

Dwain WoodeMD

Woode Life Design™
Educate · Empower · Encourage

CONTACT

info@dwainwoodemd.com
dwainwoodemd.com

LOCATION

Huntsville, Alabama

SPECIALTY

Endocrinology
Metabolic Health
Behavior Change
Diabetes Reversal

PLATFORMS

YouTube: @DwainWoodeMD
dwainwoodemd.com
woodelifedesign.com

BOOKS (FORTHCOMING)

The Diabetes Exit
SHIFT

Media Kit 2026

Endocrinologist · Educator · Speaker · Founder, Woode Life Design™

ONE-SENTENCE BIO

Dr. Dwain Woode is a trained, practicing endocrinologist with over 20 years of clinical experience and the founder of Woode Life Design™ — a framework helping people design their health with the same intention they bring to their careers.

SHORT BIO

Dr. Dwain Woode is a trained, practicing endocrinologist with over 20 years of taking care of thousands of patients. As the founder of Woode Life Design™ and host of DWMD Live, he bridges clinical medicine and practical transformation — helping high-achieving adults design health systems that hold. He is the Medical Director of the Diabetes and Endocrine Wellness Center in Huntsville, Alabama, and the author of two forthcoming books: The Diabetes Exit and SHIFT.

LONG BIO

Dr. Dwain Woode is a trained, practicing endocrinologist with over 20 years of taking care of thousands of patients with diabetes and metabolic disease. He completed his fellowship in Endocrinology, Diabetes, and Metabolism at the University of Tennessee and currently serves as the Medical Director of the Diabetes and Endocrine Wellness Center in Huntsville, Alabama.

Over two decades of clinical practice, Dr. Woode observed a consistent pattern: patients who were disciplined, informed, and working hard — and still not getting the results they deserved. His conclusion was that the problem was not discipline. It was design. Health was failing not because people lacked effort, but because their health had never been intentionally structured.

That insight led him to found Woode Life Design™ — a framework for designing health with the same clarity and intention that successful people bring to their careers and lives. His mission is straightforward: Educate. Empower. Encourage.

Beyond his clinical practice, Dr. Woode hosts DWMD Live, a weekly metabolic health education series on YouTube, and speaks at corporate wellness events, faith-based conferences, hospital grand rounds, and community health organizations. He is completing two books: The Diabetes Exit, a patient-facing guide to reversing metabolic disease, and SHIFT, a framework for identity-based transformation.

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BRAND NOTES

Spelling: Woode (not Wood)
The E = Endocrinology
Brand: Woode Life Design™
Always include ™ mark

STANDARD OPEN

"Hi, I'm Dr. Dwain Woode.
That's Woode with an E.
The E stands for endocrinology."

STANDARD CLOSE

"This is Woode Life Design.
I'll see you next time."

DO NOT USE

"Dwayne Wood"
"Wood Life Design"

CREDENTIAL LANGUAGE

"Trained practicing endocrinologist
with over 20 years of taking care
of thousands of patients"

Speaking & Credentials

Five signature talks · Education & training · Published research

FIVE SIGNATURE TALKS

- 01 **The Exit Is Real: A Clinical Framework for Reversing Type 2 Diabetes** KEYNOTE / COMMUNITY
- 02 **Master Your Blood Sugar. Master Your Life.** KEYNOTE
- 03 **The GLP-1 Conversation Your Doctor Isn't Having With You** KEYNOTE / CME
- 04 **Why Your Health Keeps Failing: The Design Problem Nobody's Talking About** KEYNOTE / WORKSHOP
- 05 **Steward Your Story with Content** CONFERENCE

EDUCATION & TRAINING

Fellowship Endocrinology, Diabetes & Metabolism — Univ. of Tennessee (2009–2011)

Residency Internal Medicine/Pediatrics — Wright State University (2005–2009)

MD University of Alabama School of Medicine, Class of 2004

BA/BS Mathematics & Computer Science — Oakwood University (1986–1991)

PUBLISHED RESEARCH

- AACE Medical Guidelines for Menopause (Executive Summary) — Endocrine Practice, 2011
- AACE Medical Guidelines for Menopause (Full Guidelines) — Endocrine Practice, 2011
- Management of Pediatric Obesity and Diabetes — AACE, January 2011

PAST SPEAKING ENGAGEMENTS

Crestwood Medical Center

Physician Education

Oakwood University Church

Faith & Wellness

Trinity SDA

Community Health Fair

Harvest SDA

Keynote

Grand Rounds

CME / Medical Education

Goshen Temple SDA

40th Reunion — Keynote, NY

Ephesus SDA Church

Men's Day — Guest Speaker

DWMD Live

Ongoing Community

Book Dr. Woode or request a media kit:

info@dwainwoodemd.com · dwainwoodemd.com/booking · dwainwoodemd.com