THE PROGRESS REPORT · PLAY CARD NO. 1

The Repeat-Problem Log

Companion worksheet to **“Why You Keep Having the Same Problem”** — free to print and share with your team.

A problem that keeps coming back is not a problem. **It’s a pattern.** This page names yours — in about fifteen minutes, today.

1. List the last three times the problem showed up — when, who, and what it cost you.

2. Find the one sentence that is true in all three. That sentence is the real problem.

3. Take one step at the root — today. Small enough to finish, aimed at the sentence.

#	When it happened	Who was involved	What it cost me (money · time · sleep)
1			
2			
3			

THE ONE SENTENCE TRUE IN ALL THREE:

_____

_____

That sentence is my real problem. The incidents were just its delivery routes.

MY ONE STEP AT THE ROOT — TODAY:

_____

Step taken ☐ Date: _____ · Name the pattern. Aim at the root. Take one step today.

Make Progress: No One Can Stop You But You

Work on your pattern with us daily in the Business Huddle.

JOIN THE BUSINESS HUDDLE

peakperformershuddle.com/business-huddle