

100% YOU - THE BREAKTHROUGH PROGRAM

Best Life You Can Imagine

Step 1 In the following categories describe your ideal situation in detail

1. What benefits will you experience when your brain functions at it's best, so that you feel clear focused and energized instead of in 'deficit mode'?

[illegible]

2. Think of someone you loved. Notice how you felt when you were in love and how it feels when you imagine loving yourself and putting yourself first. Describe how you would fill yourself up first so you could love your partner at the deepest level....

[illegible]

100% YOU - THE BREAKTHROUGH PROGRAM

Best Life You Can Imagine continued

3. What might happen if you align with wealth and have all negative perception related to having wealth cleared? What do you imagine as your flow of money improves. What will you attain, sustain and grow with wealth?

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

4. What could you accomplish as your body went to 100% health? Can you imagine incorporating your 100% Divine Human Blueprint? What does it feel like to be very healthy?

[illegible]

100% YOU - THE BREAKTHROUGH PROGRAM

5. Can you see clients and the people you work with attaining their best results?

6. Can you imagine who is raving about your excellent performance, your athletic abilities or your contribution to the team effort?

7. What would it be like to put an end to a chronic condition such as asthma, allergies, chronic fatigue, sleepless nights, PMS, fuzzy brain, hair loss, etc.?

8. Who are you when all is working well in your life? Imagine you feeling warm caring enthusiastic, caring and fun to be with? Describe yourself this way...

Step 2 Please go to Visualization in your book