

100% YOU - THE BREAKTHROUGH PROGRAM

Essay: How Much Have I Lost by not Improving Areas of Challenge

Use this page to explore what you know you have lost including money, love, friendships and other opportunities. You need to get in touch with what you have lost and realize what your inaction has cost you so you can make a new choice. If you do not feel the disappointment in what you have not let yourself experience you may never be fired up to change. About 6 years ago I asked my self the question 'If not now when?'. I have been on the path of full mastery and reach ever since! Now write from the heart!

This image shows a full page of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page, providing a template for handwriting practice or general writing. There are no margins, text, or other markings on the page.