

TAMINA PARIS

Limited Spots * Begins April 17 * Limited Spots * Begins April 17 *

Shakti Dancer

Come alive as a spark of the divine.

A six-week initiation into your
fullest feminine expression.

course * feminine energy dance course * feminine energy dance course

credits: Lady Gaga, Justin Bieber, Queen Priyanka

THE SHAKTI DANCER
IS *FREE*

She creates freedom when
she moves.

She isn't stuck or held
back by life.

She knows the path of
emotional alchemy and
creating joy out of shit.

She's not afraid of getting
up close - intimacy is her
superpower.

She merges with life, and
her soul shines brighter.

The luminosity of her
divinity is a treasure to
the world...

...and a pleasure *she* owns.

Lumina Paris

SHAKTI DANCER

✧ THE INVITATION ✧

You feel it—the **energy, the expression, the fire** inside of you—waiting to be unleashed. *But something is in the way.*

You've spent years doing the work. Therapy. Tantra. Healing. But something is still **holding you back**.

You've felt the push and pull:

- ✧ The *shyness* when you want to be **big**
- ✧ The *tension* between feeling **powerful** and shrinking in certain spaces
- ✧ The desire to feel more **free**, more **open**, more **fully expressed**

It's not that you don't have power—it's that you're not using it in the places that *matter most*.

You've done the inner work. Now, it's time to **step into the world** with it.

Come with me.



this is for the Queens





performance
vs

expression



vs

You don't want to perform confidence.

You want to BE it.

You don't want to just feel free in a safe bubble. **You want to take up space everywhere.**

You don't want to just be seen by your sisters. **You want to be witnessed in your full feminine power—everywhere in your life.**

free your shakti

Come Alive

as the divine

Can I be
that full of
myself?

I hold back
my wildness...

I want my
full expression.



What if I
moved through
life with my
freedom?

It's so much
more
comfortable
being small...
but what
happens when
I take up
space?

This is your
moment to step
centre stage.

Under pressure,
diamonds are
made. 🔥

EXALTED EXPRESSION

MANIFESTO

Sensitivity as
Strength

Reclaiming
Ancestral
Power: YOUR
VOICE

COME ALIVE AS
THE SPARK OF
THE DIVINE

Expression
Over
Suppression

Making
Peace with
Darkness

Access the
emotional
power of a
Priestess

Adorning as an
Act of Self-
Recognition



The Shakti Dancer Journey

✦ Be SEEN. Fully. Unapologetically.



01/24/25

A **six-week transformation** to embody the **full spectrum of your feminine expression**—so that your **true form can emerge**.



✦ You will learn how to:

✦ Move from your hips, your heart, your pussy, your arms to your fingertips—animating the full range of your body's expression



02/07/25



✦ Expand into the **full spectrum of the feminine**—from light to dark, angelic to primal

✦ Use **movement and theater** to embody—not just understand—your power

✦ **Alchemize emotions**—transforming tension and holding back into fuel for radiance & joy



At the end of this journey, you won't just feel different. **You will BE different.**

The Shakti Dancer Journey

Your Transformation From A to B

Week 1: Sensual

Walk like a woman who knows her power. Get grounded and soft—connect deeply to your pussy, let your hips sway, and dip into your honey pot. Paint your essence across the room with every step. Walk like an empress—a woman with raw power moving through her body, and she knows it.

Week 2: Primal

Unlock your hips with spirals and shakes. Embody the power of a serpent and an earthquake. Move with your Eros—release the wild, untamed energy that pulses through you.

Week 3: Funeral

Perform your ego death. Create an art piece to represent your rebirth—a Phoenix rising from the ashes. This is where you let go of what no longer serves you and step into the new you.

Week 4: Ethereal

Embody the grace of a ballerina—but not stuck in a tinker box. Find your angel wings and be intentional with energy flowing from your source all the way out to your fingertips. Your hands hold healing power, carrying a field of resonance five times beyond your body. Open your heart, learn a posture that emanates worthiness and empress energy, and cultivate the impact of your presence through graceful, powerful hand movements.

Week 5: Ancestral

Find your rooted rhythm and timing mastery. Let music flow through your body and respond in sync like you're making love. No more fighting the rhythm—become one with it. Surrender to the timing in your soul. Let yourself fall and be found, because when you fall, the true dance begins.

