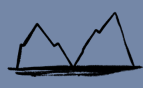


*The  
Purpose  
Pursuit*

# Christmas Eve: Looking Back on 2025



# *Which season were you actually in this year?*

*If 2025 were one of the four seasons: spring, summer, autumn or winter, which would it be?*

*What signs made you realise that?*

*Were you hoping it would be another season entirely?*



# *What part of your life surprised you?*

*Where did new beginnings appear that you didn't expect?*

*Where did you grow more than you give yourself credit for?*

*Where did you begin to step back, release something, or sense a shift?*

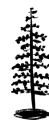
*Where did you experience a winter: a letting go, an ending, or a quieting?*

# *What transitions did you go through in 2025?*

*Can you name a moment when the early sunshine of  
something new suddenly turned to fog?*

*What felt confusing or disorientating, but now, looking back,  
was actually transition?*

*Where did you underestimate how far along you actually  
were?*



# *The 1-in-60 Reflection*

*Where did one small habit, decision, or attitude shift take you either closer to or further from where you hoped to be?*

*Where did you wander a degree or two off course?*

*Where did you gently course-correct?*

# *Final Reflections*

*What part of your life brought the most energy this year?*

*What part drained you more than you expected?*

*What needs your compassion... not your criticism?*



# Notes



# Notes

