

# *Do you have patients that look like this?*



Scan this QR code to watch our 4 minute video and help determine if your patient might have **Lipedema**.

- ☒ Be added to our Provider's list
- ☒ Community Support Group

<https://www.facebook.com/groups/LipedemaSupport>

**VISIT OUR WEBSITES**

[lipedemaproject.org](http://lipedemaproject.org) [lipedema-simplified.org](http://lipedema-simplified.org)



**lipedema simplified**   
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**For any inquiries and information, you may reach us at:**

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**Lipedema** is a relatively common fat/lymphatic disorder characterized by disproportionate fat gain to the lower body and often the upper arms. Common complaints include painful fat, easy bruising to affected areas, and resistance to traditional diet/exercise efforts.

## Clinicians to Clinicians

*"As a physician, many of us have struggled with diagnosing things that we are not familiar with and often, we're limited by the fact that we've just never seen it before and we've never read it before or heard about it. And Lipedema is one of those conditions unfortunately that falls into that category. And so we've asked physicians who've shared that same experience to speak with you and to share their insights in how they've come about learning more about Lipedema and how a physician can become an advocate for their patient, help them navigate the healthcare system, and empower them to help themselves."*

~ Mark L. Smith, MD, FACS, Northwell Health System

~ Kimberly Gudzone, MD, MPH; Johns Hopkins Medical School

~ Matthew Carmody, MD, Harvard Medical School

***<https://diseasetheycallfat.lipedemaproject.org/clinicians-to-clinicians/>***