THE SCHOOL OF BREATHWORK

Australia In-Person Pathway

ENROLMENT HANDBOOK · 2027

IN PARTNERSHIP WITH COURSE COPYRIGHT HOLDER A. ANALDA, 1998

WELCOME

Practitioner training in a gentle, parasympathetic style of breathwork

The International Certificate of Breathwork Mastery (RBM) is a comprehensive two-year professional training, offered in partnership with founder Alakh Analda, that unfolds across three stages — your own personal breathwork journey (Stage 1), the theoretical skills and knowledge units (Stage 2), and supported, supervised client contact (Stage 3).

The Australia In-Person Pathway brings your Stage 1 breathwork sessions to life at residential retreats across the year — a deeply immersive way to do the personal work at the heart of this training. You are supported throughout with small-group facilitation, 1:1 and group supervision, and a close-knit cohort journeying alongside you.

The training leads to a qualification recognised by the Australian Breathwork Association and meeting the standards of the Global Breathwork Alliance.

HOW ENROLMENT WORKS

The enrolment process

Four simple steps, from reading this handbook to securing your place.

1

REVIEW THE INFORMATION

Take your time to look through this enrolment handbook; it includes the pathway outline and retreat calendar.

2

SUBMIT THE ENROLMENT FORM

Complete the fillable enrolment form included with this pack and email it to info@theschoolofbreathwork.com.

3

CONFIRMATION OF YOUR PLACE

Places are limited, and submitting a form does not guarantee a place. You'll be notified within 7 days of submitting whether your enrolment has been accepted.

4

SIGN THE TRAINING AGREEMENT

Once you accept your offer, you'll receive a training agreement; sign to confirm your place and pay your deposit.

STEP 2 · PLEASE CLICK BELOW

Click here to open the Enrolment Form →

Downloads a fillable PDF — open it in Adobe Acrobat Reader, complete, save, and email to info@theschoolofbreathwork.com

THE TRAINING

What the training looks like

Begins early February 2027 with Orientation, and runs across two years — Stage 1 & 2 in 2027, Stage 3 in 2028.

Orientation Session — Tuesday 2nd February 2027 · 6:00 PM AEDT (Sydney time)

STAGE	WHAT HAPPENS
STAGE 1	36 in-person breathwork sessions across three residential retreats. You are held in a small, consistent group, journeying with the same people across all three retreats.
STAGE 2	Access to the 7 Workbooks + 7 live Workbook seminars monthly (replays available).
STAGE 3	Individual and group supervision and training: monthly group supervision with your fellow trainees, a peer mentor throughout, exchanges, assists and direct message support with your trainer, who supervises you individually before, during and after your co-facilitate sessions. Your final six months include business calls focused on pricing, finding clients and building your own practice.

YOUR RETREAT DATES

Your 2027 retreat dates

Three residential retreats across the year — attendance at all three is required as part of Stage 1.

RETREAT 1

→ **Wollumbin, Uki — April 19th – 25th, 2027**

RETREAT 2

→ **Wollumbin, Uki — July 12th – 18th, 2027**

RETREAT 3

→ **Wollumbin, Uki — November 22nd – 28th, 2027**

Retreat venue details, travel information and accommodation notes will be provided on confirmation of your place. Fees for the retreats are included in your training fee

RETREAT HANDBOOK

Read the Gymea Retreat Handbook — travel, transfers, what to bring and the daily schedule.

RETREAT HANDBOOK · PLEASE CLICK BELOW

Click here to read the Retreat Handbook →

Travel, transfers, what to bring, and the daily schedule.

FEES & PAYMENT

Fees & payment options

All prices include the 3.5% card processing fee (Stripe).

ITEM	TWIN (AUD)	SINGLE (AUD)
Administration fee	$165	$165
Stage 1 — three retreats	$14,250	$16,485
Stage 2	$1,445	$1,445
Stage 3	$6,200	$6,200
Total	**$22,060**	**$24,295**

TO SECURE YOUR PLACE

$1,665

$1,500 deposit + $165 admin

Room type is chosen for each retreat, so a mixed selection sits between these two totals.

Twin share $4,750 per retreat · single room $5,495 per retreat.

PAYMENT OPTIONS

Ways to pay

PAY IN FULL — SAVE $500

Pay the $165 admin fee plus Stages 1, 2 & 3 in full on enrolment to receive a $500 discount: $21,560 AUD twin share / $23,795 AUD single room.

PAY BY INSTALMENT

Pay the $165 admin fee plus a non-refundable $1,500 deposit on enrolment to secure your place. Retreat fees are then spread over 6 bi-monthly instalments of $2,125.00 twin share / $2,497.50 single room, due 1 Dec 2026, then 1 Feb, 1 Apr, 1 Jun, 1 Aug & 1 Oct 2027. Stage 2 is $1,445 in full or 12 x $120.42 monthly from Feb 2027; Stage 3 is payable on commencement (2028).

RETREAT PAYMENT TERMS & CONDITIONS

Deposit: A non-refundable $1,500 deposit is due on enrolment to secure your place.

Balance: Retreat balances are due one month prior to each retreat.

Cancellation: We understand circumstances can change; please notify us as soon as possible. If you cancel after making your final payment and we're able to fill your place, you'll receive a full refund minus the deposit and any admin fees. If we're unable to fill your place, the amount paid is non-refundable.

COMMON QUESTIONS

Common questions

What does ‘in-person’ mean for Stage 1?

Rather than weekly online sessions, all 36 of your Stage 1 breathwork sessions happen across three residential retreats.

Do I need to attend all three retreats?

Yes — attendance at all three retreats is a required part of Stage 1. Each retreat deepens the work of the last, and your group travels the journey together across the year.

What is included in the retreat?

Accommodation, meals and all sessions are included. Travel to and from the retreat venue is your own responsibility. Transfers can be arranged by emailing retreats@theschoolofbreathwork.com

When does it begin, and how do I secure a place?

Orientation is Tuesday 2nd February 2027. Complete the enrolment form (included with this pack) and your place is secured once your deposit is received.

Are payment plans available?

Yes — pay in full and save $500, or spread the retreat fees across six bi-monthly instalments, with Stage 2 paid monthly. Full details are on the Ways to pay page.

Do I need to set study time aside for Stage 2 & the Workbooks?

It’s really powerful to attend the live Workbook seminars, but we understand that’s not always possible. Sessions are recorded and replays are available — we recommend moving through the workbooks at your own pace.

READY TO JOIN US

Ready to join us?

A deposit + admin fee confirms your place. We'll then send your Training Agreement to sign and your deposit invoice — and you're in.

THE SCHOOL OF BREATHWORK

YOUR PLACE IS ONE STEP AWAY

ENROL NOW

Complete the fillable enrolment form attached to this email and return it to info@theschoolofbreathwork.com.

Questions first? Email info@theschoolofbreathwork.com and speak with Jacinta Patten, Stage 1 Coordinator — we'd love to support you to decide.

PLEASE CLICK BELOW

Click here to open the Enrolment Form →

Downloads a fillable PDF — open it in Adobe Acrobat Reader, complete, save, and email to info@theschoolofbreathwork.com