to finding perfect business partnerships. Please forgive me for any distrust or fear of collaboration. Thank you for the ideal partners who share my vision and values. I love creating win-win relationships that serve all involved."

Pricing and Value Confidence

One of the biggest challenges for business owners is pricing their services appropriately. Undercharging comes from unworthiness blocks, while overcharging without delivering value comes from ego blocks.

Ho'oponopono helps you find the sweet spot where your pricing reflects your true value and feels good to both you and your clients.

Pricing Confidence Practice:

Before setting or discussing your prices, practice:

"I'm sorry for any confusion about my worth and value.

Please forgive me for undercharging or overcharging in the past.

Thank you for helping me price my services fairly and appropriately.

I love creating value that justifies the investment my clients make."

Now I want you to choose one business goal - whether it's attracting more clients, increasing your prices, or launching a new service. Practice the 3-Party Ho'oponopono method for this goal every day for 30 days.

Promise me you'll approach your business not from a place of desperation or need, but from a place of service and love. When you make this shift, your business becomes a channel for healing and abundance, not just for your clients, but for you as well.

Chapter 11

Investments & Financial Growth

INDU and MITESH
KHATRI

Let me ask you something: how many of you have lost money in investments? How many have made financial decisions that you later regretted? How many are afraid to invest or grow your wealth because of past mistakes or fear of loss?

If you're nodding along, you're not alone. Most people have a complicated relationship with investments and wealth building because of past trauma, fear, or limiting beliefs about money growth. But what if I told you that Ho'oponopono could not only heal these blocks but actually help you make better financial decisions and attract profitable investments?

The Complete ₹3.5 Crores Recovery Methodology

Let me share with you one of the most remarkable success stories from my years of teaching Ho'oponopono. This story will show you exactly how powerful this practice can be for financial recovery and investment success.

A gentleman came to me who was in severe financial distress. Over the years, he had lent more than ₹3.5 crores to various people - friends, family members, business associates. Some loans were for business ventures, others for personal emergencies. But none of these people were returning his money.

He had tried everything: legal notices, personal appeals, even involving mutual friends. Nothing worked. Some people had disappeared entirely, others made excuses, and a few had become hostile when approached about repayment. He was facing bankruptcy and his family was under tremendous stress.

When he came to me, he was angry, resentful, and desperate. "Mitesh," he said, "I trusted these people and they betrayed me. How can Ho'oponopono help when they won't even take my calls?"

I taught him the exact methodology I'm about to share with you. For three months, he committed to an intensive Ho'oponopono practice, doing 11 sessions of 108 repetitions each day. That's 1,188 Ho'oponopono phrases daily, focused specifically on his financial recovery.

Here's what happened, and I want you to pay close attention because this will show you the power of complete energy transformation:

Month 1: His anger and resentment began to dissolve. He stopped feeling like a victim and started taking responsibility for his role in creating this situation. His energy shifted from desperation to trust.

Month 2: People started responding to him differently. A few made small payments they hadn't made in years. More importantly, new business opportunities began appearing - deals he hadn't expected.

Month 3: The breakthroughs began. One person called out of the blue to apologize and arranged a full repayment plan. Another person who had been avoiding him for two years suddenly appeared at his office with a substantial payment.

By the end of six months, he had recovered over ₹3.5 crores. But here's the most important part: his entire relationship with money had transformed. He learned to trust his intuition about investments, make decisions from clarity rather than fear, and create multiple streams of income.

Today, he's not just financially secure - he's wealthier than ever before. And it all started with healing his energy around money recovery through Ho'oponopono.

Clearing Investment Trauma and Fear

Most people's investment decisions are driven by either fear or greed, both of which are low-vibration emotions that attract loss rather than gain. Ho'oponopono helps you make investment decisions from a place of clarity, wisdom, and trust.

Common Investment Blocks:

- Loss Trauma: "I always lose money in investments"
- Analysis Paralysis: "I'm afraid to make the wrong decision"
- Greed Block: "I need to get rich quick"
- Trust Issues: "Everyone in finance is trying to cheat me"
- Timing Fears: "I always buy at the wrong time"

Investment Trauma Healing Practice:

Think of your worst investment loss or financial mistake. Now practice Ho'oponopono for that experience:

"I'm sorry for any energy within me that created this financial loss. Please forgive me for making decisions from fear, greed, or desperation. Thank you for the lessons this experience taught me about money and investing.