Week 6: Ritual

Step into the Temple of Truth as a spark of the divine. Throughout our journey, you'll create an art piece that represents your full Shakti Form. This is where you debut your liberated expression in front of the eyes and hearts of the masculine witness—the final phase of the alchemical process of liberating and integrating your expression into your world.

*For the Modern Day
Temple Dancer*



THE INITIATION

Shakti Dancer Ritual



04/07/25

Your transformation culminates
in a sacred expression ritual—
A Shakti Initiation in the
Temple of Truth.

- ✦ You will invite loved ones
to witness your emergence.
- ✦ You will be seen in your
full power—not just in
private, but in real life.
- ✦ You will step into your next
level—not just in movement,
but in every part of your
life.

*If you don't claim
your fullness,
who will?*

*This isn't about
performing.
This is about being.*

Everyone seems dark until **you shine.**
Everywhere seems dark until you shine. So
shine first. Don't wait for the sun to rise
—become the sun

end of chapter

Session Structure

The Shakti Dancer Formula

Each session is a vibrant mix of:

1. Self-Connection Practices

- Breathwork, authentic sensuality, and feminine energy cultivation to tap into the creative fuel of your emotions. This is how your dancing inspires transformation and aliveness in you and others.

2. Dance Foundations

- Fundamental practices for freeflowing, masterful embodied movement from your soul. Learn the essentials that let you move effortlessly.

3. Choreography

- A series of movements designed to grow your dance vocabulary and enhance your mind/body partnership. This is a structure for liberation, not constraint.

4. Scene Play

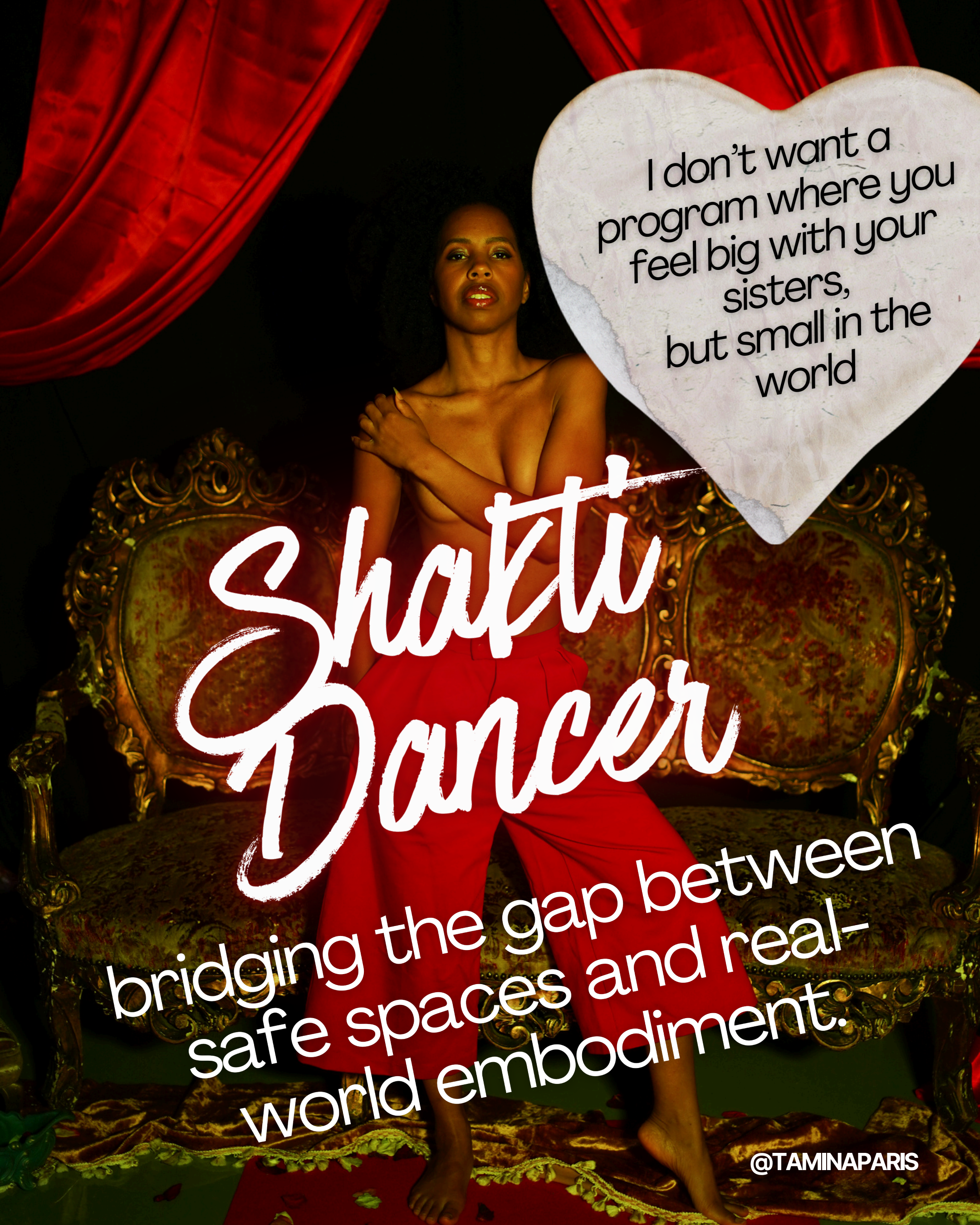
- Theatre and archetypal role play to broaden your range of expression and truly meet yourself. Partner work is an excellent mirror—laugh, cry, and play as you transform. Alchemize drama into the divine.

