

The 60-Second Scam Check

Got a fishy text or email?
Let AI look at it first.

1 Copy the message

Do not tap any links in it. Just copy the words.

2 Open ChatGPT or Claude and type this

TYPE OR PASTE THESE WORDS

I got this message and I'm not sure it's real. Give me a short answer first: **Likely Scam, Likely Safe, or Not Sure**. Then list the warning signs in plain English. Here is the message: **[paste the message here]**

3 Read the answer

If it says "Not Sure," call the company yourself. Use the phone number on your card or your bill. Do not use a number from the message.

AI can be wrong. Treat its answer like a second opinion from a smart friend.

3 rules that never change

- Never tap the link.
- Never type passwords or account numbers into AI.
- When in doubt, call.