I love you, past experience, and release you with gratitude for the wisdom gained."

Repeat this daily until you can think of that loss without emotional charge. Only then are you ready to make clear investment decisions.

Stock Market Confidence Building

The stock market triggers deep fears in most people because it represents uncertainty and potential loss. But when you approach market investing with a cleared, confident energy, you make better decisions and attract better outcomes.

Before Making Any Investment:

1. Practice Ho'oponopono for yourself, the investment opportunity, and the companies/funds involved
2. Ask your intuition: "Does this investment align with my highest good?"
3. Invest only money you can afford to lose without emotional distress
4. Send love and appreciation to your investments regularly

Smart Money Decision Making

Ho'oponopono enhances your intuitive wisdom about money. When your energy is clear, you naturally make better financial decisions because you're not clouded by fear, greed, or past programming.

"I'm sorry for any confusion or fear around financial decisions. Please forgive me for not trusting my inner wisdom about money. Thank you for guiding me to make wise, profitable choices. I love my ability to create and grow wealth responsibly."

Wealth Building Consciousness

Building long-term wealth requires a specific consciousness - one that sees money as energy that flows and grows when treated with respect and wisdom. Most people have a poverty consciousness that sabotages wealth accumulation.

The Wealth Builder's Daily Practice:

- Morning: "Thank you, money, for growing and multiplying in my life today"
- Before Spending: "I love you, money, and choose to circulate you wisely"
- Before Investing: "I trust you, money, to find profitable opportunities through me"
- Evening: "I appreciate all the money that flowed through my life today"

Recovery from Financial Betrayal

Being cheated or betrayed financially creates deep wounds that can block future prosperity. The ₹3.5 crores recovery story shows how Ho'oponopono can heal these wounds and even lead to recovery of lost money.

Betrayal Healing Process:

1. Practice Ho'oponopono for the person who betrayed you (this is for your healing, not theirs)
2. Take responsibility for any energy within you that attracted this experience
3. Forgive yourself for trusting unwisely or ignoring red flags
4. Send love to the money that was lost, releasing it to return if it's meant to
5. Open your energy to new opportunities and income streams

Investment Opportunity Recognition

When your energy is clear, you naturally attract and recognize profitable investment opportunities. You develop what I call "abundance radar" - the ability to spot good deals and avoid bad ones.

Opportunity Attraction Practice: "I'm sorry for missing profitable opportunities in the past. Please forgive me for not recognizing the abundance around me. Thank you for bringing perfect investment opportunities to my attention. I love being guided to wise and profitable decisions."

Building Long-term Wealth Mindset

True wealth isn't built overnight - it's created through consistent, wise decisions made from a clear, abundant consciousness. Ho'oponopono helps you develop this consciousness by clearing the blocks that cause poor financial decisions.

Your Investment Recovery Challenge:

I want you to choose one financial goal - whether it's recovering money owed to you, making a wise investment, or building long-term wealth. For the next 30 days, practice the complete Ho'oponopono method for this goal:

1. Morning practice: 108 repetitions of the four phrases for your financial goal
2. Decision support: Use Ho'oponopono before any money-related decision
3. Evening gratitude: Thank money for all the ways it supported you that day
4. Weekly review: Notice and celebrate any positive shifts or opportunities

Trust me when I tell you that money responds to love and appreciation just like people do. When you heal your relationship with investments and wealth building, you open the door to financial abundance beyond what you thought possible.

Chapter 12

Clearing Past Financial Trauma and Guilt

How many of you carry guilt or shame about money? Maybe you made financial mistakes in the past. Maybe you came from a family that struggled with money. Let me tell you something important: these old wounds are like chains binding your financial potential. But Ho'oponopono has the power to heal even the deepest financial wounds.

Healing Childhood Money Wounds

Most money blocks formed in childhood when we absorbed our family's beliefs about money. Common wounds include hearing "We can't afford that," witnessing money fights, or learning "good people don't care about money."

