

1:1 Ceremonies

Some things cannot be fixed, managed, or sent home with a list, for they need to be met instead in safety, in real contact with something ancient and true. These rituals are where that happens, and here what has been waiting in you finally finds the space to move.

What follows are my private ceremonies: spaces for marking, releasing, remembering, and meeting what is ready to move.

Woman's Purification Ceremony

p. 02

Bespoke Ritual Ceremony

p. 05



1:1 Bespoke Private Rituals

Sometimes a ritual is all it takes.

Not because the work is finished — but because something in you is ready to be marked, released, or finally met properly. This moment is asking for something more than sessions or words can hold.

Mother Energy

“I consciously work with the Mother Energy present in the field of Creation. This isn't a soft or passive force... it's fiercely compassionate, and it holds you so completely that abandoning yourself here becomes almost impossible. Many women have reported feeling held in a love that is both completely safe and true”

Come with anything. A pattern that won't shift. A loss that hasn't been held. A threshold you are standing at alone. A longing you cannot yet name. What you bring in will not leave the same way it arrived.

At the Root - When something is met at the root level, it dissolves. Not managed, not reframed - dissolved. This is what this work makes possible. I work at the intersection of depth psychology, sacred feminine wisdom, somatic and systemic healing, and prayer. It is neo-shamanic in nature therefore, drawing from ancient and indigenous wisdom without claiming a single lineage, and going further than traditional therapy can reach.

Shamanic Hypno-Journey

At the heart of this work is shamanic hypno-journeying which is a state between deep meditation and active imagination where you travel into your own inner landscape, fully conscious, while I hold and guide the space. What moves here tends to stay moved.

Flower, Plant Spirits & Crystals

The ritual is dressed with intention and medicine of flowers and plant spirits chosen specifically for your healing, cacao to open the heart, crystals present for their grounding and realigning properties. Nothing here is simply decorative and everything has a purpose.

Inner Child & Returning Lost Parts

The patterns that exhaust you most were once your most brilliant survival strategies. You built them to survive. Inner child work goes back to that moment, brings compassion to those hidden parts of you that had to do that, and frees you from living by rules you never consciously chose.

How I Work

I work intuitively, and I work fast. During our time together I read where your life force is blocked or scattered, drawing on depth psychology, somatic practice, and neo-shamanic wisdom to sense where your energy, vitality and spirit need clearing. You move at your own pace.

Coming Home to Your Womb

Most women have been so thoroughly separated from their womb that they don't know what they've lost... or that there is anything to return to. In this part of our work together I follow what shows up - womb clearing, the life channel, active imagination, the rose as a living symbol. A homecoming to the part of you that was never actually lost

Sound as Medicine

Sound reaches what words cannot. Through singing bowls, native flute, drum, and voice, alongside sacred scent and touch, your brainwaves slow, your vagus nerve settles, and your body returns to the state it was always meant to inhabit.



The 3 phases of this purification ceremony

Root

When you arrive we make time to land, in my home, in the ceremonial space, in your own body. I listen and ask questions until the root of what you are carrying becomes clear. This is also where we open the heart with Cacao, if you choose.

Journey

Sacred herbs, plants, or resin cleanse the space and your energy field. Through prayer we set the intention together. Then you lie down, close your eyes, and enter your own inner landscape where you are fully conscious, fully held...and the work begins.

Integration

Sound, touch, essential oils, and healing tonics guide you back into your body and into the world. Nothing is rushed here.

What's Included

- Purification with sacred herbs and prayer.
- Flower as medicine.
- Shamanic hypno-journeying into your inner landscape.
- Inner child and ancestral healing where the moment calls for it.
- Sound, touch, and essential oils for integration.
- Sacred Cacao or Blue Lotus to open the heart. (optional)

Investment

2 hours

€382 (excl)