



### **Guided Self-Reflection of Sexuality Values, Beliefs, Attitudes, and Bias**

#### **Learning Objectives:**

- Identify three personal sexuality beliefs which could influence the therapeutic relationship with their occupational therapy clients
- Identify three commonly held beliefs or values for different cultures related to sexuality
- Report an increase in comfort with addressing sexual activity and intimate social participation with their clients

#### **Instructor:**

- Kathryn Ellis, OTR/L, OTD

#### **Contact Hours:**

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#### **Target Audience:**

- Occupational therapy students, professors, occupational therapists, occupational therapy assistants

**Education Level:**

- Introductory and intermediate

**Certificate of completion:**

- Participants **MUST** be present for the entire 1 hour event **AND** complete (1) the customer service survey in order to receive a certificate of completion.

**AOTA Classification Codes:**

- 1 – Domain of OT
- 2 – Occupational Therapy Process

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**Please contact Kathryn at [kathrynellis@sexintimacyOT.com](mailto:kathrynellis@sexintimacyOT.com) with special needs or learning requests prior to purchasing.**

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## OT and LGBTQIA+ Inclusive Practice

### Learning objectives:

- *Articulate understanding of terminology related to sexual orientation and gender*
- *Develop 1 strategy for adopting cultural humility as **part of your own practice** in order to better serve LGBTQ individuals*
- *Explain 4 inclusive practices applicable **to your own practice** which positively influence health factors of LGBTQ people using the sexuality identity affirmative care model*
- *List 3 Action Items you could **adopt or translate into your clinical or educational practice** to better serve LGBTQ folx*

### Instructors:

- Wade Robinson, OTD
- Kathryn Ellis, OTR/L, OTD

### Contact Hours:



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### Target Audience:

- Occupational therapy students, professors, occupational therapists, occupational therapy assistants

### Education Level:

- Introductory

**Certificate of completion:**

- Participants MUST complete (1) pre-course assessment of knowledge, (2) the course and quizzes, (3) the post-course assessment of learning, and (4) customer service survey in order to receive a certificate of completion.
- Quizzes are for reflective learning and do not need to be answered correctly to move on.
- The post-course assessment of learning MUST be completed at 80% or above competency in order to advance to the final step – the customer service survey.

**Script is available to support multimodal learning.**

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## Sexuality & Intimacy Throughout Lifespan

### **Learning objectives:**

1. Report an increase comfort with addressing sexual activity and intimacy social participation with their clients
2. Identify specific client factors and performance skills which affect sexual activity and intimate social participation throughout lifespan
3. Utilize specific intervention strategies for clients in their domain of practice for sex and intimacy interventions
4. Translate information from the course into practice at their facility focusing on advocacy, education, and intervention for sex and intimacy occupations

### **Instructor:**

- Kathryn Ellis, OTR/L, OTD

### **Contact Hours:**



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**Education Level:**

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## Assistive Devices for Sexual Activity

### **Learning objectives:**

1. Identify 3 assistive devices for sexual activity which could be relevant to an occupational therapy client and their intervention
2. Explain the use of 3 assistive devices which enable participation in sexual activity
3. Explain 3 performance skills which could be enhanced by an assistive device to meet activity demands of desired sexual activity

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## The Typical Treatment Session

### **Learning objectives:**

1. Explain occupational therapy's role in addressing sexuality and intimacy for 3 different settings
2. Develop a plan for generating referrals for occupational therapy services related to sexuality and intimacy at their facility.
3. Articulate 3 different scripts for initiating conversations about sexuality and intimacy with clients or colleagues

### **Instructor:**

- Kathryn Ellis, OTR/L, OTD

### **Contact Hours:**



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