



11 DAYS

ABUNDANCE CHALLENGE

by Indu & Mitesh Khatri



From
Best Selling
Author of
**The Law of
Attraction**
Book

Meet Your Law of Attraction Coaches



Mitesh Khatri and Indu Khatri are India's most sought-after Law of Attraction trainers, dedicated to helping people manifest their dream life. With 20+ years in the training industry, they have impacted over 1 million lives across 20+ countries and worked with 300+ multinational organizations.

Their books, *The Law of Attraction* and *Awaken The Leader in You*, are national best-sellers, inspiring thousands to unlock their full potential. Their thriving community of 400,000+ students continues to grow, learning and applying their powerful manifestation techniques in all areas of life.

Through their high-impact courses including Advanced Law of Attraction, Wealth Mastery, Relationship Mastery, Health Mastery, NLP, and Ho'oponopono Healer Certification they help individuals create breakthroughs in wealth, health, relationships, and personal success.

Our Mission: Law of Attraction in every household of India – empowering people to create the life they desire and deserve.

DAY 1: THE WISH LIST OF WEALTH

WISHLIST

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Today, you're going to allow yourself to dream freely. Take a notebook and start listing everything you wish to buy, experience, or manifest using Abundance. Don't worry about how, when, or whether it's even possible. Just write whatever your heart desires. This is not about goal setting — this is pure dreaming. Let go of limitations and start creating your Wealth Wish List. Keep adding to it throughout the day and tomorrow as thoughts come up.

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our Wish List

our Wish List

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MIRACLE LOG

Write any small signs or synchronicities you noticed today.

MIRACLE LOG

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MIRACLE LOG

Write any small signs or synchronicities you noticed today.

DAY 2: ABUNDANCE FREQUENCY CHECK



Your Feelings, Thoughts and Beliefs around Abundance form your Abundance frequency. Today's challenge is to become aware of that frequency. The next page on the left, list all the positive things you believe, feel, or think about Abundance. On the right, list the negatives. Keep adding to this list throughout the next two days. This exercise helps you become conscious of the programming you're operating from — and awareness is the first step to transformation.

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REFLECTION

**List all the Positive things
you believe,
feel or think about
Abundance**

**List all the Negative things
you believe,
feel or think about
Abundance**



REFLECTION

What negative patterns did you discover?

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REFLECTION

Did any thoughts surprise you?

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MIRACLE LOG

Did any situation reflect your Abundance frequency today?

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DAY 3: HEAL ABUNDANCE BLOCKS WITH HO'OPONOPONO



Now that you've identified your Abundance blocks, today we begin healing them. You will use the Ho'oponopono prayer — a powerful Hawaiian technique — to clear negative energy. Chant the following 108 times:

"I'm sorry Abundance.

Please forgive me Abundance.

Thank you Abundance.

I love you Abundance."



Do this 11 times over the next two days using a mala or any counting method. You're sending healing, love, and forgiveness to your relationship with Abundance.

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REFLECTION

How did you feel while chanting?

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MIRACLE LOG

Share any unexpected Abundance surprises or emotional shifts.

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DAY 4: COUNT YOUR FREE BLESSINGS



Today's challenge is to count your blessings — especially the ones that came to you for free. Write down 108 things you have received in life without paying for them. This could be air, love, nature, a friend's support, Google Maps, even a smile. You'll be amazed by how much the Universe has already gifted you. This practice shifts your energy from scarcity to abundance by helping you realize how truly rich you already are.

