



ACM Confidence Coach™

Certification Training Overview

The ACM Confidence Coach™ Certification training is designed to equip you with the tools, strategies, and resources to inspire children to develop confidence, leadership skills, and resilience.

PART A: Building A Confident Mindset™

- Learn ACM's Six-Step Framework to build self-belief and resilience.
- Explore techniques like "One-Word Check-In" and the "Circle of Confidence."
- Master the 3 C's of confidence—Courage, Character, and Commitment.

PART B: Your Role as an ACM Confidence Coach™

- Understand your role in guiding children in cognitive, emotional, and social growth.
- Learn best practices for effective communication and engaging classes.
- Receive actionable strategies to build your coaching practice.

PART C: The Confident Kid Workshop

- Access lesson plans, Google Drive materials, and activity supplies.
- Teach modules on courage, gratitude, kindness, and facing fears.
- Guide students through a final presentation and collect testimonials.