Childhood Money Healing Practice:

Think of your earliest money-related memory. Now speak to your younger self:

"Dear little [your name], I'm sorry you experienced fear about money. Please forgive me for carrying these wounds into my adult life. Thank you for surviving and learning from these experiences. I love you and promise to create the financial security you always wanted."

Then speak to your parents:

"I'm sorry for any judgment about how you handled money. Please forgive me for any resentment about our family's financial situation. Thank you for doing your best with what you knew at the time. I love you and release us both from these old money patterns."

Breaking Generational Patterns

Money patterns pass down through generations. You can be the one who breaks these cycles through Ho'oponopono

"I'm sorry for any generational patterns of financial struggle in my family line. Please forgive me for unconsciously perpetuating these patterns. Thank you for the opportunity to heal our family's relationship with money. I love my ancestors and choose to create a new legacy of abundance."

Recovery from Financial Betrayal

Financial betrayal creates wounds that block trust and new opportunities. I worked with a woman devastated by her ex-husband's hidden debts. Through Ho'oponopono, she healed and built a successful consulting business.

Betrayal Healing Process:

1. "I'm sorry this betrayal happened and for the pain it caused"
2. "Please forgive me for any energy that attracted this experience"
3. "Thank you for the wisdom and strength I gained from this challenge"
4. "I love myself enough to heal and trust again"

Clearing Success Guilt

Many people sabotage success due to guilt about having more than others. This "survivor guilt" blocks abundance. When you heal success guilt, you free yourself to help others through your prosperity.

Success Guilt Clearing:

"I'm sorry for feeling guilty about my success and abundance.
Please forgive me for believing my prosperity takes away from others.
Thank you for showing me that my success can inspire and help others.
I love my ability to create abundance and share it generously."

Forgiving Past Money Mistakes

We all make financial mistakes. Ho'oponopono helps you take responsibility without carrying shame:

- "I'm sorry for making this financial decision from fear/greed/ignorance"
- "Please forgive me for not honoring money and making wise choices"
- "Thank you for the lessons this mistake taught me"
- "I love myself and trust my ability to make better decisions now"

Remember, healing financial trauma releases the emotional charge so past experiences no longer control your present choices. You have the power to break free from any financial pattern. Your abundant future awaits!

☀️ Ready to Master Advanced Ho'oponopono for Unlimited Abundance? ☀️

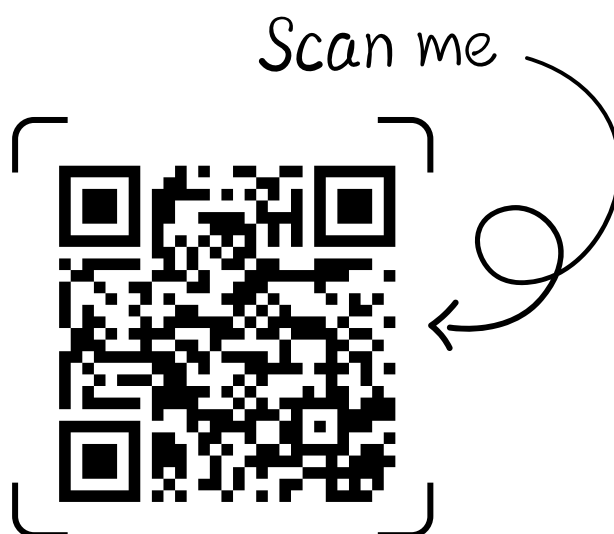
Ho'Oponopono - What it is, How it Works, Where to Use & more...

Are you feeling stuck in your life? Do you find yourself struggling with negative thoughts, emotions, or situations that seem impossible to overcome? If so, you're not alone.

Many people face these challenges, but the good news is that there is a way to release these negative energies and experience true inner peace and healing.

- **Difference Between Basic & Advance Ho'Oponopono**
- **Deep Experience of Ho'Oponopono Healing**
- **Complete Roadmap - To become Ho'Oponopono Healer**

Join the Ho'Oponopono Healer Journey Now





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