5. Integration

- In-person and/or digital practices to take your key insights and lessons forward. Live what you learn on the dancefloor.

★ No dance experience ★
needed.



A woman with dark skin and long dark hair is seated on an ornate, golden, upholstered chair. She is wearing a vibrant red sari and has her arms crossed over her chest. She is looking upwards and to the right with a contemplative expression. The background features heavy red curtains. A large, white, heart-shaped graphic with a torn paper edge is positioned in the upper right corner, containing a quote. The title 'Shakti Dancer' is written in a large, white, cursive font across the center of the image. At the bottom, a white quote is written in a sans-serif font, and the Instagram handle '@TAMINAPARIS' is in the bottom right corner.

I don't want a
program where you
feel big with your
sisters,
but small in the
world

Shakti Dancer

bridging the gap between
safe spaces and real-
world embodiment.

@TAMINAPARIS

EXALTED EXPRESSION

Customer Reviews

Tiffany



I found ease in allowing myself to be ME. Dance became an accent to my expression, instead of clouding and hiding myself behind movements.

Erika

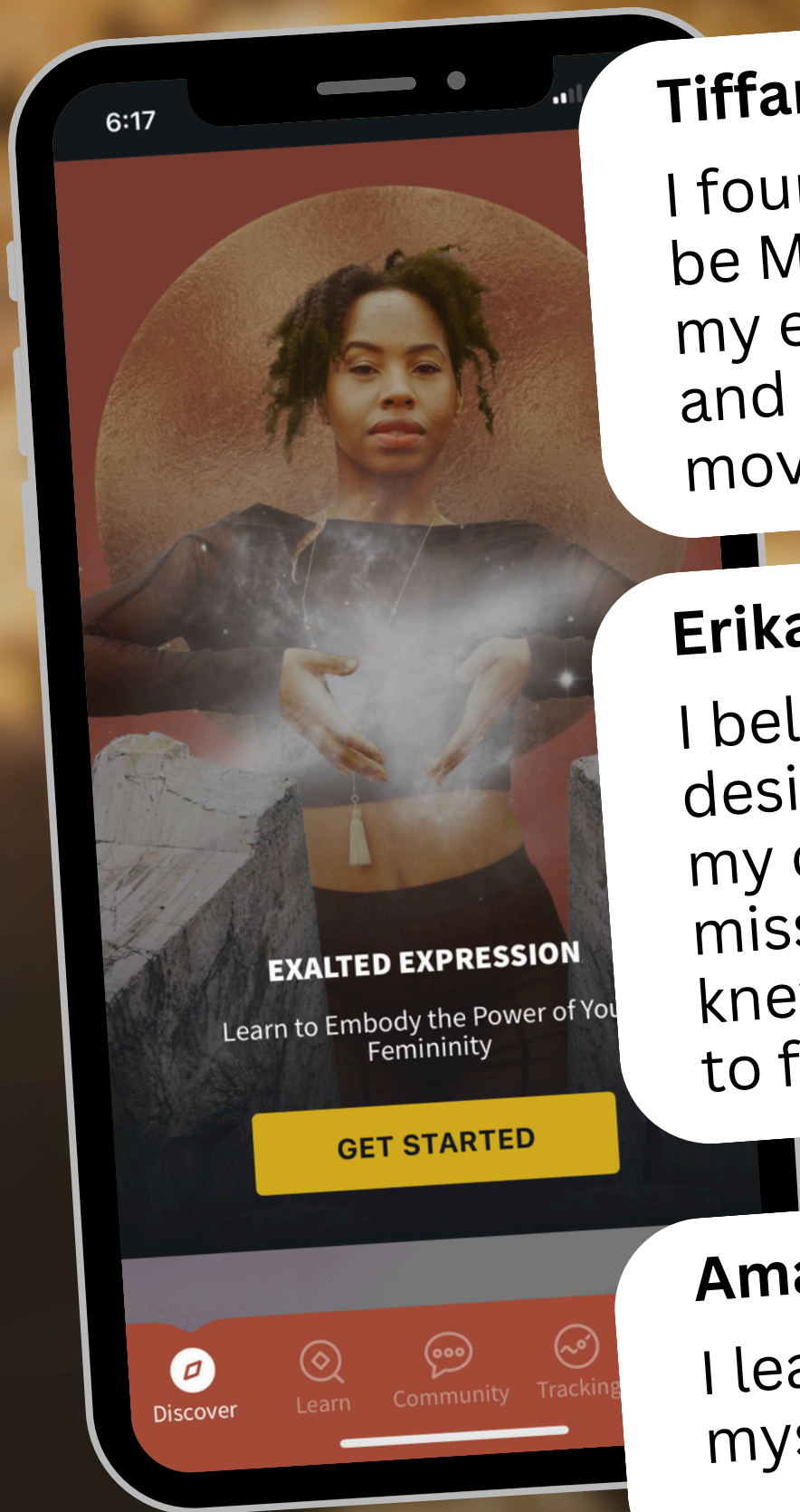


I believe in myself and all my desires - and can hold it as I hold my own self safely. It's like the missing puzzle piece - my soul knew but my body didn't know how to follow

Amanda-May



I learned how to take ownership of myself and my spirit as a woman



