# Jacqueline Chan, DO, MIM

# **Energy Wellness Practitioner**

www.drjacqueline.com Phone: 415-717-9954

\_\_\_\_\_

### CLIENT AGREEMENT AND DISCLOSURE STATEMENT

Welcome! Thank you for your interest in working with me as a client via distance by telephone or zoom. I am providing you with the following information so you can make an informed choice about your decision to engage my services. Please read this information carefully and let me know if there is any part you do not understand.

# **Services Offered/Theoretical Approach**

I work with clients in a number of areas including, a wide variety of life issues, overall health and wellness, nutrition, and recovery from illness or injuries. My focus with a client is to work with the whole person, using techniques and methods designed to assist the client in achieving balance in mind, body, and spirit. Specifically, in my practice I offer several innovative energy-based techniques based on the newly emerging field of energy medicine (the "Energy Methods"). You have the option of using individually or collectively any of the Energy Methods and other services I offer as part of our work together.

### **Energy Medicine**

Energy medicine is a collective term used to refer to a to a variety of energy techniques based on the use, modification, and manipulation of energy fields that assess where the body's energies are blocked or not in harmony and then correct and balance the flow of these energies thereby aligning the body's energies to boost health, vitality and restore the body's natural energies. The prevailing premise of energy medicine is that the flow and balance of the body's electromagnetic and more subtle energies are important for physical, spiritual, and emotional health, and for fostering well-being. Energy medicine, while controversial in some medical quarters, has a long traditional history across many cultures, and for which there is some evidence that it can have a healing benefit. It is an approach in which the practitioner, either through his or her consciousness or aided by a product, channels life energy for healing benefit. While energy medicine is not used for medical decision-making, it can function in a supportive capacity. Specifically, I offer the following Energy Methods:

#### Intuition Medicine®

Intuition Medicine is defined as a system of expanded perception of the world gained through the development of the human sense of intuition. This system, developed by Francesca McCartney, focuses on ways to increase a person's natural intuitive abilities to assist in keeping mind, body, and spirit healthy; to increase one's sensitivity to understanding the particular energetic nature the body is made up of; to increase personal health; and to make positive changes. As an Intuition Medicine practitioner, I connect *spirit-to-spirit* with a client to assist the client in addressing imbalances within the client's energy system, as well as exploring the energetic influence of thoughts, beliefs, and emotions and how they impact the client.

# **Nature of the Relationship**

While I am a licensed Doctor of Osteopathic Medicine in the State of California, by signing this document you understand I am offering my services solely as an energy wellness practitioner and I'm not providing medical services to you and I will not diagnose, treat, or manage your medical or mental health disorders. If you desire a diagnosis or any other type of treatment from a different practitioner, you may seek such services at any time.

When using the Energy Methods I'm not "diagnosing" or "treating" the physical body but instead, as an energy wellness practitioner, I'm connecting to the energy or subtle "bodies" of the client, which then can manifest in the physical body. You understand there is a distinction between "healing" using the Energy Methods and the practice of medicine or any other licensed health care practice. Although the Energy Methods appear to have promising emotional, spiritual, and physical health benefits, they have yet to be fully researched by the Western academic, medical, and psychological communities and therefore, could be considered experimental. By signing this document you understand the Energy Methods are considered *alternative* or *complementary* to the healing arts that are licensed in the United States. If you ever have questions or concerns about the nature of the theories and methods I use, please feel free to ask me for further resources or references.

# **Limitations of my Practice**

Please be advised the services I offer as an energy wellness practitioner and the use of the Energy Methods are not intended to be a substitute for the diagnosis and/or treatment of medical conditions or psychological disorders and they do not replace the services of health care professionals. You agree and understand it is your responsibility to consult with your health care provider for any specific health care problems. Further, you understand I may suggest you contact your professional health care provider if I believe it's advisable. In addition, you understand that any information shared during our sessions is <u>not</u> to be considered a recommendation that you stop seeing any of your health care professionals or using prescribed medication, if any, without consulting with your health care professional, even if after working together it appears and indicates that such medication or treatment is unnecessary.

