Holiday Gift Card · 8 Calm Mind Sessions

1. Click the light boxes to type their name, your name and a note, or print it blank and write by hand.
2. Print on Letter or A4 paper at 100% / "Actual size" (not "Fit to page"), ideally on card stock.
3. Cut along the corner marks. The card is 5 x 7 in and fits a standard 5 x 7 envelope.