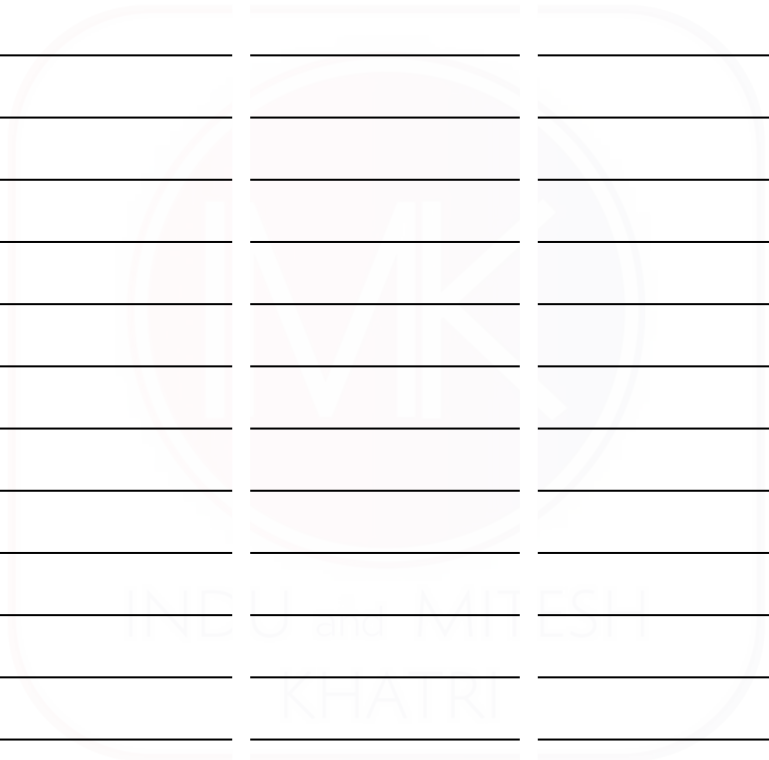
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REFLECTION

Count 108 Free Blessings in Your Life?

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MIRACLE LOG

Any emotional shift or signs from the universe?

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DAY 5: ABUNDANCE THROUGH WHAT YOU BOUGHT



In contrast to yesterday's free blessings, today you'll make a list of 108 things you've purchased with Abundance. This could be anything from your phone, books, clothes, to the house you live in. The aim is to reinforce the mindset of 'I have' instead of 'I want.' When you recognize how much you've already manifested, you align with gratitude and abundance — and abundance grows where it is appreciated.

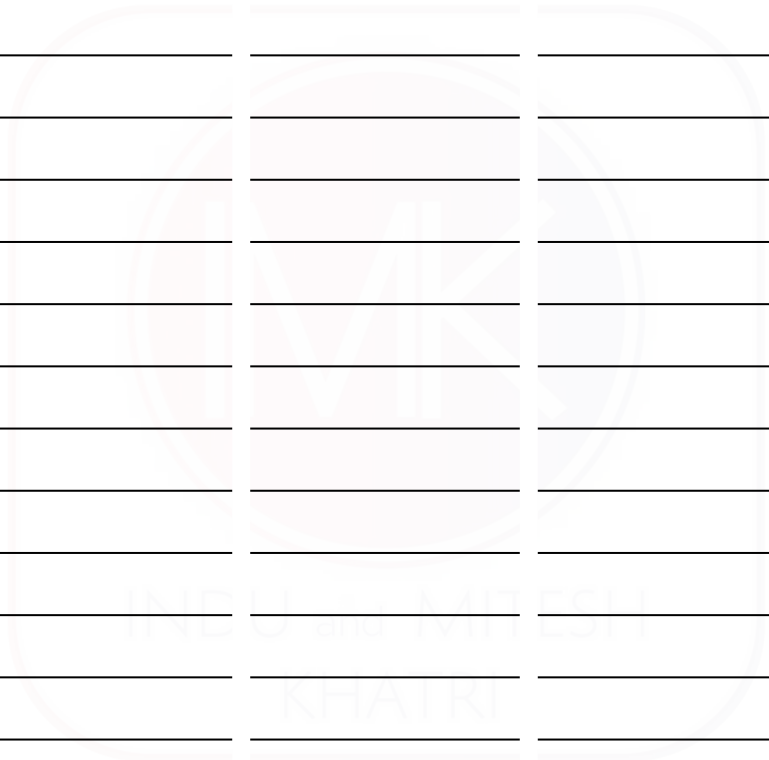
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REFLECTION

List 108 Things You've Bought with Abundance?

