

Finding Me

Kickstart Bundle

A self-paced, soul-shifting starter kit for the woman who's
ready to stop shrinking and start becoming.



FINDING ME KICKSTART CHECKLIST

A self-paced, soul-shifting starter kit for the woman who's ready to stop shrinking and start becoming.

Bonus Tip: Give yourself 30–45 minutes of quiet time, a notebook, and maybe some tea or soft music. Let this be your time to come home to yourself.



STEP 1:

Set Your Intention

- Read through the 4 prompts and journal your responses.
- Choose one intention to carry with you this week.



STEP 2:

Complete the Fulfillment Assessment Wheel

- Honestly rate each area of your life.
- Use this as a mirror, not a measurement of worth.



STEP 3:

Fill Out the “I AM” Worksheet

- Let your true voice rise without editing.
- This is the beginning of remembering who you are.



STEP 4:

Watch the TPL Method Video

- Press play when you're ready to connect the dots.
- See how the pieces of your journey are leading somewhere sacred



STEP 5:

Reflect

- What surprised you?
- What parts of you feel ready to grow?
- Where do you need support?

You don't have to finish it all today. Just begin.



If I stopped performing and started honoring who I really am, what would change in my life?

→ Let this be the beginning of releasing roles, masks, and stories that no longer serve you.

THERE'S NO WRONG ANSWER. JUST YOUR TRUTH..



How would I show up today if I believed my peace and purpose were non-negotiable?

→ **Re-center.** What you want isn't extra — it's essential

THERE'S NO WRONG ANSWER. JUST YOUR TRUTH.

The Prosperity Life™



What part of me have I been silencing that's ready to speak?

→ Whether it's your creativity, your needs, or your calling... she's still there. Listen closely

THERE'S NO WRONG ANSWER. JUST YOUR TRUTH.

The Prosperity Life™



Who is the version of me that already feels free — and what's one way I can embody her today?

→ Aligning with your future self doesn't require perfection. Just one small act of belief.

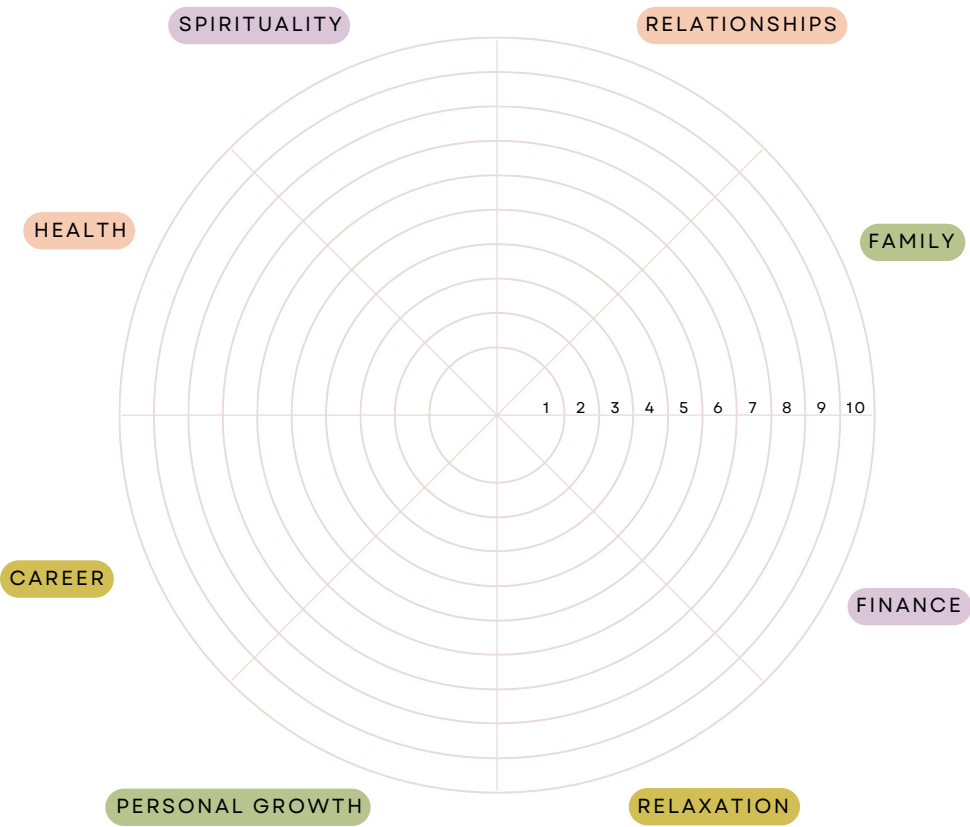
THERE'S NO WRONG ANSWER. JUST YOUR TRUTH.

The Prosperity Life™

PRIORITY CATEGORIES

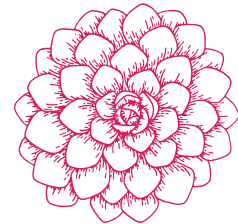
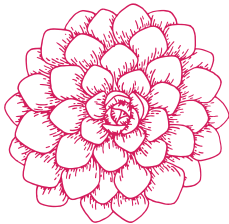
NOTES

WHEEL *of life satisfaction*



THE PROSPERITY LIFE™

RATE EACH AREA FROM 1-10. WHERE IS THE IMBALANCE - AND WHERE IS THE INVITATION?



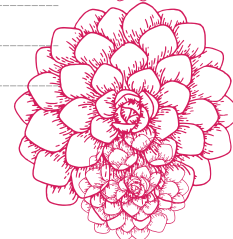
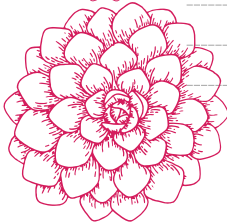
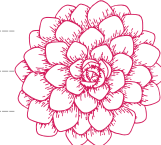
I Am

Complete this sentence: I am

Keep going got **3-5** minutes

No editing or judgment

Then highlight any that feel true, aspirational or imposed



The Prosperity Life TM