

STEP 4 - MAJOR 7TH UPPER STRUCTURE

PRACTICE THE 2 MAJ UPPER STRUCTURE TRIAD OVER ALL MAJOR 7TH CHORDS
EXTENSIONS (9, #11, 13)

- 60 BPM = JUST STARTING
- 90 BPM = GETTING IT
- 120 BPM = CAN MOVE ON
- 150 BPM = SWINGIN'
- 180 BPM = KILLIN IT!

C_{MAJ7} **F_{MAJ7}** **B^b_{MAJ7}** **E^b_{MAJ7}**

A^b_{MAJ7} **D^b_{MAJ7}** **G^b_{MAJ7}** **B_{MAJ7}**

E_{MAJ7} **A_{MAJ7}** **D_{MAJ7}** **G_{MAJ7}**

- 60 BPM = JUST STARTING
- 90 BPM = GETTING IT
- 120 BPM = CAN MOVE ON
- 150 BPM = SWINGIN'
- 180 BPM = KILLIN IT!

STEP 4 - MAJOR 7TH UPPER STRUCTURE

PRACTICE THE 3 MAJ UPPER STRUCTURE TRIAD OVER ALL MAJOR 7TH CHORDS
EXTENSIONS (b13)

C^{MAJ7} F^{MAJ7} B^{bMAJ7} E^{bMAJ7}

A^{bMAJ7} D^{bMAJ7} G^{bMAJ7} B^{MAJ7}

E^{MAJ7} A^{MAJ7} D^{MAJ7} G^{MAJ7}