This image shows a blank sheet of white paper with horizontal blue or grey ruling lines. In the center, there is a large, faint watermark. The watermark consists of a circular emblem containing a stylized letter 'K'. Below the emblem, the words "THE KATHI" are written in a serif font, and further down, the word "KHATRI" is written in a larger, bold serif font. The entire watermark is semi-transparent.



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MIRACLE LOG

Any moments of unexpected gratitude or realization?

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DAY 6: SAY SORRY TO ABUNDANCE



This might be one of the most powerful exercises. Think of Abundance as a person, and write 108 reasons to say sorry to it. Perhaps you've wasted it, feared it, disrespected it, or ignored it. Reflect deeply on your past actions, thoughts, or words that may have sent negative energy toward Abundance. By apologizing sincerely, you begin to rebuild a healthy, respectful relationship with wealth.

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REFLECTION

108 Reasons to Apologize to Abundance

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REFLECTION

108 Reasons to Apologize to Abundance

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REFLECTION

108 Reasons to Apologize to Abundance

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REFLECTION

How did your relationship with Abundance shift?

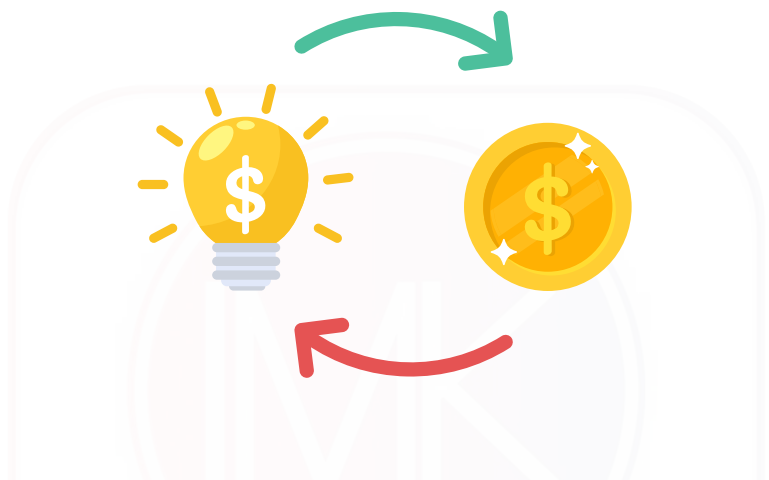
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MIRACLE LOG

Any signs of emotional healing or Abundance flow today?

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DAY 7: MAKING ABUNDANCE IS EASY



Your subconscious beliefs run the show, and many of us are programmed to believe Abundance is hard to earn. Today, we flip that script. Write the sentence 'Making Abundance is very easy for me' 108 times. As you write, smile, relax, and feel the ease in your body. You're rewiring years of limiting beliefs and replacing them with ease, flow, and joyful expectation around Abundance.

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REFLECTION

Write the sentence 'Making Abundance
is very easy for me' 108 times.

[illegible][illegible]

REFLECTION

How did this affirmation feel in your body?

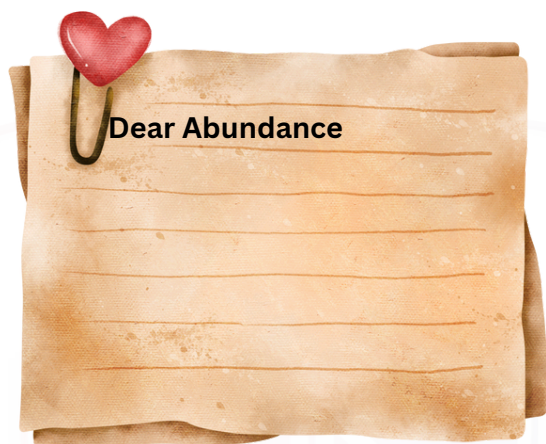
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A notebook page with a light cream background and horizontal ruling lines. At the top, the title "MIRACLE LOG" is written in a large, bold, black serif font. Below the title, the question "Did anything Abundance-related happen easily today?" is written in a bold, black serif font. A large, faint, circular watermark is centered on the page. The watermark contains a stylized illustration of a person with arms raised in a 'V' shape, set against a background of a sun or moon with rays. Below the illustration, the text "INDU and MITESH KHATRI" is written in a light, sans-serif font.

