

Ted's Friday Five

WTF Happened in AI Allied Health This Week?

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Ted Jedynak, the AI for Allied Health Guy.

Helping Clinic Owners Implement AI Safely & Effectively for Better Clinical Outcomes.

This is your weekly download of what actually happened in AI and allied health — no fluff, no hype, just the signals that matter to clinic owners. I'm Ted Jedynak, a podiatrist, educator and business coach based in Adelaide, and I built the Clinical Intelligence Program (AI+HI=CI) to help allied health clinics implement AI safely, without losing the clinical judgement that makes you good at your job.

1. OpenAI's Free AI Tool for Clinicians Just Landed — Here's the Catch

OpenAI has launched ChatGPT for Clinicians — a free, GPT-5-powered tool for individual practitioners offering citation-linked answers from peer-reviewed journals and documentation support, alongside its enterprise-grade ChatGPT for Healthcare already rolling out to major US hospital systems.

Why this matters to your clinic:

Australian allied health practitioners qualify for the free tier right now, and most don't know it exists yet. Once your team (or your patients) start using it, you've got an AI tool in your clinic whether you planned for it or not. The bigger trap: "HIPAA-compliant" is a US standard. It does not satisfy your obligations under the Australian Privacy Act or AHPRA's requirements for consent, disclosure and human oversight of AI output.

Your move:

Don't ban it and don't ignore it. Draft a simple one-page "how we use AI in this clinic" policy this week — before a staff member pastes patient notes into ChatGPT to save five minutes.

2. Australia's Privacy Act Compliance Clock Starts Now — 6 Months to December 10

From 10 December 2026, amendments to Australia's Privacy Act introduce new obligations around "automated decision-making" — decisions made by systems with limited or no human involvement that significantly affect a person, covering AI scribes, booking bots, triage tools and any risk-flagging system that shapes a care decision.

Why this matters to your clinic:

Six months feels like a long runway until you realise almost no allied health clinic owner has heard this deadline exists. AHPRA already requires you to disclose AI use, obtain informed consent, and ensure a registered practitioner makes the final clinical call — December 10 turns that expectation into a dated legal requirement, layered on top of the TGA's existing rules on AI-as-medical-device.

Your move:

List every AI tool in your clinic that touches patient data, and write down — literally document — where the human check happens for each one. That document is your evidence in December, not a scramble in November.

3. 70% of Clinicians Have No AI Training — Global Study Proves the Point

Philips' Future Health Index 2026, surveying over 2,000 clinicians and 20,000 patients across 10 countries, found AI is saving clinicians an average of 132 hours a year — more than three working weeks — but 70% say their AI training is inadequate, inconsistent or unavailable, with checking AI accuracy and understanding legal liability the top unmet needs.

Why this matters to your clinic:

This is the gap the AI+HI=CI framework was built to close, now validated by a 2,000-clinician global study rather than just a podiatrist from Adelaide saying it. The tools are clearly delivering value — the bottleneck is practitioners who've never been shown how to use them safely, verify their output, or understand where liability sits when AI gets it wrong.

Your move:

Audit your own team honestly: if anyone is using AI scribes or admin tools with zero structured training on accuracy-checking or liability, that's the 70% — and it's fixable before it becomes a problem.

4. Your Patients Are Already Asking AI About Their Symptoms

Google's consumer-facing AI Health Coach has rolled out alongside a wave of general-purpose AI tools, meaning patients are increasingly arriving at appointments having already asked an AI about their symptoms, that nagging heel pain, or their imaging results.

Why this matters to your clinic:

Nobody is currently teaching allied health practitioners how to handle a patient who walks in with an AI-generated opinion already forming their expectations — dismissing it outright damages rapport, but rubber-stamping it isn't an option either.

Your move:

Start thinking now about how your team responds when a patient says "ChatGPT told me it's probably plantar fasciitis" — before it's every second consult.

About Ted Jedynak

Ted Jedynak is a podiatrist, educator and business coach based in Adelaide, South Australia. After years running his own clinic, Ted now helps allied health clinic owners across Australia implement AI into their practices — practically, safely, and without the hype. His flagship Clinical Intelligence Program (AI+HI=CI — Artificial Intelligence + Human Intelligence = Clinical Intelligence) is built specifically for time-poor, evidence-hungry allied health practitioners who want a structured implementation pathway, not another generic AI literacy course.

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To implement AI in your clinic with a structured, evidence-based framework: tededucation.com.au

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