

Why organic?

We eat organic because the pesticides are extremely dangerous to our health. The USA uses more dangerous pesticides and a larger quantity here than in any other country. In fact, we use pesticides that have been banned in other countries due to the impact these "killers" have on our health and well-being.

Here are five pesticides allowed in the U.S. that are banned in other countries:

- 1. **Neonicotinoids**-In 2013, the European Union voted to ban them. This pesticide disrupts nervous system function and is linked to the disappearance of the bees.
- 2. **Paraquat**-A pesticide linked to Parkinson's disease, is banned in China and the European Union but not the U.S. It can cause kidney damage and breathing difficulties.
- 3. **1,3-Dichloropropene**-One of the most heavily used pesticides in California. It's a gas fumigant and it's injected into the ground to sterilize the soil before planting. The gas evaporates easily and travels into the air where it's easily breathed in.
- 4. **Glyphosate**-This is the active ingredient in Monsanto's Roundup. Scientists suspect it may be behind the kidney disease among agricultural workers as well as cancer and lung damage.
- 5. **Atrazine**-The pesticide most commonly found in American drinking water. It breaks down quickly in soil, but stays in water. Almost 90 percent of drinking water in the U.S. has atrazine in it, according to an analysis of U.S. Department of Agriculture data by the Pesticide Action Network. It affects hormones, immune function and can be linked to birth defects.

How bad can pesticides be if the FDA allows them?

Pesticides have been linked to a wide range of human health issues including nerve and skin conditions, headaches, dizziness, nausea, hormone imbalances, reproductive disorders, and fatigue. Chronic health issues can occur from cumulative exposure even years later including many types of cancer. These chemicals suppress immune function by taking out the nervous system and then the body can't fight back against pathogens like viruses and bacteria resulting in chronic auto immune conditions popping up more and more.

Multiple Chemical Sensitivity (MCS) is the body's inability to tolerate chemicals. This is triggered by exposure to pesticides. People with MCS cannot live a normal life and have to avoid common chemicals in areas like nail salons, hair salons, cigarette smoke, exhaust fumes on the road and much more. Over time, people with MCS will begin to react badly to more and more substances that previously did not affect them.

Organic vs Non GMO

- You don't have to worry about GMO if you eat organic! Everything organic is non-GMO.
- Organic crops cannot be grown with chemical pesticides. There aren't any restrictions for non-GMO crops so they can still be full of pesticides.
- Organic crops are not allowed to be fertilized with sewage whereas non-GMO can....ewwww.
- Organic animal protein (lamb, beef, buffalo, etc.) isn't injected with any hormones, antibiotics or other drugs and is not fed pesticide laden food which would then be absorbed into your system.