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DAY 8: WRITE A LOVE LETTER TO ABUNDANCE



Imagine Abundance as your best friend or soulmate. Today, write a full-blown love letter to Abundance. Thank it for always showing up, even when you didn't value it. Apologize where needed. Express love, joy, gratitude, and the dreams you wish to fulfill together. When you treat Abundance with affection and respect, it feels safe to come into your life and stay.

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REFLECTION

Write a Love Letter to Abundance Today

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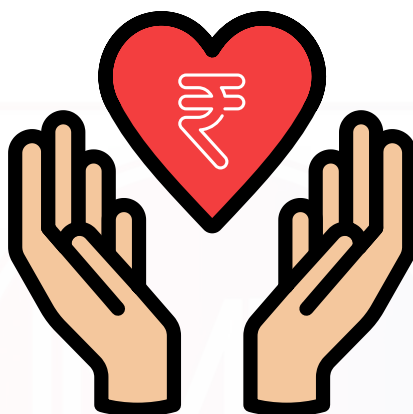
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MIRACLE LOG

Any changes in how Abundance shows up for you?

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DAY 9: BE A BLESSING OF ABUNDANCE



You've been receiving so much from this universe — now it's time to give. Today's challenge is to be a blessing of Abundance for someone else. Gift something — Abundance, food, a resource — without expecting anything in return. Even a small act can generate a big vibrational shift. Giving with love opens your receiving channel wider than ever before.

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MIRACLE LOG

Did any unexpected blessings return to you?

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DAY 10: ABUNDANCE BELIEF CHECK-IN



Ten days ago, you wrote your current Feelings, Thoughts and Beliefs about Abundance. Today, without looking at that list, write them again — honestly and freshly. Then compare both lists. You'll be stunned at how much transformation has already taken place. This will give you confidence that you're on the right path and help you lock in your new, abundant identity.

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REFLECTION

Without looking at your original list from ten days ago, write down your current beliefs about Abundance. Then, compare both lists and reflect.

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REFLECTION

How have your Abundance beliefs transformed in 10 days?

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MIRACLE LOG

Compare both lists and note the shift.

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DAY 11: SET ABUNDANCE GOALS, AFFIRMATIONS & VISION BOARD



Today is the day to declare your future. Look at your original wish list from Day 1. Now, pick the dreams you're ready to turn into goals. Write them as SMART goals — Specific, Measurable, Achievable, Realistic, Time-bound. Then write affirmations for each goal and create a vision board using magazine cut-outs or digital tools. This is your new Abundance blueprint.

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REFLECTION

Write Your Goals.

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REFLECTION

Write Your Affirmations.

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REFLECTION

How clear are your goals now?

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MIRACLE LOG

Describe how your Abundance energy feels today.

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READY FOR A DEEPER TRANSFORMATION?

You've just completed 11 powerful days of inner work — dreaming big, healing Abundance blocks, shifting your mindset, and raising your vibration.

But what if this is just the beginning?

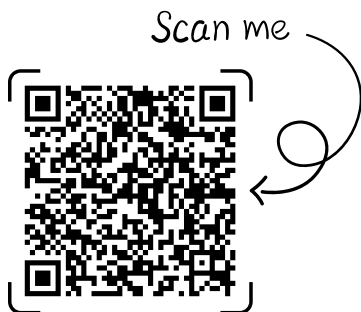
Imagine having consistent guidance, high-vibration community support, deeper live sessions, and exclusive tools designed to supercharge your transformation — every single month.

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