### **Outcome Expectations/Risk & Benefits**

Please note that it is impossible to guarantee any specific results and we don't know how you will personally respond to the Energy Methods. However, we will work together to achieve the best possible results for you. Participation in a wellness program can result in a number of benefits to you, including improvement in overall health and well-being, and resolution of the specific concerns that led you to seek help. Most clients report pleasant experiences with using the Energy Methods and they are generally considered gentle and non-invasive. However, it is possible in our sessions together or on your own between sessions to experience some physical discomfort or emotional distress which could be perceived as negative side effects. Occasionally, some people have experienced dizziness, nausea, or anxiety as occasional side-effects from energy work. If any method or process is uncomfortable or does lead to distress or discomfort, please tell me at once. If appropriate, I can help refer you to a professional health care provider for further assistance.

# Confidentiality

I will keep our work together confidential except as provided by law. I cannot and will not tell anyone else what you have told me, or even that you are using my services without your prior written permission. You may direct me to share information with whomever you choose and you can change your mind and revoke that permission at any time.

# **Education and Training**

Master Certificate Intuition Medicine from the Academy of Intuition Medicine®

#### **ACKNOWLEDGMENT & CONSENT TO RECEIVE SERVICES**

By signing this document, you agree that I have disclosed to you sufficient information to enable you to decide to undergo or forgo using the services I offer. You have considered all of the above information and have obtained whatever information or professional advice you deem necessary to make an informed decision. By signing this document you understand I am offering my services solely as an energy wellness practitioner and I'm not providing medical services to you and I will not diagnose, treat, or manage your medical or mental health disorders. You understand that it is your responsibility to maintain a relationship with a health care professional. You represent your consent to the nature of our sessions is given voluntarily, without coercion, and may be withdrawn at any time in the future. Further you represent that you are competent and able to understand the nature and consequences of the proposed sessions and agree to be personally responsible for the

fees related thereto. You understand the Energy Methods are relatively new healing approaches and the extent of their effectiveness, as well as their risks and benefits are not fully known. Therefore, you agree to assume and accept full responsibility for any and all risks associated with using the Energy Methods to the fullest extent allowed by law. You acknowledge that you have received a copy of my **Office Policies & Procedures** which is attached hereto and incorporated herein by reference.

By signing in the space provided below, you knowingly, voluntarily, and intelligently assume these risks and agree to release, indemnify, hold harmless and defend Energy Wellness, a division of Jacqueline S. Chan, A Medical Corporation, its board of directors, officers, employees, representatives, independent contractors, and consultants from and against any and all claims of whatsoever kind or nature, which you, or your representatives, may have for any loss, damage, or injury arising out of or in connection with your sessions.

Signed:	Date:
Print Name:	
I am the parent or legal guardian of the above Agreement on behalf of said minor.	ve-named minor, and I consent to and join in the foregoing
Signed:	Date:
Print Name:	
	ronically, typing your name in the space provided above will lur acceptance and agreement of this Agreement

# Jacqueline Chan, DO, MIM

# **Energy Wellness Practitioner**

www.drjacqueline.info Phone: 415-717-9954

#### OFFICE POLICIES AND PROCEDURES – DISTANCE SESSIONS

### **Payment and Billing**

The fee is due and payable at the time scheduled for each distance session. I accept personal checks and also PayPal. Paypal is to be submitted to: docchan22@gmail.com

#### Cancellation

Please text me to inform me if you must cancel: please do not email me as I may be away from my email. You may also leave a voice message, however text is preferred. Except for genuine emergencies, if you cancel your appointment with less than a 24 hours' notice, you will be charged a 50% the cost of the session as a cancellation fee.

### **Appointments**

All distance sessions are scheduled through my website at www.drjacqueline.com. If the website link is not working then you can text me. Please be aware that if you send information in the body of an email, there is some danger that it might be read by a third party. If you are willing to accept this risk, you can communicate with me via unencrypted email.

# **Availability**

Because I also have a separate osteopathic medical practice, I am not available for emergency sessions. Clients who choose to work with me need to be willing to work around my limited availability and schedule ahead of time.

*Intuition Medicine* is a registered trademark owned by Francesca McCartney and is being used with permission.