

60 BPM = JUST STARTING

90 BPM = GETTING IT

120 BPM = CAN MOVE ON

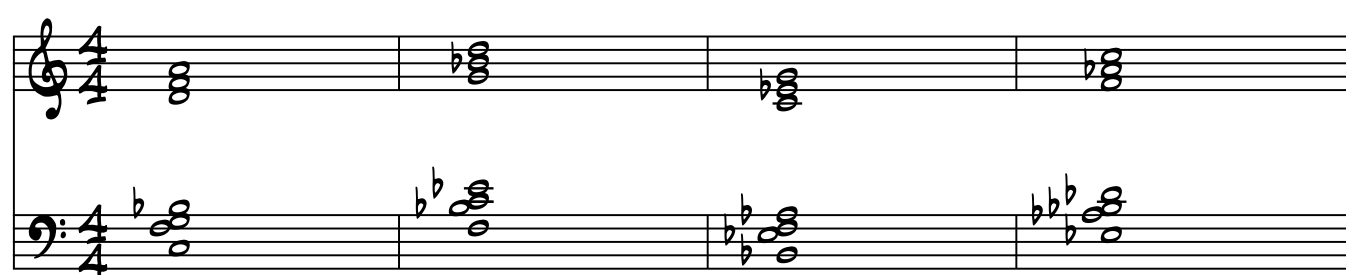
150 BPM = SWINGIN'

180 BPM = KILLIN' IT!

STEP 5 - SUS7TH UPPER STRUCTURE

PRACTICE THE 2 MIN UPPER STRUCTURE TRIAD OVER ALL SUS 7TH CHORDS
EXTENSIONS (9, 13)

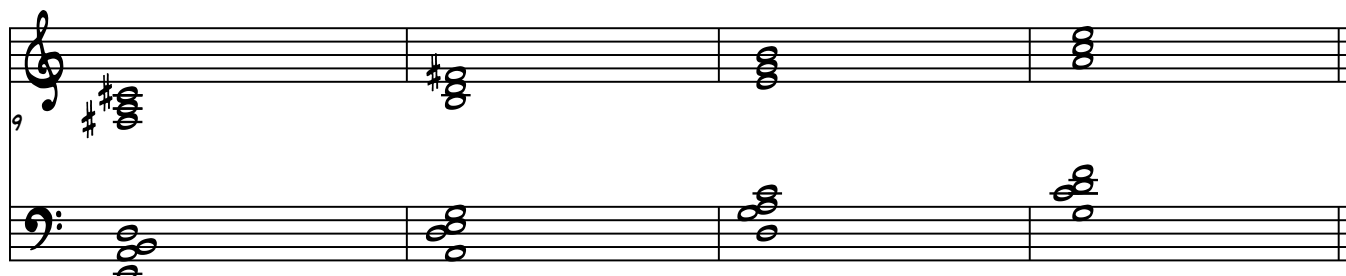
C_{SUS7} **F_{SUS7}** **B^b_{SUS7}** **E^b_{SUS7}**



A^b_{SUS7} **D^b_{SUS7}** **G^b_{SUS7}** **B_{SUS7}**



E_{SUS7} **A_{SUS7}** **D_{SUS7}** **G_{SUS7}**

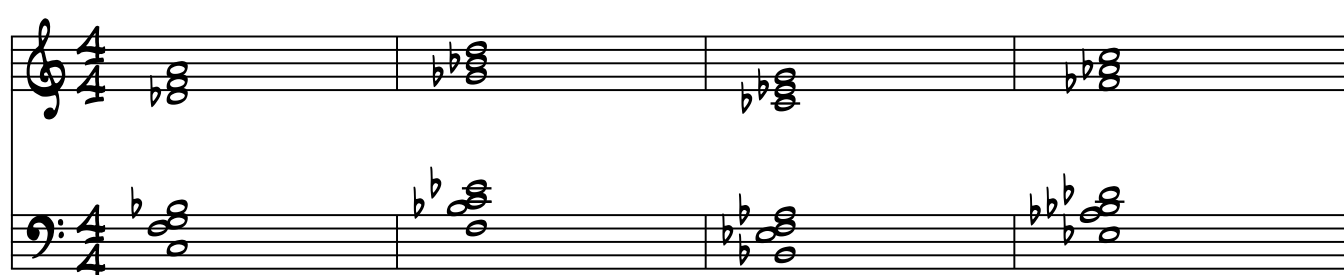


60 BPM = JUST STARTING
90 BPM = GETTING IT
120 BPM = CAN MOVE ON
150 BPM = SWINGIN'
180 BPM = KILLIN IT!

STEP 5 - SUS7TH UPPER STRUCTURE

PRACTICE THE $\flat 2$ MAJOR UPPER STRUCTURE TRIAD OVER ALL SUS 7TH CHORDS
EXTENSIONS ($\flat 9$, $\flat 13$)

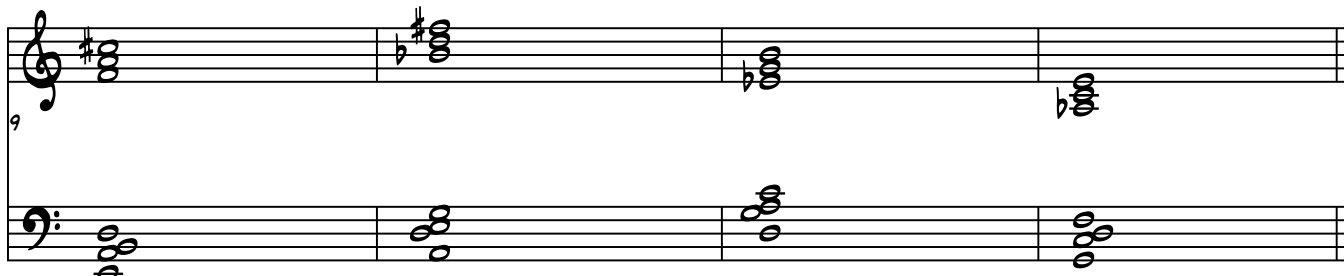
C_{SUS7} **F_{SUS7}** **B $\flat$ _{SUS7}** **E $\flat$ _{SUS7}**



A $\flat$ _{SUS7} **D $\flat$ _{SUS7}** **G $\flat$ _{SUS7}** **B_{SUS7}**



E_{SUS7} **A_{SUS7}** **D_{SUS7}** **G_{SUS7}**



60 BPM = JUST STARTING
90 BPM = GETTING IT
120 BPM = CAN MOVE ON
150 BPM = SWINGIN'
180 BPM = KILLIN IT!

STEP 5 - SUS7TH UPPER STRUCTURE

PRACTICE THE 4 MAJ UPPER STRUCTURE TRIAD OVER ALL SUS 7TH CHORDS
EXTENSIONS (13)

C_{SUS7} **F_{SUS7}** **B^b_{SUS7}** **E^b_{SUS7}**

A^b_{SUS7} **D^b_{SUS7}** **G^b_{SUS7}** **B_{SUS7}**

E_{SUS7} **A_{SUS7}** **D_{SUS7}** **G_{SUS7}**