

Want-Wanters

While all kids WANT, some kids WANT-WANT. Whatever they have, it's never enough. Never enough cake, attention, toys, or time to play before bed. It's like their inner "cup of needs" has a hole in it; they never feel full because there's always a leak somewhere. They're totally convinced that just one more lollipop/Lego set/video will fix things. But of course, this doesn't work and everyone goes mad! Happily, there IS a way to stop this crazy cycle...

Flip the card to learn how to use this in real life.





MFA Tips:

You might be tempted to try to get your want-want kid to STOP wanting, but this strategy is about as fruitful as putting your hand in front of a water hose on full blast. You're better off harnessing and redirecting their energy:

- If they want more TOYS, have them clip out pics of everything they want and create a Wish Board. Let them pick one thing each month they'd like to work toward, and then support them in learning how to earn money so they can buy it for themselves.
- If they want more SUGAR, get them baking those treats they've been drooling over. This builds a new skill and naturally slows the process of acquisition without you getting drawn into a power struggle every time they ask for more.
- If they want more ATTENTION, be FULLY present with them for about 15 minutes. Then teach them how to play with the dog, make a marble run, or create a stop-motion movie on an app. Teaching them how to create their own fun will keep them from turning into phone zombies.