

Architect Your Life

Mindset

1. Desires
 - What do you desire at this stage of your life?
 - Explore it & write it down
2. Routines
 - Cultivate routines that drive the outcomes you desire (see right)
3. Goals (5S)
 - Scene: see yourself "live" with the clear goal accomplished (like a movie)
 - Strategy: evaluate & decide strategy (upskill, ask experts, apply best practices, leverage AI)
 - Steps: define milestones & steps & set tough deadlines towards your goal
 - Schedule: plan milestones & tasks in your calendar based on the deadlines
 - Social support: mobilize your family, friends or join a community, or ask a mentor or coach for support
4. Tasks
 - Act consistently: review progress, learn, course correct, improve



Learn High Performance Mindset and Habits to Drive the Outcomes You Desire



Seek Clarity

Envision the future strategically and consistently in your life.



Generate Energy

Cultivate and sustain higher levels of energy, mentally, emotionally and physically.



Raise Necessity

Emotional drive that makes great performance a must instead of a preference.



Increase Productivity

Develop the habits that get you to the next level of productivity.



Develop Influence

Gain influence in your world so people believe you, buy from you, and invest in you.



Demonstrate Courage

Good leaders have a greater than average willingness to make bold moves.