



Melissa Gendreau

**Christian Speaker | Therapist |
Christian Coach | Podcast Host**

SIGNATURE TOPIC:

4 Ways to Find God in Your Past:

- Learning to see how He was with you even in wounding seasons.
- Replacing lies with biblical truth about who you are as His beloved child.
- Cultivating secure, Spirit-led confidence that honors God and serves others.
- Applying healed identity and confidence to foster deeper unity, grace, and joy in your marriage.

Formats offered:

- Keynote: 45-60 minutes
- Interactive Workshop: 90-120 minutes (with breakout discussions or journaling)
- Full Retreat/Day Session: Customizable

IDEAL AUDIENCE:

- Christian Conferences & Expert Panels
- Christian Marriage Conferences & Retreats
- Women's Retreats & Ministry Events
- Church events

Melissa Gendreau is a licensed mental health therapist and Christian coach with over 16 years of experience empowering believers to reclaim their identity in Christ, heal from past wounds, and cultivate thriving, God-honoring marriages.

As founder of Forward Path and host of the 'Forward Path with Melissa: Life and Marriage God's Way' podcast, she delivers Scripture-rooted insights and practical tools, inspiring Christians to partner with God for humble confidence and joyful purpose.

Get in Touch!

Booking note: Inquire via website form or email. I'll respond within 48 hours



info@forwardpath.shop

www.melissagendreau.com/speaking

EXPLORE ADDITIONAL TOPICS:

Identifying Areas that Hinder Growth and How to Move Forward: Insecurities, negative core beliefs, and more hold many back—discover practical, biblical steps to release them and embrace God's design for your life.

Partnering with God to Develop Humble Confidence: Move beyond "being a mess"—learn Spirit-led ways to build secure confidence that glorifies God and empowers your purpose.

Premarital: Safeguard Your Marriage Before it Begins: God's perfect design vs. society's noise—gain tools and conversations for a strong foundation before "I do."

Boundaries in Marriage: Protect your sacred union with Scripture-based strategies from 16+ years of couples therapy to foster intimacy and avoid pitfalls.

100% Marriage Model: Ditch 50/50 resentment and embrace God's 100% commitment model for joyful unity and a lasting legacy.



Get To Know Me



Forward Path with Melissa



@forwardpathwithmelissa

Ready to bring hope and healing to your event?

Visit www.melissagendreau.com/speaking

SPEAKING & MEDIA EXPERIENCE:

Workshops on Understanding Emotions and Marriage, Cedar Hills Community Church – Two interactive sessions helping couples heal emotional wounds and build God-honoring marriages through Scripture.

10-Week Parents of Teens Bible & Education Class, Oakland Church of the Nazarene – Guided parents in helping teens develop identity in Christ, address hurts, and grow in humble confidence.

Workshop on Depression, MOPS Group, Calvary Baptist Church – Equipped young moms with biblical tools to overcome depression and cultivate joy in Christ and family life.

Podcast Guest Appearances:

- **Relationship Helpers Podcast** – "*When Your Spouse Has a Crisis of Faith*" (pre-Forward Path)
- **Mentor Marnie** – "*How to Speak Powerfully on Healing, Identity, and Marriage*"
- **An Epiphany with Tiffany** – "*When you feel behind*"
- **Chase and Embrace** – "*God Doesn't Deal in Shame | The Truth About Your Identity.*"
- **Christ in Private Practice** – "*When Secular and Faith-Based Relationship Frameworks Collide in Counseling*"
- **Sex-Ed for Saints** – "*Orgasms and gaps | Why so Many Women Never Orgasm*"

WHAT LISTENERS ARE SAYING:

"Forward Path podcasts have been a blessing for me. It speaks to everyday struggles with faith, grace and encouragement in a way that feels real and reliable." – YouTube Listener

"I have been enjoying the Forward Path podcast. It's encouraging faith filled and grounded in real life. Not preaching, just honest and uplifting. Each episode leaves me feeling a little more hopeful and reminded that I'm not walking the journey alone." – YouTube Listener