

IF YOU COULD BUY HAPPINESS

What would you buy if no one could ever see it?

Most of what people chase isn't wanted – it's worn. The car, the title, the house in the right area – half of it is bought to be seen.

So strip the audience out. Here's the question: if you had the money for anything, but no one would ever know what you bought, see you enjoy it, or be impressed by it –
what would you actually buy?

THE WORK

Write your list. The honest one.

Force one rule on every item: *no one will ever see this.*

If a want survives that rule, it's yours.

If it quietly disappears, it was never about the thing –
it was about being seen.

The object was just the costume.

Now look at what's left, and write one line for each:

what is this actually for? Freedom? Quiet? Time? Skill? Closeness?

That answer is the real desire.

THE POINT

What survives the no-audience rule is *signal* – your own wanting, clean of status. What vanished was noise.

You just told the two apart, on paper.

*Stop buying what you want others to see.
Start with what you'd want if they couldn't.*

These are the first real entries in your own desires –
the ones a whole direction gets built from.

That's the work inside The Core Self.

Want to go deeper – explore The Core Self at roskasilov.com
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