TAMINA
PARIS

EXALTED EXPRESSION



WHAT'S INCLUDED

✦ This is not a dance class. *It is a rebirth.*

1.

✓ **6 WEEKS OF SHAKTI
TRANSFORMATION**

2.

✓ **4 IN-PERSON SESSIONS
+ 1 ONLINE WEEK**

3.

✓ **1 INITIATION RITUAL IN THE
TEMPLE OF TRUTH**

4.

✓ **ONLINE STUDY MATERIALS
& EMBODIMENT PRACTICES**

5.

✓ **EMOTIONAL ALCHEMY +
FEMININE ENERGY ACTIVATION**

✦ After the Final Integration:
You won't just feel confident. You will radiate it.

Shakti Dancer

SCHEDULE

✨ Ottawa April 2025 Cohort
Tentative Schedule

- April 1st - Pre-course Practices
- April 17th - 6:30-9:00 PM
- April 24th - 6:30-9:00 PM
- May 1st - Online 7:30-9PM
- May 8th - 6:30-9:00 PM
- May 15th - 6:30-9:00 PM
- May 17th - 6:30-9:00 PM
~ *Final Initiation Ritual*

REGISTER NOW

Pricing & Enrollment

Begin Your Shakti Dancer Transformation

🌙 \$575 Early Bird | **\$700 General**

👑 VIP: \$1500 Early Bird | **\$2250 General**

*early bird ends March 8th

 Starts April 17th

🎭 Possible Ecstatic Dance Performance Opportunity

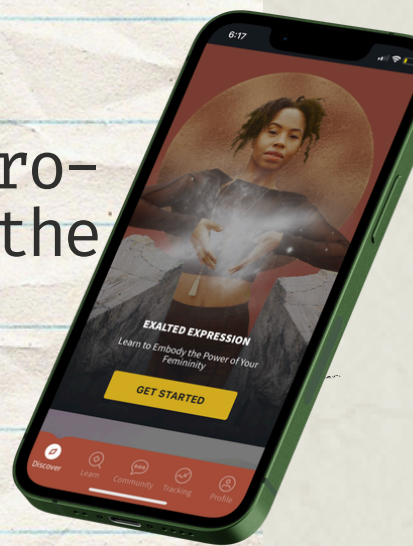
🧠 Optional Add-On: "Shakti Up Your Life" (\$99 now, or \$399 later)

- A 6-week lifestyle course with daily micro-lessons to keep your spark alive beyond the course (delivered on my app - Exalted Expression)

🌟 Certificate Upon Completion

🌟 Invitation to assist in the Toronto Goddess Garden Labyrinth

🌟 Shakti Dancer is a Prerequisite for The Oracle Dance Training—to perform as a Priestess within our immersive theatre labyrinth.



ENROLL TODAY.

x

CLICK

HERE

*Come alive as
Shakti*

EXALTED
EXPRESSION

Expression Coaching * VIP Expression Coaching * VIP Expression Co

SHAKTI DANCER



VIP EXPERIENCE



an accelerated, high-impact
immersion into your full feminine
expression, designed for women
who are already powerful and
want to move with more
magnetism, confidence, and
feminine drip.

You don't need hand-holding. You
need precision, activation, and
refinement. You're here to ignite
your next level of embodied
intimacy, grace, and
sensual power.



1:1 Session



Voxer Access



Deep-Dive Coaching

*for the bold, the audacious, the ones who know they are
meant for more with the courage to step into it **today***

VIP PACKAGE 👑 VIP PACKAGE 👑 VIP PACKAGE 👑 VIP PACKAGE 👑

✨ VIP PACKAGE INCLUDES: ✨

1. 2 x Private Sessions with Tamina

- 🔥 I am here to activate your expansion. These two-hour, high-level sessions are your initiation into deeper authenticity, magnetic presence, and unapologetic expression of your embodied talents.
- 🔥 Get personalized feedback on your movement, confidence, and emotional alchemy.
- 🔥 Address specific challenges in your relationships, career, leadership, or self-expression.

🔑 Sometimes clients ask me—'*I'm going through this thing with my partner, and we hit a wall in communication. What can I do?*' or '*I feel stiff when I walk in heels or try to twerk.*'→

This is where we break it down and transform *obstacles* into *breakthroughs*.

VIP PACKAGE 👑 VIP PACKAGE 👑 VIP PACKAGE 👑 VIP PACKAGE 👑

✨ VIP PACKAGE INCLUDES: ✨

2. Direct Voxer Access to Me for the Full 6 Weeks

- I don't do passive mentorship. If you're here, you're ready to move boldly and integrate quickly.
- You'll have direct, priority access to me for real-time refinement and embodiment strategy.
- Whether you're stepping into a room, into a relationship, or onto a stage, you'll know exactly how to move, take up space, and be seen in your power as Shakti - juicy, confident and free.

✂️ ***Multiply the power of your expression.***

VIP PACKAGE 👑 VIP PACKAGE 👑 VIP PACKAGE 👑 VIP PACKAGE 👑

✨ VIP PACKAGE INCLUDES: ✨

3. Precision Embodiment Refinement

- Your body is your **greatest instrument**. The way you move, the way you enter a space, the way you take up space—this is your power.
- Master your feminine presence so that you don't just walk into a room—you shift the energy of it.
- Alchemize tension into radiance—no more hesitation, no more shrinking.
- Integrate your sensuality and expression into every part of your life—effortlessly.

🔑 *"How do I stay soft in the face of life's pressures? How do I carry feminine energy into my marriage, my work, my creative projects?"*

🔥 *Get Custom embodiment practices tailored to you.*

💎 VIP EXPERIENCE INVESTMENT 💎

👑 \$1500 Early Bird | \$2250 General
*early bird ends March 8th

 Starts April 17th

💎 This is for the woman who knows her power and is ready to move with it, live in it, and create from it.

If that's you,
step in. 🌟

ENROLL TODAY.

x

CLICK

HERE

*Come alive as
Shakti*



*The desire for
expansion,
the hunger for freedom
beyond the bubble
of safe spaces...*

is what makes Shakti
Dancer *more* than
just a movement
course—it's a portal to
real-world
transformation.





creative
career



priestess
power



aliveness
angel

youthful soul

passionate
heart



NOTIFICATION

*Infinite possibilities await your
Exalted Expression*

JOIN SHAKTI DANCER



life aligned
with your spirit



respected
integrity

wild
wife



juicy pussy

rich
intimacy



FOLLOW YOUR SPARK